

SEPAQ - QUEBEC'S NATIONAL PARKS



SEPAQ

Enjoy the outdoors in Québec's National Parks and Wildlife reserves

Escape into the Sépaq network and the exquisite natural settings of its 23 national parks, 15 wildlife reserves, 10 tourist resorts and Sépaq Anticosti. Whether you want to camp or stay in a 4-star hotel, whether you want to enjoy the great outdoors, make new discoveries or simply relax, you'll have a totally unique experience in Québec's most beautiful natural environments!

Sépaq's network of National Parks, wildlife reserves and tourist resorts make up 80,000 Kms2 of Québec's most outstanding landscapes, preserved areas and outdoor playgrounds. Sépaq's network means that Nature is within close reach of Montreal. This year, Québec National Parks Day is June 10, 2012 when Sunday access to Québec's National Parks is free!

Every spring, fishing fans feel the excitement building, eager to catch their first fish. Book your fishing trip with cabin accommodations now and get 20% off the 3rd and subsequent nights. Sépaq's parks and wildlife reserves offer hundreds of cozy fishing cabins – many less than three hour's drive from Montreal. And with a network of more than 15,000 lakes – including some of the largest natural lakes in Québec - there's a trout waiting just for you! It is very easy to reserve your fishing package at www.Sépaq.com and you can make reservations for the 2012 and 2013 seasons.

Discover the joys of camping in 25 natural territories across the province - without having to bring or to buy your own equipment. "Ready to Camp" packages make for easy, comfortable stays in the heart of nature - and you don't have to bring any equipment. All ready to camp options come fully equipped with camping style furniture, heating, lighting, stove, fridge, dishes and more..

Fifteen Sépaq national parks offer Huttopia tents and tent trailers. And four National Parks offer Yurts - Mongolian-style circular tents - for a special and authentic experience. Hekipia tents, Huttopia tent's little sister, can be found in 6 wildlife reserves and 4 tourist resorts..

There are more Huttopia tents than ever before, fully equipped for comfortable stays in the heart of nature. Furnished camping style, Huttopia tents have two bedrooms and a living room - set on a wooden platform, with canvas walls and roof. This innovative shelter comes equipped with heating, beds and everything you need to cook a meal.



	Simple, comfortable and authentic, the Huttopia tent blends in amazingly
	well with its environment. It's perfect for families, couples or groups of
	friends looking for a unique camping experience in the heart of
	breathtaking, protected landscapes!
Sepaq's Mission	Sépaq's mandate is to develop natural territories and a few tourist
	resorts, such as the Montmorency Falls near Quebec City, for the benefit
	of the population of Quebec and visitors from outside the province.
Location	The parks and reserves are located all over the province of Quebec from
Location	Nord-du Quebec to the Eastern Townships.
Coography	
Geography	Quebec's national parks and wildlife reserves network is 80,000 square
The National	kilometers, which is the size of countries such as Ireland and Austria!
The Network	Sépaq and Parcs Québec comprise :
	- 23 national parks
	- 15 wildlife reserves
	- 10 tourist resorts
	- and Sépaq Anticosti
	- The number of visitors was over 6 million in 2011-2012, up from 2.6
	million visitors 10 years ago.
Name	SEPAQ is an acronym for the Société des établissements de plein air
	du Québec (Sépaq)
What is SEPAQ?	Sépaq is your first stop for outdoor adventure. The 15 government
	wildlife reserves, 10 tourist resorts (including Auberge Fort-Prével and
	Parc de la Chute-Montmorency), 23 parks of the Parks Québec network,
	and Sépaq Anticosti are the perfect choice for outings, getaways, or an
	entire vacation. Whether you're seeking nature, adventure, or culture,
	our destinations in the heart of Québec's great outdoors offer over
	80,000 km² of pure enjoyment.
	oo,ooo kiii oi pare enjoyment.
	Sépaq is a government agency mandated to operate and develop
	natural sites and tourist facilities entrusted to it under its act of
	incorporation. Its mission is to ensure the accessibility, development,
	and protection of these facilities for the benefit of its clientele, Québec's
	regions, and future generations.
Fees	An entry fee schedule has applied in the Parcs Québec network since
	2001. This schedule takes the form of a daily fee, an annual Park card or
	an annual Network card, depending on the formula that best suits your
	needs.
	Several activities and services are included in the entry fee, such as
	cable ferry, canoeing, picnics, hiking, snowshoeing, backcountry skiing
	or certain nature discovery activities. Equipment rentals are not
	included.
	The 2012 Annual Parcs Québec Card costs \$54 per adult and \$27.50
	per child.



