

PUNTA CANA, MELIA INTERNATIONAL & TRANSAT HOLIDAYS



MELIA HOTELS INTERNATIONAL

Transat Holidays and Nolitours offer several Paradisus Resorts from Melia Hotels International. Ask your Travel Agent about these luxury, all inclusive properties – all are excellent choices for a wedding.

Paradisus Resorts are all-inclusive resorts where guests enjoy unpretentious luxury, undisturbed tranquility and carefree fun in extraordinary oceanfront locations in Mexico and Dominican Republic. At the heart is an extraordinary level of luxurious all-suite accommodations enhanced by discreetly attentive, personalized service.

Expect all-Suite accommodations, gourmet dining, premium brand drinks, and activities from sports to life-enriching activities such as dance classes or Sushi making.

Punta Cana

Here there are miles of silky-fine white sand, gorgeous beaches, coconut palms, crystal clear turquoise waters and lush vegetation - Punta Cana certainly has the wow factor. Beyond its exceptional natural beauty, this vacation spot offers something for everyone. Sail to the idyllic island of Saona, play a round or two of golf at one of the many courses, swim with dolphins, interact with stingrays and nurse sharks, horseback ride along the beach, discover the countryside as you drive your own Jeep or go zip lining above the trees. The Dr Fish Ocean Spa is a fully equipped spa aboard a deluxe catamaran – indulge in treatments, including the renowned Dr Fish exfoliation that will leave your feet smoother than ever!

Two Paradisus resorts sit on white sand Bavaro beach in Punta Cana. Both provide free daily green fees at the at the world-renowned Cocotal Golf and Country Club. Designed by José Pepe Gancedo, this beautiful championship course is flawlessly blended into the surrounding Dominican countryside providing interesting and unique challenges at every hole.

The Paradisus Punta Cana Resort 5 Star

The Paradisus Punta Cana Resort from Nolitours is a NoliPLUS and a NoliGOLF vacation. This magnificent resort is 24 kms from Punta Cana airport and offers 685 suites in 43 bungalows. There are 8 à la carte restaurants (Mediterranean, French, Chinese, Italian, Steakhouse, Japanese, Seafood and Brazilian).



Extra inclusions for Nolitours guests include:

- Daily green fees at the at the Cocotal Golf and Country Club
- Concierge service
- · Unlimited à la carte dinners
- Bottle of rum and beach towels in room upon arrival
- NoliPLUS BBQ night
- 20% spa discount

The Paradisus Palma Real Resort 5 Star

The Paradisus Palma Real is part of the Transat Luxury and Golf Collections. This stunning resort is only 16 kms from Punta Cana Airport, features 744 luxurious suites and offers 4 à la carte restaurants (Mediterranean, International, Asian and Market Grill).

With Transat Holidays your luxurious vacation includes:

- · Option Plus or CanJet Select flight upgrade
- Private transportation to and from the hotel
- Daily green fees at the at the Cocotal Golf and Country Club
- Unlimited à la carte meals
- Beach towels, bathrobes and slippers in room upon arrival
- Free WIFI in room (1 hr / day)
- Concierge and turn down service
- Waiter service at pool and beach
- 25 minute massage

Riviera Maya

The Riviera Maya is known for white sand beaches and warm tranquil waters, protected by one of the world's largest barrier reefs. Home to ancient Mayan ruins, there is also wonderful snorkelling and scuba diving, an 18 hole championship golf course and endless activities.

Transat Holidays and Melia Hotels International bring you two new, luxury hotels in Playa del Carmen. They are next door to each other,



located in a small yet stunning bay. These elegant resorts have a Mayan ecological feeling, and an oceanfront location surrounded by a lush tropical mangrove preserve, with views of Cozumel Island.

The hotels are 45 minutes from Cancun International Airport, just a short distance from beautiful beaches and attractions such as the Playa del Carmen 5th Avenue, Xcaret, Akumal and Xel-Ha and near world-famous Mayan archaeological sites such as Tulum, Chichén Itzá and Cobá.

The two hotels combine a prestigious Caribbean setting with world-class facilities and share 8 fabulous à la carte restaurants: Latin-Fusion, Signature Cooking, Asian Fusion, Fish and Chips, Italian-Argentinean Grill, Mediterranean, Mexican and Brazilian.

Paradisus La Esmeralda 4 1/2 Star

The Paradisus La Esmeralda is an upscale **family oriented** property and part of the Transat Family Collection. So it has great kid's facilities with a Kid's Club, Children's pool and babysitting available.

Transat Holidays guests enjoy unlimited à la carte dinners and unlimited selected International and premium brand drinks.

Upgrade to Family Service for thoughtful extras like:

- Family concierge service
- A family lounge with internet
- Walkie talkie or cellphone for all day communication
- Night turn down service with milk and cookies
- Kids bath robes and slippers as well as bathrobes, slippers, pillow menu and bathroom amenities for parents

Paradisus La Perla 4 1/2 Star

The Paradisus La Perla is an elegant **adults only** property that is also ideal for weddings and honeymoons. Enjoy facilities like pilates, yoga, the spa and the casino. There are also life-enriching classes such as candle-making, cocktail workshop, painting workshop, wine tasting, sushi making, cigar workshop, and more.

Transat Holidays guests enjoy unlimited à la carte dinners and unlimited selected International and premium brand drinks.



Upgrade to Royal Service for luxuries like: À la carte breakfast, lunch and dinner Butler service and pillow menu Exclusive pool and beach area with bar service Private lounge with internet access And more! **Melia Hotels** In 2011 the family company founded by Gabriel Escarrer Juliá in 1956 that for decades was known as "Sol Meliá" changed its name to one that International represents both its present and its future: "Meliá Hotels International". **Background** Meliá Hotels International is a leader in the hotel industry, the market leader in Spain, and among the top 20 hotel companies worldwide. It has been a leader for decades in resort hospitality and has a balance between city and resort hotels. The strategic focus of the company on international expansion has allowed Meliá Hotels International, with its more than 350 hotels in 35 countries, to position itself today as the first Spanish hotel group with presence in key markets such as China, the Persian Gulf and the United States, in addition to maintaining its leadership in traditional markets such as Europe, Latin America and the Caribbean. It also possesses a renewed and differentiated portfolio of brands that offers products for all segments and guests profiles: The "Premium" or luxury brands include Gran Meliá, Paradisus and ME by Meliá hotels. • The superior or "upscale" segment includes the Meliá and Innside brands. The mid-scale segment includes the Sol resort hotels and the TRYP by Wyndham city hotels. Their 35,000 employees come from nearly 100 countries and can communicate in more than 25 different languages with guests. They are the first hotel company to be certified as a Biosphere Hotel Company and the only hotel company to be included in the exclusive "responsible investment" index of the Spanish stock exchange, the FTSE4Good Ibex index. They have subscribed to the United Nations Global Compact and have a strategic alliance with UNICEF for the protection of children and the prevention of the sexual exploitation of children. Website: www.solmeliacuba.com The history of Meliá Hotels International speaks of a vision, a family and **History** a passion: the vision of its founder, backed by a family with strong values



that sustain a responsible company, and the passion for service, to offer guests the best possible hotel experience.

At only 21 years of age, Gabriel Escarrer Juliá began to lease and operate his first hotel: the Altair Hotel in Palma de Majorca (Spain). Between 1956 and 1980, the family company extended from the Balearic islands to the Canary Islands and the Spanish mainland, and from that moment began a history of growth unparalleled in Spanish tourism.

Following the purchase of Hotasa in 1984, came the acquisitions of CHM in 1986 and Meliá, in 1987, a key change thanks to Meliá's superior quality products and the recognition of the brand and the 22 hotels it had owned. Later, in 2000, came the purchases of TRYP hotels and the German company Innside, deals which were complemented during the 1990's and 2000's with the creation of new brands such as Paradisus Resorts, Sol Meliá Vacation Club and ME by Meliá.

In 1996, Sol Meliá became the first Spanish hotel company in be listed on the stock exchange, a crucial step that reinforced a need for transparency, control and social responsibility for the family company. Since then its focus on the maintenance of a sound financial footing has been reflected in an impressive share price performance.

Paradisus Brand

Paradisus Resorts are **5 stars All Inclusive hotels**, providing a romantic experience for couples and exceptional vacations for families, in a sophisticated environment where guests may enjoy a luxury All Inclusive service and the exotic and privileged scenery of the hotels' Caribbean locations.

Characterised by their original and unique architectural style, Paradisus resorts offer an endless range of sensations for guests thanks to their exclusive services, combined with extensive and exquisite dining options.

Amongst the most important Paradisus experiences are Royal Service, an adults-only area with an extensive range of services such as butler service, exclusive areas (beaches, swimming pools) and a Jacuzzi in every room.

Paradisus hotels provide a Family Concierge for guests travelling with their families. Designed to satisfy the needs of the modern family, the Family Concierge programme provides an exclusive VIP service which includes the availability throughout the day of the Family Concierge by walkie-talkie to provide an immediate response to family needs. Guests stay in Junior Suites with luxury amenities and also enjoy personalised hotel activities.

The enjoyment of the Sun and Sea at a Paradisus resort is a unique experience, but for guests seeking something more from their stay there is also a great range of activities such as golf, scuba diving, horse riding, painting, personal growth classes, tango classes, Asian cookery classes



and wine tasting.

And for guests seeking greater balance, nothing better than the Yhi Spa, a place to treat your soul, body and mind to pure and natural therapies and treatments. The maximum expression of relaxation in a setting created to infuse serenity.

Other Melia Brands

Meliá Hotels & Resorts, and their sister Gran Meliá Hotels and Meliá Boutique Hotels, include Sol Meliá's range of first class city hotels and leisure resorts located all over the world. The prestige earned by Meliá Hotels & Resorts world-wide confirms the success of a product designed to satisfy the most discerning guests. Luxury, highly personalized service and magnificent locations in first class cities and resorts, are just some of the many attractions of the 4* and 5* Meliá hotels & resorts.

Sol Hotels - Sol hotels are the ideal places for having the greatest fun in your holidays. Located in major tourist destinations in the Mediterranean and the Caribbean, Sol hotels provide comfortable rooms, a wide range of restaurants and bars, large swimming pools and an extensive programme of a la carte activities designed for all our guests, from the youngest to the oldest, so everyone can enjoy their vacations to the full. Sol has created a series of innovative concepts to offer guests the greatest variety of services, including the themed buffets, entertainment programmes and the Flintstones Land areas, a way of spending fun-filled vacations with the famous cartoon characters.

ME by Meliá - The most avant-garde of the company's hotel brands, ME by Meliá is a new concept for hotels where design, international cuisine, the latest technology and cutting edge music all have an important role to play. ME by Meliá hotels will be introduced in the most important cities in the world as well as in leading tourism destinations providing guests with the unexpected. ME offers a personalised service which goes beyond mere accommodation. The ME by Meliá experience revolves around four concepts - Remember ME, Experience ME, Energize ME, and Dare ME, the perfect combination to create an atmosphere that stimulates the senses and connects with each and every one's life rhythms, with every guest's AURA, creating the essence of the hotel itself.