2012	2013 Fishing and Vacationing Stays As of April 28 th 2012, you can book a little more than a year ahead of time. This is a big change for Sépaq and a success in terms of popularity, sales, and logistics. Sixty percent of bookings are made on the website, most of them for very popular fishing sectors. Luckily, there are still some great vacancies, so if you enjoy your stay this summer, don't forget to book one for next year!
Quebec National Parks Day	On June 10 th 2012, Québec National Parks Day will highlight how important the enjoyment of nature is to our personal well-being, making health the central theme of its message. The program planned for this 3 rd edition is intended to provide guests with a special opportunity to get out of the house and into the open air. The 23 national parks that make up the Parcs Québec network are perfect for discovering nature and participating in outdoor activities.

Dava Aguarium du	Travel into the accountage of the Ct. Laurence Diver and Canadian
Parc Aquarium du	Travel into the ecosystems of the St. Lawrence River and Canadian
Quebec	waters and discover northern plant and animal life. This 16-hectare site
	is the only one of its kind in Québec. As you make this amazing journey
	all the way to the North Pole, you'll have the chance to observe 10,000
	fresh- and salt-water fish specimens, reptiles, amphibians,
	invertebrates, as well as marine mammals, such as Atlantic and Pacific walruses, seals and polar bears.
	There's a new Pavilion at the Aquarium in 2012: The jellyfish section
	recreates the mysterious setting of the bottom of the sea. The seahorse
	section evokes the world of pirates. And the ray section gives you an
	opportunity to touch these creatures in the company of animal care
	guides. Visitors of all ages will love it.
Location	In Quebec City at 1675, avenue des Hôtels
Location	
	For general information you can phone : 1 866 659-5264 or E-mail:
	aquarium@sepaq.com
Activities	You can have breakfast with the walrus, meet Eddy, the Aquarium's
	champion swimmer, and his new neighbours Taïga and Ganuk the polar
	bears, and see harbour seals in action.
Facilities	There is a restaurant, picnic facilities and a souvenir shop
	Admission is \$16.50 for adults with kids from \$8.25 in 2012.

ACCOMMODATION	1. Camping:
TYPES	Camping in a national park gives you access to protected territories
	where nature reigns supreme
	- There are 4,400 campsites in 16 parks of which 5 are within a 2 hour
	drive from downtown Montreal
	- No matter what kind of camping equipment you use, there is a place for
	you : tent, pop-up tent trailer, motorhome or fifth wheel
	- It's not just camping; it's access to all sorts of top-notch outdoor



activities: beach, hiking, canoe, kayak, guided or self-guided discovery activities and much more

- National parks are a collective wealth and protect the most beautiful sceneries of Quebec.
- And there's a lot of room: most of Parcs Québec's campsites are big enough to allow space for your vehicle, your camping equipment, a kitchen tent, a picnic table and a fire pit

2. Ready to Camp:

Discover the joys of camping in 25 natural territories across the province - without having to bring or to buy your own equipment. "Ready to Camp" packages make for easy, comfortable stays in the heart of nature - and you don't have to bring any equipment. All ready to camp options come fully equipped with camping style furniture, heating, lighting, stove, fridge, dishes and more.

Sépaq has a "ready-to-camp" formula! Ideal for those who don't have their own camping equipment and for tourists from outside of Québec, the "ready-to-camp" formula makes it possible for would-be campers to rent a campsite with a tent-trailer already set up for them when they arrive. All they have to bring is food, sleeping bags and personal items. The **tent-trailers** used by Sépaq can accommodate between four and six people. Some 40 "read-to-camp" sites are available at 13 of Québec's national parks. And four National Parks offer **Yurts** - Mongolian-style circular tents - for a special experience