TRYP by Wyndham - Wyndham Hotel Group, the largest American hotel group acquired the TRYP hotel brand from Meliá Hotels International last 2010. Through a strategic alliance, Wyndham Hotel Group and Meliá Hotels International will work together to develop the newly renamed TRYP by Wyndham brand. TRYP by Wyndham is a select-service, mid-priced brand with nearly 100 properties in some of the most dynamic cities around the world, including Madrid, Barcelona,



| y h | Paris, Lisbon, Frankfurt, Buenos Aires, São Paulo and Montevideo. The RYP philosophy: bring you closer to what is important to you and turn our stay into a unique experience. That's why these hotels are in the eart of the city, close to everywhere. |
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| c c y y p s w y s m y s | Meliá Hotels International created Yhi Spa in 2006 as an ideal omplement to a stay in the Meliá, ME by Meliá and Paradisus brands. Thi Spa owes its name to an Australian ancestral legend that describes (HI as the spirit of life and light. YHI and its legend reinforce the spa hilosophy developed at Meliá Hotels International and ensure these pas are places where relaxation is just a step towards achieving rellbeing and greater health for both bodies and minds. (HI Spa is a place where scents, flavours and shapes, accompanied by oft background music, turns the experience into an unforgettable noment of harmony and wellbeing. (Hi Spa is based on four foundations: Facilities: spaces using sensorial architecture to create a balance etween the common axis of Yhi spaces and the culture and trends of ach region. Treatments: treatment menus marks a difference and comprises global reatments common to all Yhi Spa centres, including classical treatments and others based on Ayurveda philosophy, and local treatments that arry depending on the regional culture and guest preferences. Service: spas are run by experienced professional therapists, allowing s to develop a great training structure and high levels of innovation to dd and adapt trends in the world of beauty care and wellbeing. Image: a unifying image loaded with symbolism and simplicity and dentified through a logo with connotations of diverse cultures and a ymbol, the mandala which inspires meditation and relaxation. It Yhi Spa the spa experience is enjoyed not only in the spa itself but liso through other means: YHI flavours: a selection of healthy options with properties that omplement the benefits of the treatments, including infusions, syrups, sices and specially prepared dishes that can be tried in their restaurants of at home. YHI moves: fitness spaces and classes led by monitors, all equipped with top of the range equipment, and emphasising personal training and ne latest most popular types of activity. YHI home: boutiques, allowing guests to take everyt |
| | ne Yhi Spa experience. |
| _ | Melia have a wedding coordinator who works with coordinators at ransat Holidays to help you plan the perfect wedding at their resorts. |



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| The Paradisus Punta | At Paradisus Punta Cana Resort, coexisting in harmony with nature |
| Cana Resort, Punta | results in an exquisite balance of natural and man-made wonders. |
| Cana | Open-air architecture featuring indigenous materials gracefully rises |
| | from artfully designed tropical gardens, native mangrove forests, soaring |
| | palms and magnificent views of the stunningly clear turquoise waters of |
| | the Caribbean Sea. At every turn there is a new species of exotic |
| | vegetation, native birds and delicate garden scents. This all-inclusive, |
| | all-encompassing, all-suite Caribbean playground offers tennis, |
| | championship golf, an array of gorgeous pools, every non-motorized |
| | water sport imaginable, a casino, an exquisite full-service spa and health |
| | club and a thrilling collection of unique island activities. Located 25 |
| | minutes from Punta Cana International Airport. |
| Location | On the beautiful white sand Bavaro Beach, approximately 24km from the |
| | airport in Punta Cana |
| Accommodation | 689 oversized guest Suites, including 80 Royal Service Suites, four |
| | Ambassador Oceanview Suites and one Garden Villa Beachfront Suite |
| | and 132 The Reserve Suites |
| | Suites range from 504 to over 1,000 sq. ft., each with a living area, |
| | individually controlled air conditioning and ceiling fan, coffee maker, safe |
| | deposit box, luxurious bathrooms, private terrace or balcony, 24 hour |
| | room service and daily stocked minibar |
| Services | Nightly entertainment |
| | Gabi Club |
| | Seven swimming pools, a main lagoon style swimming pool, the Royal |
| | Service pool exclusively for adults, The Reserve exclusive pool, plus a |
| | YHI Spa pool |
| | Four tennis courts and three paddle courts |
| | Casino (poker, black jack, and slot machines) |
| | Yhi Spa and state-of-the-art fitness centre |
| Dining | Eleven restaurants offer an incredible choice of contemporary world |
| Dilling | cuisine and eight bars offer fashionable Caribbean cocktails and |
| | international premium brand drinks |
| | Romantico: Fine cuisine restaurant. |
| | Gabi Club: Restaurant and lounge in private pool area. |
| | Vento: Contemporary Mediterranean cuisine. |
| | |
| | Terra: Steakhouse offering irresistible fine cuts. |
| | Qi: Delightful Chinese specialties. |
| | Fuego "by Martin Berasategui Gastro Bar" (\$): Tapas Bar by the 7 stars |
| | Michelin chef Martin Berasategui. |
| | Ciel: An International buffet presenting flavors of the world. |
| | Rodizio: Brazilian style steakhouse. |
| | Luna: Grill buffet for breakfast and lunch and seafood specialties for |



| | dinner. |
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| | Vita: Authentic Italian Trattoria open for lunch and dinner. |
| | Sakura: Japanese cuisine with Teppanyaki tables. |
| Golf | Spend an entire day practicing your swing with golf at Paradisus. |
| | For many, the ultimate escape to paradise must include a few rounds of |
| | golf. Paradisus offers that and much more. Paradisus guests can enjoy |
| | unlimited free golf at the renowned Cocotal Golf and Country Club. |
| | Designed by José Pepe Gancedo, this beautiful championship course is |
| | flawlessly blended into the surrounding Dominican countryside providing |
| | interesting and unique challenges at every hole. They also offer |
| | professional golf lessons with the international team of Sol Meliá Golf |
| | Academy instructors, and top-line Callaway golf equipment rentals to |
| | create an All-Inclusive Dominican Republic golf resort experience that is |
| | truly second to none. |
| | Tee times can be reserved at the resort (subject to availability). |
| | Reservations are always required. |
| | Maximum Handicap: 36; Use of cart is mandatory: Cart Fee \$37 per |
| | person Golf Clubs rental fee \$47 |
| | Meliá Golf Academy: Dedicated to providing students with the best, |
| | most efficient and concise teaching anywhere in the world, the Silver |
| | Sands Golf Academy is located right on the Cocotal Golf and Country |
| | Club. The Academy offers: |
| | Individual and group lessons |
| | Playing lessons |
| | 1, 2 or 3-day Golf Schools |
| | Take home CD-Roms |
| | Special Classes and rates for groups |
| Spa | YHI Spa |
| - | Paradisus Punta Cana YHI Spa, is a sanctuary of positive energy |
| | designed to purify the body, balance the mind and nurture the soul. Their |
| | all-new-state-of-the art private gym provides wildly invigorating |
| | workouts. Together, they add up to pure relaxation and total |
| | rejuvenation. |
| | From the collection of signature full-body treatments to the salon-quality |
| | beauty services, the YHI Spa at Paradisus Punta Cana provides guests |
| | with endless opportunities to relax, replenish and enjoy. |
| | The YHi Spa features: |
| | Full service indoor spa: massage cabins, body and facial treatments, |
| | spa boutique, spa salon. |
| | A state-of-the-art Health Club with equipment and personal trainers. |
| Children | The Kids Zone, a tropical-theme playground, two kids' pools |
| Activities | Life Enriching Activities: sushi preparation, candle making, flower |
| | arrangements, Spanish lessons, cocktail making, tango, bachata and |



| | merengue dance classes. Scuba diving (for certified divers), horseback riding (additional charge), snorkeling, kayak, volleyball and all non-motorized water sports. |
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| Deals with Nolitours for 2012-2013 | One week all inclusive at the Paradisus Punta Cana Resort departing Toronto November 12 th 2012 is currently (Sept 7 th 2012) just \$959 + \$392 taxes |

| The Paradisus Palma Real Resort, D.R. | The Paradisus Palma Real is part of the Transat Luxury and Golf Collections. |
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| Location | Beachfront on beautiful Bavaro Beach, 16kms from the international |
| Location | airport |
| Accommodation | 554 oversized suites, including 200 Royal Service Suites and two |
| Accommodation | Presidential Beachfront Suites |
| Services | Free WiFi for all guests |
| 00111000 | Nightly entertainment |
| | Spectacular main pool, private Royal Service pool and seven whirlpools |
| | GABi Beach |
| | Casino (Poker, Black Jack and slot machines) and Game Room |
| | Life Enriching activities: wine tasting, salsa and merengue dance |
| | classes, massage lessons, painting, photography, and more |
| | Free shuttle service to Palma Real Shopping Village located right in front |
| | of the hotel with the widest range of shops and restaurants in the area |
| | Newly renovated Health & Sports Club with the latest high-tech |
| | equipment and personal trainers that monitor exercise routines |
| | The Reserve at Paradisus Palma Real, a boutique resort within a resort, |
| | featuring: 190 luxuriously appointed Residential Concierge Suites |
| | including Family Concierge Suites, Suites with private garden, Swim-up |
| | Suites and two Presidential Suites. |
| | The Reserve experience guest will also give guest additional access to: |
| | 3 restaurants including the exclusive GABi Club plus a poolside grill, |
| | spectacular free-form pool, kids pool with waterslides and toddler pool, |
| | guest lounge with WiFi access, and private beach with full concierge |
| | service. |
| | Experience the new adults-only Royal Service with personalized VIP |
| | arrival, new two story Royal Service lounge, the exclusive waterside |
| | Italian restaurant Palazzo, new in-suite amenities and many more. |
| Dining | Six à la carte restaurants and two poolside buffet restaurants offering |
| 0.16 | contemporary world cuisine and nine bars |
| Golf | Unlimited golf green fees at Cocotal Golf & Country Club (hotel provides |
| | free shuttle) |
| | Spend an entire day practicing your swing with golf at Paradisus. |
| | For many, the ultimate escape to paradise must include a few rounds of |
| | golf. Paradisus offers that and much more. Paradisus guests can enjoy |



unlimited free golf at the renowned Cocotal Golf and Country Club. Designed by José Pepe Gancedo, this beautiful championship course is flawlessly blended into the surrounding Dominican countryside providing interesting and unique challenges at every hole. They also offer professional golf lessons with the international team of Sol Meliá Golf Academy instructors, and top-line Callaway golf equipment rentals to create an All-Inclusive Dominican Republic golf resort experience that is truly second to none.

Tee times can be reserved at the resort (subject to availability). Reservations are always required.

Maximum Handicap: 36; Use of cart is mandatory: Cart Fee \$37 per person Golf Clubs rental fee \$47

Meliá Golf Academy: Dedicated to providing students with the best, most efficient and concise teaching anywhere in the world, the Silver Sands Golf Academy is located right on the Cocotal Golf and Country Club. The Academy offers:

Individual and group lessons

Playing lessons

1, 2 or 3-day Golf Schools

Take home CD-Roms

Special Classes and rates for groups

Spa

A luxury vacation destination would not be complete without a world-class **ECO Spa** and Paradisus Palma Real Golf & Spa Resort offers one of the finest Caribbean spa vacations in the Dominican Republic. From the "Live the Water Bliss" water ritual experience to the elaborate collection of signature full-body treatments, the ECO Spa provides guests with endless opportunities to relax, replenish and enjoy Caribbean spa packages.

The ECO Spa area includes the following:

Spa Boutique

Five Eco treatment rooms

Herbal steam room

Contrast thermal shower

Jacuzzi

Bi-thermal footbath

Lockers for ladies and gentleman

Zen meditation garden and pavilion

Mind/body outdoor classes including yoga, pilates, spinning, aerobics

and abs

Outdoor shower

New health club with state-of-art equipment, personal trainers and group

dance classes

Children

Spectacular Kids Zone Kids Club for ages 5 to 12.



| | Activities: Surprise games, eco tour, eco workshop, beach excursion (for kids from 8 years old and onward), tennis lessons (for children from 4 years old and onward), excursions to the Manati Park (for kids from 8 years old, extra cost applies), climbing wall, make your mask, water slides at the swimming pool, handcraft, pool games, Olympic games, cookies workshop, treasure hunt, adventure park, face painting, nature workshop, tropical party, crazy games, mini disco ONYX, movie night |
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| Activities | and pirate party. |
| Activities | Five tennis courts and two paddle courts Scuba diving for PADI certified divers, horseback riding(additional charge), sailing, windsurfing, kayak and more |
| Deals with Transat | With Transat Holidays your luxurious vacation includes: |
| for 2012-2013 | Option Plus or CanJet Select flight upgrade |
| | Private transportation to and from the hotel |
| | Daily green fees at the at the Cocotal Golf and Country Club |
| | Unlimited à la carte meals |
| | Beach towels, bathrobes and slippers in room upon arrival |
| | Free WIFI in room (1 hr / day) |
| | Concierge and turn down service |
| | Waiter service at pool and beach |
| | 25 minute massage |

| Paradisus La | The Paradisus La Esmeralda is an upscale family oriented property |
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| Esmeralda, Riviera | with a Kid's Club, Children's pool and babysitting available. Upgrade to |
| Maya | Family Service for thoughtful extras like a family lounge with internet, |
| • | walkie talkie or cellphone for all day communication, night turn down |
| | service with milk and cookies, kids bath robes and slippers as well as |
| | bathrobes, slippers, pillow menu and bathroom amenities for parents. |
| Location | Located in a small yet stunning bay, the family hotel Paradisus Playa del |
| | Carmen La Esmeralda is at the best of all of the luxury hotels in Riviera |
| | Maya. Combining a prestigious Caribbean setting with world-class |
| | facilities, including Family Concierge, the ultimate in spa treatments, a |
| | relaxed ambience, and flexible meeting spaces with state-of-the-art |
| | equipment. This elegant resort has a Mayan ecological feeling, and an |
| | oceanfront location surrounded by a lush tropical mangrove preserve |
| | and with views of Cozumel Island. Take your senses on a culinary tour |
| | through eleven remarkable restaurants serving delicious cuisine from all |
| | around the world and ten bars serving unlimited international Premium |
| | brand drinks. Enjoy life-enriching experiences such as tango dance |



| | classes, sushi-making, and sensorial experiences. |
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| | This luxury All Inclusive resort is designed for families and is located 45 |
| | minutes from Cancun International Airport, just a short distance from |
| | beautiful beaches and attractions such as the Playa del Carmen 5th |
| | Avenue, Xcaret, Akumal and Xel-Ha and near world-famous Mayan |
| | archaeological sites such as Tulum, Chichén Itzá and Cobá. |
| Accommodation | This brand new hotel offers 512 elegantly appointed suites in eight |
| | 4-storey buildings. |
| | Luxury Junior Suite Pool View: air-conditioning, TV, full bathroom, 1 |
| | king-size or 2 queen-size beds, hairdryer, WiFi, coffee-maker, mini-bar, |
| | in-room safe, iron, balcony or terrace, <i>maximum occupancy 3 adults</i> (or |
| | 2 adults and 2 children) |
| | All rooms feature: |
| | 42" Flat Screen TV with cable |
| | CD/DVD Player |
| | |
| | Living area with sofa |
| | Private terrace with tanning area |
| | Modern bathroom with sensory tub and rain shower |
| | Daily stocked mini bar |
| | Marble floors |
| | Coffee maker |
| | Individually controlled air-conditioning |
| | Iron and ironing board |
| | 24-hour room service |
| | Wi-Fi internet access |
| Services | Whirlpool |
| | • Gym |
| | • WiFi |
| | Pools – two lagoon style |
| | Bars, including a swim-up bar |
| | Snack bars |
| | Lounge chairs and towels |
| | Motorized water sports |
| | • Spa |
| | • Gift shop |
| | 24-hour medical services |
| Dining | |
| Dining | Restaurants including 8 à la carte (Latin-fusion, Signature Cooking, |
| | Asian Fusion, Fish & Chips, Italian- Argentinean Grill, Mediterranean, |
| | Mexican and Brazilian). |
| | The Å la carte restaurants are located in the Zocalo which is a shared |
| | area with Paradisus Playa del Carmen La Perla. |
| | DANIA Contamonara Asian fusion a laire de la ffession a la ffession de la ffessio |
| | BANA - Contemporary Asian fusion cuisine and offers a sushi bar, |
| | Teppanyaki tables and its own themed Martini bar |



| | HADAR – A sumptuous international buffet with International show |
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| | cooking |
| | VENTO – Vento features a la carte international specialties with a |
| | distinct Mediterranean flair and its own Fusion Bellini Bar for lunch and |
| | dinner. A la carte continental breakfast |
| | MOLE – Mexican a la carte haute cuisine for dinner. Vento and Mole |
| | restaurants share a holding bar with a wine and tequila cellar |
| | THE MARKET - Offering an attractive selection of the best salads, BBQ, |
| | and light menus for lunch. Rodizzio for dinner, offering an attractive |
| | salad bar and the best caipirinhas |
| | NAOS - A sumptuous international buffet with International show |
| | cooking |
| | GABI CLUB - Beat. Drink. Groove. The chill-out club with a casual-chic |
| | elegance where bar, restaurant and beach come together in unique |
| | harmony. Family Concierge Suites guests have privileged access to |
| | Gabi Beach. Additional cost for other guests |
| | LA PALAPA GRILL – Exclusive for Family Concierge guests, a la carte |
| | casual dining |
| | PASSION - Romantic à la carte continental cuisine in an elegant |
| | |
| | atmosphere. (adults only) |
| | LIBRARY – International a la carte cuisine. Passion and Library |
| | restaurants share a holding bar and a wine cellar.(adults only) |
| | THE GRILL - Delivers an amazing selection of salads, BBQ and light |
| | menu items with show cooking stations for lunch. A la carte "Surf and |
| | Turf" for dinner (adults only) |
| Golf | There is an excellent golf course close to the resort. |
| Spa | YHI Spa and Health Club with Spa Boutique, Water Ritual, 14 massage |
| | rooms, wet & dry saunas and more. |
| Children | Kids' Club (ages 5 to 12) |
| | Children's pool |
| | Games room |
| | Babysitting available |
| Activities | Snorkelling |
| | Windsurfing |
| | Kayaking |
| | Pilates and Yoga |
| | Tennis courts (lighted) |
| | There are also activities such as Pilates, body balance, meditation, |
| | spinning, beach volleyball, aqua fitness, merengue, snorkeling, step |
| | aerobics, stretching, and more. |
| | Plus classes such as candle-making, cocktail workshop, painting |
| | workshop, wine tasting, sushi making, cigar workshop, and more. |
| Deals with Transat | UPGRADE TO FAMILY SERVICE |
| for 2012 | Your all inclusive, plus: |
| for 2012 | Your all inclusive, plus: |



- · Private family lounge with Internet access
- · Exclusive check-in
- · Paradisus kids beach kit gift
- · Family concierge service
- · Exclusive family activities and excursions
- Kids' bathrobes and mini slippers
- Kids' bathroom amenities
- Kids' drinks in the minibar
- Kids' pillows
- Night turn-down with milk and cookies
- Walkie-talkie or cell phone for all day communication
- Bathrobes, slippers, pillow menu and bathroom amenities for parents

| Paradisus La Perla, Riviera Maya | The Paradisus La Perla is an elegant adults-only property that is also ideal for weddings and honeymoons. Enjoy facilities like pilates, yoga, the spa and the casino. There are also life-enriching classes such as candle-making, cocktail workshop, painting workshop, wine tasting, sushi making, cigar workshop, and more. Upgrade to Royal Service for luxuries like à la carte breakfast, lunch and dinner, butler service and pillow menu. |
|-------------------------------------|--|
| Location | Located in a spectacular tiny bay, the Paradisus Playa del Carmen La Perla is a hotel for adults only, and one of the most luxurious hotels in Riviera Maya. Combining a prestigious Caribbean setting with world-class facilities, including Royal Service, the ultimate in spa treatments, a relaxed ambience, and flexible meeting spaces with state-of-the-art equipment. This elegant resort has a Mayan ecological feeling, and an oceanfront location surrounded by a lush tropical mangrove preserve and with views of Cozumel Island. Take your senses on a culinary tour through eleven remarkable restaurants serving delicious cuisine from all around the world and ten bars serving unlimited international Premium brand drinks. Enjoy life-enriching experiences such as tango dance classes, sushi-making, and sensorial experiences. This luxury All-Inclusive Adults Only Rsort is located 45 minutes from Cancun International Airport very near the magnificent beaches and attractions such as the Playa del Carmen's 5th Avenue, Xcaret, Akumal and Xel-Ha. |
| Accommodation | This luxury resort provides 394 elegant suites including 60 swim-up suites alongside the sea, more than any other resort in Mexico. All rooms feature: 42" Flat Screen TV with cable CD/DVD Player Living area with sofa Private terrace with tanning area |



| | Modern bathroom with sensory tub and two rain showers |
|------------|---|
| | Daily stocked mini bar |
| | Marble floors |
| | Coffee maker |
| | Individually controlled air-conditioning |
| | Iron and ironing board |
| | 24-hour room service |
| Services | • Pools |
| | Bars |
| | Snack bars |
| | Lounge chairs and towels |
| | Whirlpool |
| | • Gym |
| | • WiFi |
| | Golf course nearby |
| | • Spa |
| | Casino |
| | Gift shop |
| | 24-hour medical services |
| Dining | Restaurants including 8 à la carte (Latin-fusion, Signature Cooking, |
| Diffilling | Asian Fusion, Fish & Chips, Italian-Argentinian Grill, Mediterranean, |
| | Mexican and Brazilian) |
| | The À la carte restaurants are located in the Zocalo which is a shared |
| | area with Paradisus Playa del Carmen La Perla. Children not admitted in |
| | some of the à la carte restaurants. |
| | Some of the ana carte restaurants. |
| | BANA - Contemporary Asian fusion cuisine and offers a sushi bar, |
| | Teppanyaki tables and its own themed Martini bar |
| | HADAR – A sumptuous international buffet with International show |
| | cooking |
| | VENTO – Vento features a la carte international specialties with a |
| | distinct Mediterranean flair and its own Fusion Bellini Bar for lunch and |
| | dinner. A la carte continental breakfast |
| | MOLE – Mexican a la carte haute cuisine for dinner. Vento and Mole |
| | restaurants share a holding bar with a wine and tequila cellar |
| | THE MARKET - Offering an attractive selection of the best salads, BBQ, |
| | and light menus for lunch. Rodizzio for dinner, offering an attractive |
| | salad bar and the best caipirinhas |
| | NAOS - A sumptuous international buffet with International show |
| | cooking |
| | GABI CLUB - Beat. Drink. Groove. The chill-out club with a casual-chic |
| | elegance where bar, restaurant and beach come together in unique |
| | harmony. Family Concierge Suites guests have privileged access to |
| | Gabi Beach. Additional cost for other guests |
| | Oabi beach. Additional Cost for other guests |



| | LA PALAPA GRILL – Exclusive for Family Concierge guests, a la carte |
|--------------------|---|
| | casual dining |
| | PASSION - Romantic à la carte continental cuisine in an elegant |
| | atmosphere. (adults only) |
| | LIBRARY – International a la carte cuisine. Passion and Library |
| | restaurants share a holding bar and a wine cellar.(adults only) |
| | THE GRILL - Delivers an amazing selection of salads, BBQ and light |
| | menu items with show cooking stations for lunch. A la carte "Surf and |
| | Turf" for dinner (adults only) |
| Golf | There is an excellent golf course close to the resort. |
| Spa | YHI Spa and Health Club with Spa Boutique, Water Ritual, 14 massage |
| | rooms, wet & dry saunas and more. |
| Activities | Snorkelling |
| | Motorized water sports |
| | Windsurfing |
| | Kayaking |
| | Pilates and Yoga |
| | Tennis courts (lighted) |
| | There are also activities such as Pilates, body balance, meditation, |
| | spinning, beach volleyball, aqua fitness, merengue, snorkeling, step |
| | aerobics, stretching, and more. |
| | Plus classes such as candle-making, cocktail workshop, painting |
| | workshop, wine tasting, sushi making, cigar workshop, and more. |
| Deals with Transat | UPGRADE TO ROYAL SERVICE |
| for 2012 | Your all inclusive, plus: |
| | À la carte breakfast, lunch and dinner |
| | Exclusive pool and beach area with bar service |
| | Private lounge with continental breakfast, coffee, beverages, evening |
| | cocktails and hors-d'oeuvres, Internet access and newspapers |
| | Butler service |
| | Exclusive check-in |
| | Pillow menu |

| TRANSAT | Transat Holidays and Nolitours and bring you four luxury Melia Hotels |
|-----------------------|---|
| HOLIDAYS | International hotels in 2012: |
| VACATIONS WITH | The Paradisus Punta Cana Resort, Punta Cana |
| MELIA | The Paradisus Palma Real Resort, Punta Cana |
| INTERNATIONAL | The Paradisus La Esmeralda, Riviera Maya |
| | The Paradisus La Perla, Riviera Maya |
| | Full details on each hotel are above - ask your travel agent for the |
| | Transat Holidays Sun Collection 2012-2013 and Nolitours brochures |
| | and go to www.transatholidays.com and www.nolitours.com |



| Transat Background | Transat A.T. Inc. is an integrated tour operator that specializes in holiday |
|----------------------------------|--|
| | travel and offers more than 60 destination countries. Transat, which was |
| | created in Canada and has offices in many other countries, is an |
| | international company that owns an airline, provides destination |
| | services, is active in the accommodation industry and operates an |
| | extensive travel agent network. |
| | Transat is now the largest tour operator in Canada, and is at the core of |
| | the vertical integration process developing and marketing vacation |
| | products as well as flights to destinations in the South and Europe. |
| | The company acts as a master craftsman in assembling different |
| | components of leisure travel: air transportation, passenger transfers |
| | from airport to hotel, accommodation, recreational and cultural activities, |
| | meals, cruises, and much more. |
| | As an industry leader, Transat Holidays offers departures from many |
| | Canadian cities including: St-John's, Halifax, Moncton, Fredericton, |
| | Montréal, Québec, Ottawa, Hamilton, Toronto, Thunder Bay, Regina, |
| | Saskatoon, Winnipeg, Calgary, Edmonton, Lethbridge, Vancouver, |
| | Victoria, Comox, Abbotsford, Prince George and Kelowna (as at 2012). |
| | Website: http://www.transat.com/en |
| Mission | Transat Holidays offers quality vacation packages to a wide variety of |
| | destinations. Each season, the company presents a wide selection of |
| | quality products, in order to meet the diversified needs of Canadian |
| | travellers. In keeping with their mission, their employees aim to exceed |
| | vacationers' expectations in order to maintain their position as a market |
| | leader. They see their role, ultimately, to turn holiday dreams into reality: |
| Due less te | making the vacation experience one of the most memorable ever. |
| Products | Packages, Cruises, Hotels, Flights, Tours, Car Rentals & Train Travel. |
| | With a choice of over 300 hotels located in more than 50 destinations |
| | and a complete line of itineraries offered in partnership with the most |
| | prestigious cruise lines, all products offered by Transat Holidays are |
| 2012: Transat's 25 th | subject to a rigorous standard review. In 2012, Transat is celebrating its 25th Anniversary with a silver lining, |
| Anniversary | giving travellers a reason to celebrate! |
| Awards | Agent's Choice Awards: Transat Holidays ranked number one for |
| , ui uo | three years in a row by Canada's travel agents according to the results of |
| | the Agents' Choice Awards, a survey carried out by Canadian Travel |
| | Press and Travel Courier. |
| Current Brochure | Transat Holidays Sun 2012-2013 and Nolitours Sun 2012-2013 |
| | brochures are available at your local travel agent and cover |
| | vacations through to October 2013 |
| Air Transat's New | With so many new comfort features, you're on vacation the minute you |
| Comfort Zone | take your seat. It's Air Transat's 25th anniversary and they're giving their |
| | fleet a full makeover. Starting April 2012, one by one, the planes and |
| | passengers are soaring to new heights in design and comfort. They are |