3. Cabins:

Are you looking for a cabin for a fishing or vacationing trip? A number of establishments have excellent availabilities, such as Aiguebelle, Grands-Jardins and Mont-Tremblant national parks, plus Ashuapmushuan, Papineau-Labelle, Portneuf and Matane wildlife reserves. Reserve on line and treat yourself to an unforgettable vacation this summer in one of the 600 Sépaq-network cabins located by a lake or river. These cabins sleep from 2 to 14 people and have all the conveniences, plus everything you need for preparing and serving meals. Enjoy a stay in an awe-inspiring, relaxing, and invigorating natural setting with a fabulous choice of activities. Check out theirr Family Vacationing and Family Fishing Packages. Reservations: 1 800 665-6527

4. Resorts:

The Sépaq network's 10 tourist resorts offer a wide variety of summer activities and accommodations. Golfers will love the magnificent 18-hole sea-view golf course at Fort-Prével. You'll adore Station touristique Duchesnay, located on the shores of Lac Saint-Joseph. Comfortable



cabins and hotel and lodge rooms, a fabulous restaurant, and so many exciting outdoor activities to choose from make it a natural choice. If you're dreaming of a long sandy beach by a lake and the pleasures of a camping or cabin vacation, Centre touristique du Lac-Simon is your next destination. This summer, Parc de la Chute-Montmorency invites your taste buds to discover its Grill menu. Your eyes will delight in the spectacular terrace view of the falls and the St. Lawrence River. Now managed by Sépaq, Parc Aquarium du Québec will delight the whole family: 300 species of marine animals, guided activities, a restaurant and terrace with a spectacular view of the Québec bridge.

Camping Locations

Here are just a few suggestions from the wide range of options :

Oka:

- Just a little over 30 minutes north of Montreal
- 1,000 campsites located in a huge shady forest close to lac des Deux-Montagnes
- a 2km beach with shallow and warm water
- True paradise for biking

Yamaska:

- About 40 minutes south of Montreal
- Nearly 200 campsites, some with services
- Many bike trails
- Beautiful beach on Réservoir Choinière

Mont-Tremblant:

- Largest national park in Quebec
- Hundreds of campsites located throughout this 1 500 km² territory
- La Diable sector is the closest to Montreal, about 2 hours away
- Lake Monroe, one of the province's most beautiful, features beaches and numerous campsites with or without services
- Lots of equipment rental
- Easy to challenging hiking trails
- Great park to get used to lake or river canoeing or kayaking

Mont-Orford:

- About 1½ hours south of Montreal in the Eastern Townships
- Two main camping sectors, both located on lake sides : Stukely and Fraser
- Campsites are located in gorgeous hardwood forests with huge trees offering shade during part of the day
- Great beaches, perfect for families
- Many hiking trails
- Equipment rental available (canoe, kayak, paddleboat)



- Check out their new Camping 2012 brochure on the website in the lodging section at www.sepaq.com or www.parcsquebec.com - Friendly online booking experience with all the information you need to know (campsite dimensions, % of shade, services such as electricity or water, distance to shower or restroom and more). - Toll free number 7 days a week: 1 800-665-6527

Fishing	There's a boat load of reasons why fishing with Sepaq is so popular!
risilliy	- Nearly a million fish caught last year, including 650,000 brook trout and
	200,000 walleye
	- Huge territories with over 13 000 lakes and 550 cabins.
	- Outstanding variety of species including brook trout, lake trout, walleye
	and pike
	- Wide abundance of fish with new lakes opening throughout the
	summer
	- Your have the lake to yourself most of the time and can fish a new one
	every day.
	- Great care is taken for the conservation of the indigenous fish
	population through wildlife habitat management
	- Many reserves are within a 3 hour drive from Montreal or Ottawa.
	- Skilled staff to give you advice on bait, lures and fishing techniques; so
	if you've never fished before, they will put you on the right track to make
	sure you'll have success
	- Flexibility: you can fish by the day or with a stay and with or without
	meals
Value	- Comfortable cabins of which about 95 % are lakeside.
Value	Fishing is great value with Sepaq:
	 There is no price increase in 2012 20% discount from the 3rd night and for all subsequent nights
	- Best family fishing vacation package on the market: \$400 for 3 nights
	and 3 days of fishing, including cabin accommodation, fishing rights and
	boat, starting mid-July.
	- Lower prices during weekdays, regardless of the period.
	- Greater discount prices during the low season starting mid-July
	- Daily price per person drops as the number of people in your party
	increases
How to book	It's easy to book a fishing trip :
	- Type in your destination, travel dates and the number of people in your
	group et voilà! It's as easy to book a fishing stay on the web as a hotel
	room
	- First time customers needing advice can call 1 800 665-6527 and find
	helpful assistance
	- And don't forget to go to the website at www.sepaq.com