| | rolling out the new cabins over the next two years. For a glimpse of what |
|----------------------|---|
| | it will all look like: http://www.youtube.com/watch?v=ZBse6WOCd70 |
| Air Transat Kids | To ensure that your family vacations are fun and unforgettable from |
| Club | beginning to end, Air Transat has created Kids Club so that young |
| | passengers can really enjoy themselves while onboard an Air Transat |
| | flight. It is designed to make air travel a fun experience for young |
| | travellers (and for their parents!). Even before the doors of the plane are |
| | closed following boarding, every child receives a small bag containing all |
| | sorts of surprises and games. The more fun they have, the easier the |
| | flight. Furthermore, children who are members of Air Transat Kids Club |
| | enjoy certain exclusive privileges. |
| | Members of the Air Transat Kids Club will enjoy several benefits that the |
| | whole family can share. You can check in at a special "Air Transat Kids |
| | Club Members" counter. Thanks to these special counters located in |
| | major Canadian airports where Air Transat flies, checking-in is quicker |
| | than before. At check-in, special tags will be placed on your baggage; as |
| | a result, your baggage gets priority treatment. |
| Air Transat | Air Transat has added more legroom on all their aircraft, making the |
| Upgrades | journey to and from your destination even more comfortable. They have |
| | also introduced a new Economy Class meal service on sun destination |
| | flights. Passengers flying south will now be welcomed onboard with a |
| | glass of champagne, while early morning passengers will be greeted |
| | with a mimosa. The meal service has also been improved. The airline |
| | will now offer passengers a more complete meal tray, including a choice |
| | of two hot meals, a complimentary glass of wine and dessert. |
| Best Leisure Airline | Air Transat was named World's Best Leisure Airline at the Skytrax |
| | annual World Airline Awards, held on July 12, 2012 at the Farnborough |
| | International Airshow, near London. |
| | Distinctions were based on a survey measuring the satisfaction of more |
| | than 18 million customers. Conducted over a 10-month period, this |
| | survey included over 200 airlines that were rated on 38 different aspects of the passenger experience. The study analyzed customer satisfaction |
| | for the Airline Passenger Experience, from check-in to boarding, |
| | onboard seat comfort, cabin cleanliness, food and beverages, onboard |
| | entertainment, and service of staff. |
| | In the past five years, Air Transat has gained other recognitions as a |
| | result of its numerous environmental initiatives. In 2011, the Company |
| | ranked first worldwide in the Atmosfair Airline Index environmental |
| | performance indicator, in the long-haul category. Air Transat also |
| | obtained the Platinum LEED-EB (existing building) certification for its |
| | headquarters, located within the Montreal—Trudeau airport site. |
| | Air Transat was recognized as the Best Charter Airline for the fifth |
| | |
| | |
| | consecutive year at the Agents' Choice Awards, which represents the largest sampling of travel agents in Canada. The airline also received |



| | the Family Friendly Airline Award, which acknowledges carriers that |
|---------------------------|--|
| Transat | provide additional services and extra comfort to children & parents. |
| Transat Compensation Plan | Starting November 1 st , 2012, Transat will introduce a new compensation plan for clients affected by an advanced flight schedule change on all South, Florida and Europe flights, packages and cruises. This new policy applies to all bookings made with Transat Holidays, for Air Transat or CanJet flights. |
| | Applicable to schedule changes within 45 days of departure. Schedule change of 3 to 12 hours Transat will offer a \$50 voucher for future travel. |
| | Schedule change of 12 to 24 hours • Transat will offer a \$75 voucher for future travel. |
| | Schedule change of 24 hours or more and cancelled flights Clients can cancel their flight and are entitled to a full refund in the event of a schedule change of 24 hours or more. Transat will offer a \$50 voucher for future travel to clients who cancel. |
| | Transat will offer a \$100 voucher for future travel to clients who cancer. Transat will offer a \$100 voucher for future travel to clients who accept the date change. |
| | Clients who choose a product at a lower fare will be refunded the price difference, whereas clients who select a product at a higher fare will be required to pay the balance. |
| | Schedule change of 3 hours or less • No compensation will be offered to clients experiencing a schedule change that is delayed or advanced by 3 hours or less. |
| Transat Club Class | Enjoy exclusive privileges such as complimentary seat selection, wider, more comfortable leather seats, a choice of gourmet meals and fine wines, priority check-in, baggage service and boarding. Club Service |
| | Dedicated Club attendants |
| | Attentive, personalized service |
| | Exclusive, spacious Club cabin |
| | Drinks & SnacksWelcome cocktails |
| | Complimentary non-alcoholic drinks, snacks and bar service |
| | Club Privileges |
| | Increased baggage allowance |
| | 40 kg checked/15 kg carry-on |
| | Exclusive, rapid check-in counter in most airportsPriority boarding |
| | Practical travel items (on Europe flights) |



| | 1 |
|---------------------|--|
| | Free headsets |
| | Canadian newspapers |
| | Comfort & Refinement |
| | Wider, more comfortable leather seats |
| | More leg room |
| | Complimentary Seat Selection: call 1-877-872-6728 |
| | Choice of gourmet meals |
| | Choice of wine and more |
| Option Plus | This Economy class option includes many priority privileges and |
| | services including priority check-in, priority baggage handling, an extra |
| | 10kg baggage allowance and even champagne. Here's what you get: |
| | Advance seat selection on roundtrip flights |
| | Priority check-in at a dedicated counter |
| | Priority baggage handling |
| | Priority boarding |
| | Complete Air Transat travel kit on flights to European destinations |
| | Snacks from the On Board Bistro selection |
| | Alcoholic beverages during drinks service 200ml bottle of champagne |
| | (Sun and Europe) |
| | Supplementary baggage allowance up to 10 kg per flight segment** |
| | Wine or beer with the meal |
| | Headsets |
| | The cost is \$79-\$119 for southbound destinations and \$99-\$209 for |
| | European destinations as at September 2012 |
| Transat and | Transat recognizes the prime importance of the environment, host |
| Sustainable Tourism | communities, cultural diversity, and their relationships with their |
| | employees, customers and partners. Tourism has become one of the |
| | world's leading industries. Society and communities reap the benefits, |
| | and, each year, hundreds of millions of travellers discover new countries |
| | and cultures. Transat is firmly committed to the responsible development |
| | of the tourism industry, and has adopted the following definition of |
| | sustainable tourism: |
| | |
| | "Sustainable tourism entails respect for nature, as well as for host |
| | communities and their values; it combines positive socio-economic |
| | benefits for local populations with an enriching experience for travellers." |
| | The issue of the environment, as far as Transat's own facilities are |
| | concerned, is a clear and basic target. Their environment committees |
| | have implemented concrete initiatives with regard to recycling, |
| | conservation of resources, the disposal of obsolete electronic |
| | equipment, and raising employee awareness. Air Transat has begun |
| | developing an environmental management system that could lead to an |
| | ISO 14001 certification in the future. To find out more, consult the |
| | Transat and the Environment sections at their website: |
| | http://www.airtransat.ca/en/Info/the-environment-its-everyones-busines |



| | s.aspx?ExitID=69&ContentType=voyageur |
|----------------------------------|--|
| Gift Certificates | Here's your chance to make a loved one's dream come true. With Transat gift certificates you can offer the beauty, excitement, and wonders of the world: the South with its heavenly beaches and endless sunshine, or just a rental car. Transat gift certificates are valid on all Air Transat, Nolitours, or Transat Holidays products in our brochures. They can be redeemed at a travel agent's office at the time of reservation. To order your gift certificates call 1-800-322-6649. |
| 2012 Hurricane Policy | Nolitours and Transat Holidays provide you with true peace of mind. Vacationers can now travel secure in the knowledge that they will be protected should a hurricane affect their destination city in Florida, Mexico, the Caribbean or Central America. This Nolitours/Transat Holidays policy covers reservations for departures between June 1 and November 30, 2012 inclusive. If the conditions stipulated in the policy are met, clients may choose one of the four options listed below: |
| | 1. Travel at a later date Passengers who choose to travel at a later date can do so at no additional cost. Travel must be completed on or before December 13, 2012. The destination city, departure day, hotel and room category must remain the same. |
| | 2. Travel to another destination city Passengers who choose to travel to a different destination can do so by selecting another Transat Holidays destination that is not at risk of a hurricane. Travel must take place within four weeks of the original departure date. In the event the package price is higher than the original booking, the passenger will be responsible for paying the difference. |
| | 3. Travel to the booked destination city Passengers who want to travel to their initially booked destination may do so, provided Transat Holidays still serves that destination city on the scheduled departure date. No refund will be issued if this option is taken. |
| | 4. Cancel with a full refund Passengers who choose not to travel may cancel with a full refund (excluding travel insurance premiums already paid). |
| Transat Excursions in Punta Cana | ZIP LINE Soar like a bird over the treetops on the ten different zip-lines in an eco tourist park. The professional and knowledgeable guides will provide you with an unforgettable experience. |
| | BAVARO RUNNERS – SAFARI ADVENTURE |



Discover the Dominican countryside with its traditional villages, mountains and sugar cane plantations. Stops are scheduled for lunch and swimming. Experience the Dominican way of life. Unforgettable!

SWIM WITH THE DOLPHINS

A once-in-a-lifetime experience and a dream come true... Learn about these amazing mammals as you interact with them!

BUGGY EXCURSION

Drive your own dune buggy through the Dominican countryside, then stop off to relax or go for a swim. A day to remember!

SAONA CATAMARAN – MOTOR BOAT

Sail the crystal-clear Caribbean Sea on the catamaran cruise of your dreams. On the way back, experience a thrilling speedboat ride and go swimming in one of the world's most beautiful natural pools!

MARINARIUM

Swim with sharks and stingrays at this unique marine park, the only one of its kind in Punta Cana. A unique experience, not to be missed!

HORSEBACK RIDING

Enjoy a beautiful horseback ride on the beach.

SANTO DOMINGO

Enjoy a cultural and fascinating tour of the capital of the Dominican Republic, the oldest city in the Americas. Visit the first Cathedral of the New World, the Alcazar of Columbus, the Pantheon, the colonial city, and "Los Tres Ojos", the amazing underground caverns.

TROPICAL STORM FULL DAY

Go to a beautiful snorkelling area, enjoy a bath in the natural pool, have a nice lunch on the boat and learn how to dance the bachata and merengue! All this while sailing on a magnificent catamaran along the beautiful Bayaro coast.

TROPICAL STORM SUNSET

Enjoy a beautiful sunset cruise aboard a catamaran, bathe in a natural pool and finish up this magical evening with a lobster dinner in one of the most popular restaurants on the beach.

BUCANEROS – SPEED BOAT

Discover the beautiful turquoise waters aboard your own speed boat. This 3-hour tour will show you the best of this spectacular area.



DEEP-SEA FISHING

Did someone say fishing? We have everything you need for a private fishing trip or a shared charter excursion. An unforgettable experience!

HIGUEY SIGHTSEEING

Visit historic Higuey City, and marvel at magnificent Nuestra Señora de la Altadracia Basilica. Go souvenir shopping in local stores, and finish up this fascinating excursion with a visit to a rum factory located near a Taino cave.

ANIMAL ADVENTURE PARK

Come and visit this unique park, where you get to interact with animals. Become a trainer for a day and work with sea lions. Different animal shows are also available throughout the park.

QUAD EXCURSION

This tour will bring out the Indiana Jones in you. Drive your own four-wheeler on the beach and through some breathtaking scenery. Stop at a lovely beach for a refreshing swim. The tour guides will look after you every step of the way.

Transat Excursions in Riviera Maya

CHICHEN ITZA

Tour the capital of the Mayan Empire, one of the richest ancient cultures in the world. Built in 600 A.D., it was one of the most important ceremonial and religious centres in America. Test the acoustics in the ball court and see the well-preserved artifacts.

COBA MAYAN VILLAGE

The real Mexican tour! Discover the highest pyramid on the Yucatan Peninsula. Visit a small Mayan village and meet the inhabitants who will show you how they make chewing gum from tree resin.

SNORKELLING TOUR

This full-day tour will allow you to admire the underwater life of the second largest coral reef in the world. Enjoy lunch at a private beach club, then join in some activities or simply relax on a hammock.

ATV

Discover the Mayan jungle on your own ATV and experience the thrill of snorkeling in the crystal clear waters of a cenote. A day to remember!

CAPTAIN HOOK

All aboard – the adventure is about to begin! Enjoy a pirate show as you savour a lobster or steak dinner.