Interests	
Kids	At Parc national de Frontenac you can accompany a park warden for the
	newborn count at the heron habitat. Information: 418 486-2300
Geology at Miguasha	Here, fossil fish and plants tell their storiesabout the life that existed on our planet 380 million years ago, at a time when species were making the transition from sea to land. Parc national de Miguasha is a real treasure of natural heritage, one that will marvel young and old alikewho will hear a story as fascinating as that of the dinosaurs. Because of its well-preserved fossils and their importance in understanding a page from the story of evolution, the park has been placed on UNESCO's prestigious World Heritage List since 1999.

SPORTS ACTIVITIES	
Golf	Well known for its magnificent seaside golf course, Auberge Fort-Prével is also the perfect place for vacationing in Gaspésie. Its location between Percé and Gaspé makes it a perfect home base for discovering the region's attractions. What's more, Auberge Fort-Prével has one of the best restaurants on the coast - Le Bastion.
Fishing	Book your fishing trip with cabin accommodations now and get 20% off the 3rd and subsequent nights: http://www.sepaq.com/reservation/produit.dot?mode=liste&produit=PE CHE&language id=1&utm_source=Bulletin_vol9_no5&utm_medium=e mail&utm_term=nouvelle&utm_content=nouvelle_1_truites&utm_camp aign=Bulletin_vol9_no5_en
Mountain Biking	The Camp Mercier trail network has 27 km classified as difficult, 9 km classified as easy, and 5 rest huts, including the Pic hut, located at 786m in altitude. Choose from a wide range of itineraries that feature a variety of views and challenges. All only 45 minutes from Québec City.

National Parks close to Montreal:	There are a number of SEPAQ Parks within easy driving distance of the Montreal area and these are detailed below.
Mastigouche	Website: http://www.sepaq.com/rf/mas Fishing in The Sorcerer's Kingdom
	145 km NE of Montreal, Réserve faunique Mastigouche is a calm and relaxing spot that is ideal for vacationing. In addition to traditional hunting and fishing activities, hiking and canoe-camping give visitors the opportunity to discover the many attractions of this rich territory. Camping enthusiasts will be captivated by Lac Saint-Bernard. Wildlife includes some thirty species of mammals including moose, white-tailed deer, black bear, wolf, lynx, hare and several species of birds including Ruffed Grouse, Loon, Osprey and Golden Eagle.



History: Réserve du Parc Mastigouche, later named Réserve faunique Mastigouche, was created in 1971 as part of "Accessibility"-a government operation to democratize hunting and fishing activities. The aim was to buy up territories formerly occupied by exclusive fish and game clubs and make them available to the people of Québec. Here, most of the territory was covered by three clubs: The Mastigouche, The Saint-Bernard, and The Commodore. Their members were largely Americans.

Looking at the heritage left by these private clubs, we cannot help but admire the built environment of the Commodore Club. Several of its loghouse lodges have stood by the shores of Lac Shawinigan for a century. Located on an exceptional site and built using dovetail joints, they are the pride of the reserve and are available through fishing or vacation packages.

The name Mastigouche comes from the name of the former private fish and game club, which was granted in 1881 to Élisabeth Copeland de Berthier. It's believed to mean "where the wood is small" in an Amerindian language, probably Atikamekw.

In 1971, the territory was established as a hunting and fishing reserve under the name of Réserve du Parc Mastigouche. For several years, it was better known by the name of Parc Mastigouche. Its classification as a wildlife reserve dates to 1979.