SIAN KAAN BIOSPHERE

Depart for the Sian Kaan biosphere. Your guide will take you along a dirt road so you can observe the biosphere's natural beauty. Then, return to Punta Allen, a small fishing village. Enjoy a leisurely boat ride. You'll have the opportunity to see dolphins, manta rays, lobsters, sea turtles and many different kinds of birds.

XPLOR

An all-inclusive adventure! XPLOR is a unique underground world, with activities that let you Xplore and rediscover nature. Come and enjoy zip lines, amphibious vehicles, underground rafts, and a stalactite river swim.

XEL-HA AND TULUM

Go swimming at Xel-Ha, one of the most beautiful natural aquariums in the entire Mayan Riviera, followed by a tour of Tulum, the only walled Mayan city. Enter the fortress on the west side of the ceremonial city, which still features ancient paintings.

ISLA MUJERES TOUR

Step aboard and sail the crystal clear waters of Isla Mujeres on a brand new 75 ft maxi catamaran. The friendly crew will guide you on an unforgettable sailing and snorkeling experience. Open bar and buffet included.

JUNGLE TOUR

Enjoy one of Transat's most popular and exciting tours. Pilot your own two-person speedboat through the mangroves before snorkeling at Punta Nizuc, part of the world's second-largest coral reef.

NIGHTCLUB TOUR

The fabulous and unique Party Hopper Tour offers 7 hours of open bar with national drinks. Cover and Express Pass (no waiting in line) at the most popular night clubs in Cancun.

RIO SECRETO

Discover the secrets of a real underground river, the longest and most spectacular in the region, and travel on a fantastic journey into a world of extraordinary beauty. A wonderful addition to your Tulum visit.

COBA MAYAN ADVENTURE

A day filled with excitement and adventure! Discover the Yucatan's tallest pyramid. Explore a Mayan village, walk through the jungle and go



rappelling, zip lining, swimming in cenotes and canoeing in fresh water lagoons, followed by a delicious traditional meal.

DEEP SEA FISHING

Go on an incredible journey as you live the world-famous deep sea fishing experience. Have a great catch and get the big ones: kingfish, barracuda, snapper, grouper, sailfish, mackerel, mahi-mahi and more. Catch & Release Policy is enforced by the Mexican Marine Fauna.

SWIM WITH DOLPHINS

Make your dreams come true! Get to know these wonderful mammals as you swim and play with them in the water.

JUNGLE MAYA

Discover the world's longest underground river, before snorkeling in the Nohoch Nah Chiich cavern. Then ride through the rain forest in an all-terrain Mercedes Benz Unimogs to Yaxmuul, a unique natural pool. At Kantenah Natural Reserve go rappelling down a beautiful cenote and zip line over jungle foliage. Then, participate in a traditional Mayan purification ceremony

Special Deals with Melia International

Transat currently has some very special deals at the Paradisus resorts this winter:

- Early booking deals of up to 1180 per couple per week
- Free honeymoon packages

Check out their website at www.TransatHolidays.com for latest deals.

DOMINICAN REPUBLIC

The Dominican Republic is a great destination with a number of different resorts for you to choose between.

For relaxing and "fun in the sun" - **Punta Cana** has crystal seas, vast stretches of white sands and first class golf. Most travelers come to this region because its beaches are among the most beautiful in the country, if not the entire Caribbean. The big hotel complexes in Playa Macao, Playa Bavaro and Punta Cana all organize activities. Their prime locations mean that guests can enjoy scuba diving, snorkelling, sailing, windsurfing, horseback riding and many other sports, including tennis. There are two golf courses in the region.



Puerto Plata has a renewed buzz with new resorts, ramped up nightlife and fabulous windsurfing and water sports. The Dominican Republic and Nolitours have joined forces to create the It Zone in Puerto Plata. It is the place to be this year! Designed for people who expect more than just sun and sand on their vacation, it's a destination for people who want to have fun! Beyond the fabulous beaches and great resorts, you'll be able to immerse yourself in the local culture, get into the Dominican beat and enjoy a host of activities open to everyone. It's a great place to kick back and meet new people!

Blend the Caribbean with art and culture in **Romana**. Altos de Chavón, located to the east of La Romana, is a surprisingly beautiful reconstruction of a late 14th century Italian village. It was built by ambitious entrepreneurs to create a major tourist attraction in the region. This replica is faithful in many ways to the original village, due to its incredible attention to detail.

The historic, cosmopolitan capital of **Santo Domingo** is the oldest city in the Americas. It mixes the stately grandeur of colonial architecture with glamourous casinos and nightclubs. A stroll through the streets is pleasant and requires little effort, the buildings all being set in a relatively limited perimeter. Visit the magnificent Catedral Santa María de la Encarnacíon, constructed during the 1540s, the Alcazar of Columbus and many other beautiful buildings in the old city. It's like a walk through time.

Nolitours and sister company Transat Holidays have weekly flights and many excursions to help you discover The Dominican Republic and its culture.

Explore the website at: www.godominicanrepublic.com

Choosing Between the Different Destinations Within Dominican Republic

Promotion of DR resorts such as Punta Cana has brought that resort's beaches into frequent comparisons to those of Puerto Plata. So here's your choice: Puerto Plata lies on the more verdant, and rainier, north shore of the island; Punta Cana lies on the dustier, somewhat drier southeastern tip. Instead of the tranquil Caribbean Sea, the beaches of Puerto Plata face the Atlantic Ocean, which means that waters can be more turbulent, especially in the winter months. Rainfall in Puerto Plata, when it comes, arrives suddenly, but doesn't last long. And it keeps the landscape green. Puerto Plata's beaches aren't as wide as some of those in Punta Cana, but recent improvement of the beaches in Puerto Plata has done a lot to even out the equation. However the beaches of Punta Cana truly deserve their worldwide reputation.



| | Staff at hotels in Puerto Plata tend to have been born and raised within the region, and they usually retain cultural links to the region and to their families. Staff within hotels in Punta Cana tend to have moved recently from other parts of the island, and some of them seem a little uprooted. Puerto Plata maintains an urbanized feel, and an economy based on something in addition to tourism, whereas newer communities like Punta Cana and Samana are basically modern communities carved from what was wilderness or scrubland, with none of the feelings of urban life that are so deeply engrained within the Dominican consciousness. Each region has advantages and it's great to have the choice of different styles of vacation. |
|-----------|---|
| Location | In the heart of the Caribbean archipelago - nestled amid Cuba, Jamaica, and Puerto Rico - the island of Hispaniola (Little Spain) is divided between Haiti, on the westernmost third of the island, and the Dominican Republic, which has a lush landmass about the size of Vermont and New Hampshire combined. In the Dominican interior, the fertile Valley of Cibao (rich sugar-cane country) ends its upward sweep at Pico Duarte, the highest mountain peak in the West Indies, which soars to 3,125m (10,250 ft.). Much of what Columbus first sighted still remains in a natural, unspoiled condition. One-third of the Dominican Republic's 1,401km coastline is devoted to beaches of which the most celebrated are those around Punta Cana, which lies in the east of the country. |
| Geography | The mountains of the Dominican Republic divide the country into northern, central, and southwestern regions. The northern region includes the Cordillera Septentrional (northern mountain range), the Cibao Valley, which is the country's major agricultural area; and the tropical Samaná Peninsula with its coconut plantations and bay, where humpback whales breed. The central region is dominated by the Cordillera Central (central range) which ends at the Caribbean Sea. The highest point in the Caribbean is Pico Duarte, which reaches an elevation of over 10,414 feet (3,175 meters) and has alpine forests near the summit. The Caribbean coastal plain includes a series of limestone terraces that gradually rise to a height of about 328 feet (100 meters) and has sugarcane plantations. The southwestern region lies south of the Valle de San Juan and encompasses the Sierra de Neiba. Much of the region is a desert and it includes Lake Enriquillo, the island's largest lake. Lake Enriquillo is a saltwater lake that lies 150 feet (46 meters) below sea level and is inhabited by unique fauna, including crocodiles, huge iguanas, and flamingos. |
| Name | Hispaniola was named "Little Spain" by Colombus. After various attempts to plant colonies along the northern coast of the island, Spain's first permanent colony, Santo Domingo, was founded and named after |



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| | the patron saint Dominic. |
| | On February 27, 1844, after various Spanish, French and Haitian rules, |
| | revolutionaries which sought the complete independence of Santo |
| | Domingo without foreign intervention, declared independence from Haiti |
| | thus founding "La Republica Dominicana" (The Dominican Republic). |
| | The residents of Eastern Hispaniola, throughout most their history, were |
| | called "Dominicanos" (Dominicans), which is the adjective form of |
| | "Domingo" (taken the name of the original colony "Santo Domingo"), |
| | causing the revolutionaries to name their newly independent country "La |
| | República Dominicana". |
| Population | Approximately 9.2 million |
| Language | The official language is Spanish; many people also speak some English. |
| Currency | The Dominican monetary unit is the peso (RD\$), made up of 100 |
| | centavos. Coin denominations are 1, 5, 10, 25, and 50 centavos, 1 peso, |
| | and 5 pesos. Bill denominations are RD\$5, RD\$10, RD\$20, RD\$50, |
| | RD\$100, RD\$500, RD\$1,000, and RD\$2,000. Price quotations in this |
| | section sometimes appear in U.S. and sometimes in Dominican |
| | currency, depending on the policy of the establishment. Currently, 39 |
| | pesos = Cdn \$ at September 1 st 2012. |
| Tipping | Most restaurants and hotels add a 10% service charge to your check. |
| | Most people usually add 5% to 10% more, especially if the service has |
| | been good. |
| Government | Representative democracy with Presidents elected for a 4 year term |
| | Although the DR has long been viewed primarily as an exporter of sugar, |
| | coffee, and tobacco, in recent years the service sector has overtaken |
| | agriculture as the economy's largest employer due to growth in tourism |
| Documentation | Canadians traveling to the Dominican Republic require a valid |
| | Canadian passport from April 2012. You will also require tourist card |
| | which will be provided on the aircraft during your southbound flight. |
| | Minors (under the age of 18) being nationals of Canada in addition to the |
| | above documentation requirements must: if traveling as an |
| | unaccompanied minor or with an adult other than a parent or legal |
| | guardian must hold a permit issued by the Consulate of Dominican |
| | Republic in Canada or the Director General's Office of Immigration in |
| | Santo Domingo, Dominican Republic to leave the country of Dominican |
| | Republic. Baptismal Certificates are not acceptable as a birth certificate, |
| | nor are birth certificates issued in Quebec prior to January 1, 1994. |
| | Please contact the Consulate of Dominican Republic for more |
| | information. |
| Time zone | One hour ahead of EST |
| Health | Stick to bottled water outside of the main resorts. |
| Hount | Consult your doctor about Malaria and Dengue Fever – very unlikely |
| | threat to tourists but you may want to additionally protect yourself |
| | |
| | anyway. |



| Safety tips | Safety is still a concern in the Dominican Republic, but it shouldn't |
|-------------|--|
| | dissuade you from planning a vacation here. Crime consists primarily of |
| | theft, robberies, and muggings, and most of it is limited to certain areas |
| | of Santo Domingo and the night hours. There is a low incidence of |
| | violent crime against tourists, however. Follow some simple |
| | common-sense rules, and you'll be fine. |

| CLIMATE | |
|--------------------|--|
| General climate | The average temperature is 25°C. August is the warmest month, and January the coolest month, although even then it's warm enough to swim. |
| Today's weather | 31 degrees Centigrade and sunny in Punta Cana for 8 th Sept 2012 |
| Best time to visit | The DR is a year-round destination, but with special attraction to Canadians during the cold winter months! Hurricane season is generally September and October, but you would be very unlucky indeed to experience one of these storms. |

| GETTING THERE | There are daily flights to Punta Cana from Canada. |
|----------------------|---|
| Flying time | It's just over a 4 hour flight from Toronto or Montreal with Air Transat. There is a departure tax of US\$20 which must be paid in U.S. currency as at September 2012. |
| Punta Cana | On the easternmost tip of the island is Punta Cana, site of several major vacation developments with more scheduled to arrive in the near future. Known for its spectacular beaches and clear waters, Punta Cana is an escapist's dream. Its 32km of white sands, set against a backdrop of swaying palm trees, are unrivaled in the Caribbean, and that's the chief and perhaps only reason to come here. Many Europeans (especially Spaniards) rushed to take advantage of Punta Cana's desirable climate - within one of the most arid landscapes in the Caribbean; it rarely rains during daylight hours. Capitalizing on cheap land and the virtually insatiable desire of Europeans for sunny holidays during the depths of winter, a half-dozen European hotel chains participated in something akin to a land rush, acquiring large tracts of sugar-cane plantations and pastureland. Today, at least a dozen mega-hotels, most with no fewer than 500 rooms, some with even more, attract a clientele that's about 70% European or Latin American. Some of them have some of the most lavish beach and pool facilities in the Caribbean, spectacular gardens, and relatively new concepts in architecture (focusing on postmodern interplays between indoor and outdoor spaces). If you choose to vacation in Punta Cana, you won't be alone, as increasing numbers of Latino celebrities are making inroads, usually renting private villas within private compounds. Julio Iglesias and celebrity designer Oscar de la Renta both spend time here. |



| Santo Domingo | Santo Domingo is one of the Caribbean's most vibrant cities, with a 12-block Colonial Zone to rival that of Old San Juan in Puerto Rico. Come here to walk in the footsteps of Cortés, Ponce de León, and, of course, Columbus himself. Allow at least a day to capture some of the highlights of the old city such as its Alcazar and its Catedral Santa Maria la Menor. |
|---------------|--|
| | Bartholomeo Columbus, brother of Christopher, founded the city of New |
| | Isabella (later renamed Santo Domingo) on the southeastern Caribbean |
| | coast in 1496. It's the oldest city in the New World and the capital of the |
| | Dominican Republic. Santo Domingo has had a long, sometimes glorious, more often sad, history. At the peak of its power, Diego de |
| | Velázquez sailed from here to settle Cuba, Ponce de León went forth to |
| | conquer and settle Puerto Rico and Florida, and Cortés set out for |
| | Mexico. The city today still reflects its long history - French, Haitian, and |
| | especially Spanish. |
| Distances | Santo Domingo to Puerto Plata: 235km; to La Romana: 130km; to Punta |
| Ferries | Cana: 225km; to La Samana: 320km |
| reilles | Shuttle boats to Cayo Levantado from Samana Also ferry to Sabana de la Mar across Samana Bay |
| Trains | There is no passenger train service in the DR |
| Car Rental | The best way to see the Dominican Republic is to drive or to take |
| | excursions with your vacation company. Motorists drive on the right |
| | here. Although major highways are relatively smooth, the country's |
| | secondary roads, especially those in the east, are riddled with potholes |
| | and ruts. Roads also tend to be badly lit and poorly marked in both the |
| | city and the countryside. Drive carefully and give yourself plenty of time |
| | when traveling between island destinations. |
| | For reservations and more information, call the rental companies at least a week before your departure: Avis (tel. 800/331-1212 in the U.S. and |
| | Canada, or 809/535-7191; <u>www.avis.com</u>), Budget (tel. 800/527-0700 |
| | in the U.S. and Canada, or 809/549-0351; www.budget.com), and Hertz |
| | (tel. 800/654-3131 in the U.S. and Canada, or 809/221-5333; |
| | www.hertz.com) all operate in the Dominican Republic. All three have |
| | offices at the Santo Domingo and Puerto Plata airports, as well as in |
| | downtown Santo Domingo. Avis and Hertz also have offices in La |
| Busse | Romana and in Punta Cana. |
| Buses | Públicos are unmetered multipassenger taxis that travel along main |
| | thoroughfares, stopping often to pick up people waving from the side of the street. A público is marked by a white seal on the front door. You |
| | must tell the driver your destination when you're picked up to make sure |
| | the público is going there. A ride is usually RD\$5 (15¢). The minimum |
| | fare is RD\$3 (10¢). |
| | Public buses, often in the form of minivans or panel trucks, are called |
| | guaguas (pronounced gwa-gwas). For about the same price, they |



| provide the same service as públicos, but they're generally more |
|--|
| crowded. Larger buses provide service outside the towns. |

| ACCOMMODATION | Transat Holidays and Nolitours feature the widest range of hotels and |
|---------------|---|
| TYPES | resorts in the DR, from value 3 star to all-singing, all-dancing 5 star |
| | resorts. |

| LIFESTYLES | |
|------------|--|
| Kids | Acuario Nacional, Santo Domingo Phone: (809) 766-1709 Open from Tuesday to Sunday from 9:30am to 5:30 pm. Bordering the Carribean Sea, the national aquarium offers visitors a glimpse of the Caribbean's diverse, colorful sea life. The aquarium's Plexiglas tunnel surrounds spectators with water, sharks, rays and conger eels. A variety of colorful fish swim throughout the tunnel, while exhibits explain different types of marine environments. Manati Park, Bavaro, Punta Cana Phone: (809) 221-9444 Website: www.manatipark.com |
| | Manati Theme Park focuses on nature, animals and the history of the Dominican Republic. Located in Bavaro-Punta Cana, the park is centered on an incredible landscape of magnificent gardens abundant with orchids and tropical plants. This park is a huge hit with kids as it encourages them, with the assistance of professionals, to hold non-poisonous snakes and play in a pool with dolphins. |
| | Parque Zoologico Nacional, Santo Domingo Phone: (809) 562-3149. http://www.zoodom.gov.do Open Tuesday to Sunday, 9am to 5pm Located north of Santo Domingo, Pargue Zoologico is one of the largest zoos in Latin America. The 320-acre park provides guests with the opportunity to see intriguing animals like tigers, chimps and hyenas, while also offering glimpses of crocodiles, flamingos and nocturnal anteaters. Whether children are discovering creatures in the large landscaped grounds or going for a ride on the shuttle train, they're sure to enjoy their visit to Santo Domingo's National Zoo. |
| Teens | Islabon Jungle River Tour, North Coast Phone: (809) 248-2818 Located about three miles east of Cabarete, the Islabon Jungle River Tour allows kids to explore the Islabon river area by boat and walk through jungle trails to a mini zoo that includes iguanas, snakes, turtles, ravens and North American crocodiles. The tour includes an informative chat about the nature found in the area. |



| | Monster Truck Safari, Punta Cana Phone: (809) 244-4060 This full-day adventure tour allows participants to experience the diversity and beauty of the Dominican countryside in a fun, comfortable and safe environment. Holding approximately (28 people for small jeeps, and 32 for large), the large eight-wheel drive safari jeeps are driven by professionals on a variety of terrain. Participants are seated up high to ensure an exceptional view of the countryside and will be covered in case of rain. Various stops throughout the day offer a glimpse of true Dominican culture and life. |
|-----------------------|---|
| Romance | Lush tropical forests, rolling mountains and long deserted beaches – perfect! |
| Honeymoons & Weddings | Transat and Nolitours can help you arrange weddings, honeymoons and vow renewals in the Dominican Republic. Let them know through your travel agent. |
| Seniors | Endless beaches, excellent resorts and accessible tours to the countryside make this an excellent choice for the older vacationer. |
| UNIQUES | Usually starting in January and lasting until late March , Samana's humpback whales return every year to these tropical waters. Tours originate from Samana and Las Galeras (and several bayside locations in between) and from Las Terrenas. Whale-watching as a local tourist industry was begun in the 1980s by Kim Beddall, then an itinerant scuba instructor with no formal training as a marine biologist – although she's since been instrumental in the implementation of a code of conduct for whale-watch boats. Beddall still runs excellent whale best tours through her Whale Samaná Vietoria |

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| | runs excellent whale boat tours through her Whale Samaná/Victoria |
| | Marine operation, Malecón (\$45) that allow you to get an up-close look at |
| | the humpbacks; sitings are guaranteed in season |
| Surprising | Larimar: is a rare blue variety of pectolite found only in the Dominican |
| | Republic. Its colouration varies from white, light-blue, green-blue to deep |
| | blue. In 1916 Father Miguel Domingo Fuertes Loren found the first gems |
| | but it wasn't until 1974, that Miguel Méndez and Peace Corps volunteer |
| | Norman Rilling rediscovered Larimar on a beach at the foot of the |
| | Bahoruco Range, in the coastal province of Barahona in southwest DR. |
| | There is a Larimar Museum in Santo Domingo: Isabel La Catolica |
| | Street no.54, Zona Zolonial-Santo Domingo. Tel: 809-682-3309 Hours: |
| | 9:00AM - 6:00PM. http://www.larimarmuseum.com |
| History | For at least 5,000 years before Christopher Columbus discovered |
| Thistory | America for the Europeans the island was inhabited by Amer-Indians. |
| | Anthropologists have traced multiple waves of indigenous immigration |
| | from two principle places. Some of the early Amer-Indians came from |
| | Central America (probably Yucatan and/or Belize) and some came from |
| | " , |
| | South America, descendants of the Arawakan Indians in Amazonia, |



many of whom passed through the Orinocco Valley in Venezuela. It is from the blending of these waves of indigenous immigrants that the Taíno Indians, the people who welcomed Columbus on his arrival, are believed to have originated.

The Dominican Republic was discovered on December 5, 1492, by Christopher Columbus during his first voyage to the New World. At that time the island of Hispaniola (as Columbus named it) was called "Quisqueya" by the Taino Indians who occupied the land. With a population estimated around 600,000, the Tainos (meaning "the good") were peaceful and hospitable to Columbus and his crew of Spaniards. Columbus himself grew a particular fondness for Hispaniola, describing it in his journal as "a beautiful island paradise with high forested mountains and large river valleys."

Columbus' admiration for Hispaniola coupled with his crew's discovery of gold deposits in the island's rivers led to the establishment of European settlements, the first of which was founded in 1493 in La Isabela. With the presence of new settlements, the Taino Indians were put into slavery and over the next 25 year, were eventually wiped out. Simultaneously, the settlers began bringing African slaves to the island to ensure adequate labor for their plantations.

Columbus' brother, Bartholomew, was appointed governor of Hispaniola and in 1496 he founded the city of Santo Domingo. The capital city quickly became the representative seat of the Spanish royal court and therefore, a city of power and much influence. However, by 1515 the Spaniards realized the gold deposits of Hispaniola had significantly dwindled. Around this time Herman Cortes discovered silver deposits in Mexico. Upon hearing this news, most Spanish residents of Santo Domingo left for Mexico, leaving only a few thousand settlers behind. Because of the predominance of livestock, initially introduced by Columbus, these settlers sustained themselves by providing food and leather to Spanish ships passing Hispaniola on their way to the richer colonies on the American mainland. It is during this period of time that the pirates of the Caribbean made history.

The island of Hispaniola remained under Spanish control until 1697 when the western third of the island became a French possession. (In 1804, the western part of the island became the Republic of Haiti.) This area, which the French called "Saint Domingue" became the richest colony in the world thanks to large sugar plantations which were worked by hundreds of thousands of slaves imported from Africa. In 1791 a slave revolt broke out in Saint Domingue. For fear of losing their colony



to the slaves, the French abolished slavery in 1794. With calm in Saint Domingue, the French were able to focus on overwhelming the Spanish on the island's eastern side, who later surrendered power.

In 1809 the eastern side of the island returned to Spanish rule. In 1821 the Spanish settlers declared an independent state but just weeks later, Haitian forces invaded the eastern portion of the island and incorporated Santo Domingo. For the next 22 years the entire island came under Haitian control. However, fueled by their loss of political and economic control, the former Spanish ruling class developed an underground resistance group led by Juan Pablo Duarte called "La Trinitaria." After several attacks by La Trinitaria on the Haitian army, the Haitians retreated. On February 27, 1844, the eastern side of the island declared independence and gave their land the name "Dominican Republic."

The 70 years that followed were characterized by political unrest and civil war, mainly due to fights for leadership of the government by Dominican strongmen. Disputes continued with Haiti and power returned to the Spanish for a short period of time (Restoration Day celebrates the day that a national war of "restoration" began, re-establishing the Dominican Republic's independence by 1865). Turmoil in the early 1900's led the United States to intervene. In 1916 U.S. troops occupied the country and stayed until 1924 when a democratically elected Dominican government was put into place. However, the head of the army that was put into place during the American occupation, Raphael Leonidas Trujilo, used his power to block government reform and shortly thereafter, took total control of power in the form of a repressive dictatorship. His rule lasted until 1961 when his motorcade was ambushed and he was killed. (The anniversary of his death is a public holiday in the Dominican Republic.)

Following Trujilo's death, political unrest again prevailed. The Dominican Republic went through a series of leaders until 1965 when Lyndon B. Johnson ordered the U.S. marines to again occupy the country. A rigged election in 1966 put Dr. Joaquin Balaguer, a member of the Partido Reformista Social Cristiano (PRSC), in power for a reign that lasted until 1978 when Dominicans elected Antonio Guzman, also of the PRD. Guzman died in 1982 at which time Dominicans elected another member of the D.R.P. In 1986 Balaguer was again elected, this time legitimately, and remained president until 1996 when President Leonel Fernandez (of the Party of the Dominican Liberation or PLD.) was elected. He served for four years and was replaced by Hipolito Mejia in 2000. Today's Leonel Fernandez is again president.



| Books | Frommer's Caribbean 2013 |
|--------------------|--|
| BOOKS | |
| | Frommer's Portable Dominican Republic is a useful, pocket-sized |
| | guide to the resorts in the DR |
| | An Adventure Guide to the Dominican Republic by Harry Pariser |
| | See also an article I have written for one of the airline in-flight |
| | magazines: |
| 1000 51 | http://www.chrisrobinsontravelshow.ca/travelarticles/TA_Dominican.pdf |
| 1000 Places to see | Casa de Campo near La Romana – one of the world's best golf and |
| before you die | sporting destinations |
| UNESCO World | Santo Domingo |
| Heritage Site | After Christopher Columbus's arrival on the island in 1492, Santo |
| | Domingo became the site of the first cathedral, hospital, customs house |
| | and university in the Americas. This colonial town, founded in 1498, was |
| | laid out on a grid pattern that became the model for almost all town |
| | planners in the New World. |
| Must See | Altos de Chavon, is an architectural wonder, a 16th century replica of a |
| | Mediterranean village perched high above the Chavón River, near Casa |
| | de Campo. The village was designed by Dominican architect Jose |
| | Antonio Caro, and created by Italian master designer and |
| | cinematographer Roberto Coppa. Dominican artisans handcrafted the |
| | stone pathways, decorative ironwork, furniture and enchanting buildings, |
| | reviving almost forgotten crafts of metal work and stone carving. Under |
| | Coppa's direction, each stone was hand cut, each wooden door frame |
| | was handcrafted and each wrought-iron detail hand-forged. |
| | Construction of the village began in 1976 and the village was |
| | inaugurated in 1982 with the concert of Frank Sinatra at the |
| | amphitheatre. |
| | Altos de Chavon was built as a centre of culture for the Dominican |
| | people. Dominican residents, tourists and working artists, flock to this |
| | magically inspirational locale. |
| | Stroll along cobblestone streets and enjoy the architectural grandeur of |
| | days gone by as you take in the detailed, amazing quality craftsmanship |
| | of yesteryear. Quaint shops, boutiques, art galleries, fine restaurants |
| | and an archeological museum are just a sampling of the world that |
| | awaits atop the picturesque cliffs of Casa de Campo. |
| | Today, this amazing village is the site of many fine restaurants, |
| | boutiques, museums and the Altos de Chavon School of Design |
| | affiliated with Parson's School of Design in New York. |
| <u> </u> | |

SPORTS ACTIVITIES - Baseball

Back in 1866, American sailors stationed on the island of Cuba taught natives the rules of the game of **baseball**. Following the Ten Years' War (also known as the Big War) in Cuba, baseball migrated to the Dominican Republic along with Cubans who were fleeing their country. Quickly nicknamed "beisbol" by the Dominican people, the sport was



rapidly learned and became a passion. Today, traveling from one side of the country to the other presents national scores of baseball fields and stadiums, attesting to the Dominicans' love for the game.

The sport first turned competitive in the 1920s when baseball games began being played against neighboring countries. This competitiveness encouraged the establishment of the Dominican Baseball League. Four baseball teams were formed: Tigres del Licey and Leones del Escogido, both from Santo Domingo, Estrellas Orientales of San Pedro and the Las Aguilos Cibaeñas in Santiago. The popularity of professional baseball in the Dominican Republic ascended throughout the following years, but came to a halt in 1937 due to a financial downturn in the country. Meanwhile, amateur baseball evolved with Dominican teams competing with those from the U.S. and other Caribbean countries. The hiatus finally ended in 1951 with the return of professional baseball. Dominicans' idea of hosting amateur baseball in the summer and professional baseball during the winter months was generated, therefore giving the Caribbean the "home of winter baseball" title.

Today there are two additional teams in the country's professional baseball league: the Azucareros del Este from La Romana and the Gigantes del Cibao. Each season extends from the end of October through February, with the winner advancing to the Caribbean Series. At the series, the winning team of the Dominican Republic league plays against the champions of the Mexican, Venezuelan and Puerto Rican leagues.

Golf

The baseball season in the DR is **October to February** each year.

Punta Cana has 12 professional golf courses, from designers such as Jack Nicklaus, P.B. Dye, Tom Fazio, Nick Faldo and Nick Price. Punta Espada, along with Teeth of the Dog in Casa de Campo figure among the very first 50 best golf courses in the world.

The Bávaro Golf Course, at Barcelo Bávaro Beach, Golf & Casino Resort, Bávaro Beach (tel. 809/686-5797), is the best golf course on this end of the island, and bears the honor of being the golf course whose allure helped open the eastern DR to the tourist boom. Greens fees are RD\$1,920 for 18 holes, with cart rentals going for RD\$1,440. Guests of the hotel pay only 50% of greens fees. Open daily 7am to 5pm.

Punta Cana Golf Club. Fronting the sea, it was designed by P. B. Dye of the famous golfing family. Fourteen of its holes open onto panoramic views of the Caribbean Sea, and four play along the ocean itself. For 18 holes, hotel guests pay RD\$3,520, and non-guests are charged RD\$4,800. In summer, greens fees are reduced to RD\$2,144 for hotel guests, RD\$2,944 for non-guests.



| Fishing | Sea fishing is great in all the resorts for Marlin, sailfish, benito, tarpon, dorado, snook You can arrange freshwater river-fishing trips through Casa de Campo in |
|--------------|---|
| | the south. Some of the biggest snook ever recorded have been caught around here. A 3-hour tour costs RD\$868 (\$31) per person, and includes tackle, bait, and soft drinks. |
| Horse riding | Within Punta Cana , the guest services staff at your hotel can arrange horseback riding for you, but if they can't, consider an equestrian jaunt at the region's biggest stables. These are headquartered at Rancho RN-23, Arena Gorda (tel. 809/747-7356 or 7538). It supervises as many as 125 horses that are stabled at three separate "ranches," each within a reasonable distance of one another. For RD\$1,800 (\$54) an hour, you'll be guided on equestrian tours through groves of coconut palms near the beach and, in most cases, onto the beach itself. To reach it, you'll follow some clearly marked signs 3km through some of the wildest terrain left in Punta Cana, down winding sandy paths to a series of palm groves, to the site of these stables. |
| Hiking | In the National Park and along the endless beaches the walks are superb. For a special hike, there's a three day guided hike up Pico Duarte , the highest mountain in the Caribbean. There is a well-maintained system of trails leading up to the summit, with trailheads at several locations. The easiest access is from the town of La Ciénega, near Jarabacoa. The trail is 23.1 km to the summit, with a total elevation change of 1,977 meters, and a shelter 5 km away from the summit. Tourist-friendly travel agencies in the town of Jarabacoa can help arrange trips from this trailhead, using mules in their employ to help lug food, sleeping bags and supplies for the overnight stay in the shelter. A few fresh water springs labeled "Potable" are along the trail, but water filters or purifying tablets are recommended. The vast majority of hikers travel by this route. For the more adventurous, there is another trailhead northwest of the town of San Juan de la Maguana. These four-day (three night) trips that end at the Ciénaga trailhead (or, for an extra day of hiking, back at the starting location) are run entirely by local Dominicans who cook the food you provide and help you camp along the way. Each night is spent in well maintained shelters, and due to the distance traveled, riding by mule-back is strongly encouraged. Far off the beaten path, it is highly unlikely that there will be anyone else on the trail until you merge with the trail from La Ciénaga. According to Dominican Park Service representatives in La Cienaga, |
| | while approximately 1,000 hikers visit Pico Duarte during each of the months of December and January, only about 10 to 15 people a day hike the mountain during off-season months. |



| Cycling | The coast road is good biking terrain, but the roads are pot-holed and this is not ideal biking country! |
|---------|--|
| Diving | There are diving opportunities with fully qualified operations in all the major resort areas of the country. |

| CULTURE | |
|---------|--|
| Arts | Dominican paintings are primitive, colourful and affordable. |
| Music | Passing through the streets of the Dominican Republic visitors are sure to notice the handmade posters that hang from telephone poles promoting an upcoming merengue or bachata night at a nearby venue. Continue walking and it doesn't take long to realize that music acts as the soundtrack of the country and its people, often heard blaring from vehicles, stores, restaurants and houses. After sunset, the pulsing beats fill the air with life and draw locals and tourists alike toward the crowded dance floors of the world's hottest night clubs. A way of life on the island, Dominicans view dancing as an art and take pride in sharing their native movements with others. Salsa, Latin jazz and other types of dance music can be heard in the country, but are not as popular as their beloved merengue and bachata counterparts. |
| | Merengue The country's national dance, traditional merengue groups are comprised of a three-piece band including a melodeon (accordion-like instrument), a guira (a scraped percussion piece) and a tambora (double-headed drum); however, it has expanded to incorporate other instruments such as the saxophone, trumpets, violin, flute and piano. Its tempo is characterized by an aggressive beat, requiring its dancers to swing their hips in rapid, fluid motions and make sure their feet follow suit. Early merengue's lyrics were based on sexual encounters and other socially taboo subjects, thus preventing it from becoming widely accepted. Today, merengue's lyrics cover more general topics including politics and current events. Its music has become so popular, in fact, that it is honored with two regional festivals each year. |
| Films | Cayo Levantado on the peninsula of Samana, is the original Bacardi Island photographed in the 1970s rum campaign |
| Museums | Museo del Hombre Dominicano, Santo Domingo The finest collection in the Caribbean of the artifacts of the pre-Columbian peoples, including the Taíno Indians. This is, in fact, the most important collection in the world of the Taínos, who greeted Columbus in 1492, little knowing the horrible fate that awaited them, including disease, slavery, and ultimately death at the hands of these strange visitors from another world. Thousands of magnificently sculpted ceramic, bone, and shell works are on display, along with grinding stones, carved necklaces, axes, and pottery. One section is devoted to the conquest of the West Indies, focusing on the pain suffered by the |



slaves under the domination of the Spanish. The life of the peasant is brilliantly depicted, including a typical country house that has been reconstructed in the museum. The exhibits are a pastiche of African, Taíno, and Spanish cultures, all of which went to influence Dominican life today. There's a little bit of everything here, even the "throne car" that the pope rode through the streets of Santo Domingo on a 1979 visit. One festive section depicts carnival costumes from around the island.

At the southern end of the Plaza Espana in Santo Domingo is **the Museo de las Casas Reales**, built between 1503 and 1520, was the administrative centre of the West Indies, housing the Royal Court, Treasury and Office of the Governor. Inside, the museum's rather hodgepodge collection includes a few Taíno artefacts, Spanish navigational instruments, and an armoury donated by Trujillo with examples of weaponry used here since Columbus. Opposite the Casas Reales is the Alcazar de Colón, the fortified palace of the Columbus family, built by Diego from 1511 to 1515.

Amber Museum: Puerto Plata

You can see a collection of rare amber specimens at the Museo de Ambar Dominicano (Museum of Dominican Amber), Calle Duarte 61 (tel. 809/586-2848; www.ambermuseum.com), near Puerto Plata's Central Park. Look out for the piece of amber with a perfectly preserved lizard inside! It's open Monday to Friday 8am to 6pm, Saturday 9am to 5pm. Guided tours in English are offered. Admission is RD\$40 or RD\$7 for children.

Festivals

Dominican Republic Jazz Festival: Nov in Cabarete
The Dominican Republic is world-renowned for merengue so it is no
surprise that the annual Dominican Republic Jazz Festival attracts a
line-up of Latin jazz performers. Concerts are held at Cabarete beach
and the Gran Teatro del Cibao in Santiago.
http://www.driazzfestival.com

Carnival is held in late Feb – Diablo Conjuelo costumes, singing, dancing, every weekend in February.

Merengue festivals: July in Santo Domingo – a musical blowout; Oct in Puerto Plata on the Malecon.

Las Nochas de Vela: The night of the prayer festival on Jan 21 is a mix of Catholic and African religious festivities.

| ATTRACTIONS | |
|-------------|---|
| Beaches | The 30km beach in Punta Cana is more or less continuous and is a |



perfect blaze of dazzling fine white sand backed by towering palm trees. Often rated as one of the finest beaches in the world, it is the reason why Punta Cana is here. The two ends of this huge beach are Punta Cana and Bavaro which are often combined and called 'Costa del Coco' – The Coconut Coast.

It was the beaches of the Dominican Republic's **north coast** that originally put the country on the world's tourist map, and in 2006, the Dominican government pumped hundreds of thousands of tons of sand from deeper offshore waters onto **Playa Dorada's** beaches, restoring them to wide, expansive stretches of pale amber-colored sands. The beaches all along the north shore are collectively known as the "Amber Coast" because of their color and because of the rich deposits of amber that have been discovered here. Many concession stands along the beach rent water sports equipment.

Don't expect Robinson Crusoe-style isolation at Playa Dorada; you'll rarely, if ever, be alone on a stretch of beach in Puerto Plata. But if you enjoy beige sand that's rarely too hot to walk on, and a seemingly never-ending array of water sports kiosks and chaise longues, as well as an occasional loudspeaker projecting merengue music, you'll be happy here.

Lying 5km west of Puerto Plata is a gorgeous beach, **Playa Cofresi**, set against a backdrop of all-inclusive hotels and some vacation villas that started to be built here in the 1990s. Although you can find plenty of space on this beach on weekdays, it comes alive on Sunday when several hundred local Dominican families descend from the hinterlands for fun, food, and sun.

Another good choice in the area, **Playa Luperon** lies about an 80-minute drive to the west of Puerto Plata. This is a wide beach of powdery white sand, set amid palm trees that provide wonderful shade when the noonday sun grows too fierce. It's more ideal for windsurfing, scuba diving, and snorkeling than for general swimming. Various water sports concessions can be found here, along with several snack bars.

Playa Bonita, in the Samana area, has 13km of uninterrupted beach that begins just west of Playa Las Ballenas, and boasts the kind of powdery white sand you might expect to see only in tourist brochures. From Playa Bonita's entrance, a sand road provides access for four-wheel-drives and motorbikes, past a beachfront populated at most by a few small groups of people taking advantage of the isolation to swim or sunbathe naked, until, after 6km, you reach Playa Cosón, a small fishing village holding two gourmet beach shacks with tables and chairs on the sand, serving grilled, fresh-caught fish for a few pesos.

Wildlife

One of the principal breeding grounds in the world for **humpback whales** is on the Silver and Navidad banks off the north coast of the



| | Dominican Republic. Each winter some 3,000 whales migrate from their feeding grounds in the North Atlantic, and congregate here to reproduce in shallow waters protected by coral reefs. Nearer to the mainland, Samana Bay is also a popular spot for whale watching, which has become an important tourist activity during the months of January, February and March. The humpback is one of the larger species of whale, measuring from 12-15 meters and weighing up to 60 tons. The West Indian manatee is an endangered marine mammal. They can sometimes be seen in the coastal areas of the national parks or in Samana Bay. Nicknamed the 'sea cow', manatees can grow to over 3.5 meters in length and they 'graze' on aquatic plants on the ocean floor. There are two endemic land mammals in Hispaniola. The solenodon is an insectivore not dissimilar to a rat, but more aesthetically pleasing. It has a long snout, lives in caves and hollow tree trunks, and feeds on insects and worms. The hutia is another small rodent which, like the solenodon, lives in caves and tree trunks. Birds : The considerable bird population in the Dominican Republic is made up of indigenous species and wintering birds from the North American mainland. Look out for species such as the Hispaniolan parrot, the Hispaniolan woodpecker, the rarer Hispaniolan trogon and Hispaniolan parakeet, the palmchat (which nests in the royal palms on the coastal plains) and several types of owl and pigeon, including the endangered white-crowned pigeon. |
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| Parks | Los Haitises National Park – 1200 square kilometers of limestone hills |
| | and mangroves. Guided tours to explore the many small islands and caves of the park are offered from Samana, Sanchez, Sabana de la Mar. Pre-Colombian pictograms cover the walls of some of the caves. In total, there are 16 national parks and 67 protected areas. |
| Gardens | The National Botanical Garden in Santo Domingo occupies an area of one square mile and was founded to study, preserve and investigate the varied plant life of Dominican Republic. Opened in 1976, the Botanical Garden is named after Dr. Rafael María Moscoso, the first Dominican botanist who wrote a catalog of the plants of the Spanish island in 1943. It is a sanctuary where animals and plants live in perfect harmony, with roads and trails will lead you a personal encounter with nature. It highlights the permanent exhibitions of bromeliads, ferns, palms, orchids, aquatic plants and the Japanese garden. Open daily 9 to 5. www.jbn-sdq.org |
| Historical Buildings | Santo Domingo: |
| | Santo Domingo is the city of firsts in the Americas. Located in this metropolis are the first buildings constructed for religious, health, judicial and government purposes after the Spanish arrived. Among them, the first Cathedral of the Americas was erected (1523-1546), with its blend of Gothic and Renaissance styles. Don't miss the beauty of the |



Alcázar de Colón, the oldest Viceregal residence in the Americas. It was built at the beginning of the 16th century by the son of Admiral Christopher Columbus, Don Diego Columbus. He lived there with his wife María de Toledo, the niece of the King of Spain. Diego became the colony's governor in 1509, and Santo Domingo rose as the hub of Spanish commerce and culture in America. For more than 60 years, this coral limestone structure on the bluffs of the Ozama River was the centre of the Spanish court, entertaining such distinguished visitors as Cortés, Ponce de León, and Balboa. The nearly two dozen rooms and open-air loggias are decorated with paintings and period tapestries, as well as 16th-century antiques. A walk downhill from the Alcázar leads to the impressive Puerto de San Diego, which dates from 1571 when it was built as the main gate into Santo Domingo.

Columbus Park is in the centre of the city's ancient quarter. It is an "urban living room" where everyone goes to enjoy its tree-lined streets where beautiful buildings date back several centuries.

OTHER ACTIVITIES

Shopping

Santo Domingo is also one of the grand shopping bazaars of the Caribbean, with such "hot" items as hand-wrapped cigars for sale virtually everywhere, along with local handicrafts. Jewelry made of larimar or amber is also much sought after. Notable cigar brands include: Santiago, Cibao Valley, Davidoff, Churchill.

Punta Cana: All the mega-hotels here have gift shops for simple souvenir shopping, so there's no need to stray from your all inclusive relaxation unless you want to. If you do, however, then Plaza Bavaro is a nearby and upmarket shopping complex for all your needs. If you want something a bit more local, then try the Mercado on the beach along the northern tier of this shopping complex: this has a buzzing craft market that opens at 8am each morning and doesn't close until sunset.

Puerto Plata: The neoclassical house sheltering the **Museum of Dominican Amber** also contains the densest collection of boutiques in Puerto Plata. Many of the paintings here are from neighboring Haiti, but the amber, larimar, and mahogany woodcarvings are local.

Plaza Turisol Complex, the largest shopping center on the north coast, has about 80 different outlets. You may want to make this your first stop so you can get an idea of the merchandise available in Puerto Plata. This complex also has the most upscale and tasteful merchandise. You might want to stop in here if you don't have time to visit all the shopping centres. It's about 5 minutes from Puerto Plata and Playa Dorada, on the main road heading east.

Nearby is a smaller shopping centre, **Playa Dorada Plaza**, with about 80





| | hottest, most popular, and sexiest dance club in Punta Cana, thanks to a superb sound system. The venue is more European than North American, thanks to a heavy concentration of clients from Italy, Spain, and Holland. Painted black, with simulated stars overhead and lots of mirrors, the place is open nightly from 11pm to 5am. On Sundays, islanders pour into Playa Cofresi on the north coast, turning the beach here into a giant house party, with the eating, drinking, picnicking, barbecues, and merengue lasting well into the night; it's a great way to meet the locals. |
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| Casinos | Most casinos are conveniently located within major resort complexes and are open until dawn, if not 24 hours. Dominican casinos use Las Vegas odds, so the casino's profits and player winnings are relatively the same and considered fair. |

| CUISINE | |
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| Food | Breakfast typically calls for a serving of "Mangu," a mix of plantains, cheese and bacon, which can be found at most hotel and resort restaurants. Mangu has been dubbed the "mashed potatoes" of the Dominican Republic and is a must-try for all visitors. Locals are also known to prepare the dish for evening meals. |
| | A foundation of the native diet, "La Bandera Dominicana," or the Dominican flag meal, is eaten by nearly everyone at lunch time. The most important meal of the day, La Bandera consists of rice, beans, meat, vegetables and fried plantains to ensure energy throughout the afternoon and evening. |
| | Another popular dish is "Sancocho," a Spanish-style stew usually served with rice. Ingredients include various roots, green plantains, avocado and typically chicken or beef, although it sometimes includes a combination of seven meats (Sancocho prieto). Goat meat, a staple in many Dominican homes, may also be used in this recipe. It offers a unique addition to the character of any dish as these animals graze on wild oregano. |
| | "Locrio," or Dominican rice, varies with its preparer. An adaptation of the Spanish paella, locrio is made with achiote (a colored dye produced from the seeds of the achiote plant), since saffron spice is unavailable. |
| | Near Samana, coconut trees decorate the landscape and provide a delectable milk sauce for fish, known as "Pescado con Coco." Throughout the south central coast, "bulgur", or whole wheat, is a main ingredient in "Quipes" (ground beef wrapped in wheat) or "Tipili" (bulgur salad). |



Comida Creolla – creole cuisine blends Spanish, African, Indian and Caribbean influences; plantains, cassava, tropical fruits, mango, papaya, seafood, rice and beans; pastelitos: meat or cheese pastry turnovers; chimichurris: pork sandwiches hot off the spit; sancocho: national dish, sausage, pork, chicken, beef, goat, veg, herbs, spices in stew

Local beers, which are very good, are Quisqueya and El Presidente.

Rum production in the Caribbean is attributed to the African colonists who brought sugar cane with them to make crystallized sugar and molasses. They noticed, however, that the molasses began to ferment when left in the hot Caribbean sun and could be mixed with water to create what became known as rum.

During the 1700s, sugar cane plantations and their by-products contributed to a booming social and economic climate which eventually drew the attention of the DR's three rum brand founders. In the mid-to-late 1800's Don Andres Brugal Montaner, Don Erasmo Bermudez and Julian Barcelo started experimenting with their own personal refining processes. Today, the **Brugal, Bermúdez, and Barcelo** brands of rum have become popular across the globe and are considered some of the world's best. Unlike that of Jamaica and Barbados, Dominican rum is produced through a more natural process of distillation. Aging is often done in special American white oak kegs, thus creating a sweet, hearty blend.

Bermudez, the eldest of the Dominican rum distilleries, was established in 1852. Its first formula, Bitter Panacea, remains famous. Distilling in Santo Domingo, Bermudez boasts the Dominican's oldest aging cellar. **Brugal**, established in 1888, is located just east of Puerto Plata and produces more than one and a half million liters of white and dark rum each year. Considered the most popular distiller, Brugal offers affordable bottles of rum for sale at its bottling plant and gives guests a free rum drink. Tours are offered Monday through Friday and admission is free. **Barcelo**, established in Santo Domingo in 1930, is said to be best-liked by locals. The plant manufactures 40 thousand liters of rum per day.

Mama Juana is a unique Dominican Republic drink that is concocted by allowing rum, red wine, and honey to soak in a bottle with tree bark and herbs. The taste is quite similar to port wine and the colour is a deep red. The specific herbs that make up Mamajuana were originally prepared as an herbal tea by the native Taino Indians and much later in time, post-Columbus, alcohol was added to the recipe. Besides being rumored to be an aphrodisiac, with many natives of the Dominican Republic claiming that the drink has similar effects, Mamajuana is also consumed for its medicinal value. The alcohol is said to act as an extract

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Rum



base that pulls the herbs' curative properties, creating an herbal tincture that is often served as a shot. The reported positive effects on health vary, ranging from a flu remedy, to a digestion and circulation aid, a blood cleanser and kidney and liver tonic.

Restaurants

Chez Palace, Punta Cana

This is the showcase restaurant of one of the biggest resort complexes in the Dominican Republic. If you're not staying at one of the Barcelo hotels, you'll have to make reservations in advance. The decor is cool and stylish, as if it were imported from a chic resort in the south of Spain. A formally dressed staff serves superb dishes that include salmon mousse in a prawn sauce, tartar of tenderloin, grilled red snapper, grouper with mustard sauce, and filet mignon with truffles and foie gras.

Le Papillon, Puerto Plata

This is an unusual but charming restaurant set on a hillside in a residential neighborhood about 5km southwest of Puerto Plata. The expatriate German owner, Thomas Ackermann, manages to combine aspects of the Black Forest with merengue music. The best way to start a meal here is with a caipirinha (a Brazilian cocktail) at the bar beneath the cane-frond ceiling. Later, within an open-sided pavilion overlooking a forest, you'll be presented with a menu that's divided into categories that feature different preparations of pork, chicken, beef, seafood, rabbit, and even vegetarian offerings. Enduring favorites include fettuccine with lobster; "pirate" kabobs with shrimp, tenderloin of beef, and vegetables; an especially worthy chicken stuffed with shrimp and served with saffron sauce.

Casita Rica/Escape al Mar, Puerto Plata

These two establishments, one a snack bar, the other an upscale dining choice, sit side by side between Puerto Plata's seafront and its waterfront boulevard, El Malecon, in the heart of town. As such, they're closely linked to the gossip and goings-on of the local community, but somehow manage to emulate the gastronomic style of elegant dining rooms within some of the resort hotels. If you happen to be strolling along the seafront and want a beer, the laid-back but gregarious Casita Rica, an open-air dive a few steps from a wide stretch of beachfront, would be perfect. And if candles and romantic gloss appeal to you at dinner, Escape al Mar has the kind of variety that has successfully sheltered wedding receptions, local charity luncheons, and romantic evenings within a classy, napery-strewn setting that evokes seafront trattorias within popular resorts in Italy or Spain. There's even a bronze statue of Neptune positioned like a guardian on a rocky offshore island, within full view of your table. Menu items include pizzas, fried chicken, burgers, pastas, and a flavorful casuela de mariscos that's loaded with fish, saffron, spices, and shellfish.



| MORE INFO | DR Tourism Office: 514-499-1918 |
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| Brochures | Transat Holidays Sun Collection 2012-2013 and Nolitours 2012/2013 |
| | brochures are available at travel agents |
| Websites | www.transatholidays.com |
| | www.nolitours.com |
| | www.godominicanrepublic.com |

| PERSONAL | Puerto Plata – Jarabacoa; South Coast – Boca Chica, Santo Domingo, |
|-------------|--|
| EXPERIENCES | Isla Saona; Punta Cana |