Attractions: While staying in Réserve faunique Mastigouche, don't miss its main attractions:

- Les Six-Chutes (six waterfalls)
- Le Chicot
- Maubèche falls
- •The exceptional woods of the Saint-Bernard campground Lac Sorcier is one of the most popular lakes of Réserve faunique Mastigouche. It owes its name to an old legend about a sorcerer who haunted the island in the lake and kept people awake at night by making strange noises. How did this lake become a home for landlocked salmon? The explanation is almost a legend in itself. Around 1920, the members of the former Saint-Bernard Club seeded Lac Saint-Bernard, Lac Sans-Bout, and Lac Sorcier with landlocked salmon from Lac Saint-Jean. Over time, the salmon have disappeared from Lac Saint-Bernard and Lac Sans-Bout, but they're still frolicking in the waters of Lac Sorcier.

Fishing with Accommodations: There are nearly 135 fishing lakes in 6 accommodation sectors: Ouabiti, Sable, Des Îles, Shawinigan, Houde-Patoulet, Violon: If you're interested in a fishing stay, lakes for next-day fishing are assigned by random draw, every evening, at the



park warden's cabin of each accommodations sector.

Over a hundred lakes are available for day fishing. A watercraft is provided on most lakes. The fish species are speckled trout, lake trout, splake, and landlocked salmon.

Catch and possession limits:

Speckled trout: 7 Splake: 2 Landlocked salmon: 2 Lake trout: 2

Period: May to September

Saint-Maurice

Website: http://www.sepag.com/rf/stm

History: In 1668, a promise to grant a seigneury was made to Maurice Poulin. Not until 1723, however, did the fief and the river, then called the fleuve, become associated with the place name Saint-Maurice. In 1886, some territories were leased for hunting and fishing. As logging developed, other leaseholds were established. Between 1886 and 1963, several cabins were built for members of private fish and game clubs. In 1963, to remedy a shortage of free land accessible for hunting and fishing, the government took back land leased for hunting and fishing and created Réserve de chasse et de pêche du Saint-Maurice. Its operation was entrusted to a group of users called Syndicat de la réserve Saint-Maurice. They managed a 209 km2 territory including such lakes as Lac Brown, Lac Inman, Lac Wessoneau, Lac Baude, and Lac Normand. People could hunt and fish while staying in cabins or on campgrounds. Day fishing was also offered.

In 1966, the government decided to integrate this territory into its network of hunting and fishing reserves and to take over its management. In 1979, its status as a wildlife reserve was made official. In 1995, Réserve faunique du Saint-Maurice was transferred to Sépaq. Logging led to the creation of the main accommodation facilities of Réserve faunique du Saint-Maurice, notably those by Lac Brown (J.J. Crête), Lac Wessonneau, and Lac Tousignant (C.I.P.).

Attractions

Among the many species of wildlife, one especially retains attention, the kokanee. A small population of **kokanee salmon** (Oncorhynchus nerka), probably unique east of the Rockies, was introduced into Lac Normand with the dismantling of Expo 67. It's the same species as the sockeye but is confined to a lake. The Canadian pavilion had kokanee eggs on display to show the public how this species developed during its embryonic stages. When the eggs were introduced into Lac Normand, the idea was to provide its lake trout with food. The kokanee managed to find sufficient conditions in Lac Normand to meet their needs for feeding and reproduction. Their plankton-feeding ability accounts in part for their survival and maintenance in this habitat.



When visiting Réserve faunique du Saint-Maurice, don't miss its loveliest attractions:

- Chute du Vent (waterfall)
- Lac Huguette lookout
- Rocher Steamboat (rock)
- Chutes Dunbar (waterfall)
- Lac Normand hiking trails

Fishing with Accommodations:

There are about a hundred lakes in 5 accommodation sectors: Lac Dunbar, Lac Normand, Lac Wessonneau, Lac Tousignant and Lac Brown: This wildlife reserve has a species that is unique in Québec. It is the kokanee (Oncorhynchus nerka), of the same species as the sockeye but confined to a lake. A small population of this species ended up in Lac Normand with the dismantling of the facilities for Expo 67. In the Canadian pavilion, kokanee eggs were used to show the public how the species developed during its embryonic stages. When this species was introduced into Lac Normand, the idea was to provide its lake trout with food. The kokanee managed to find sufficient conditions to meet their needs for feeding and reproduction. Their plankton-feeding ability accounts in part for their survival and maintenance in this habitat. Day fishing is available to vacationers and campers on Lac Tousignant, Wessonneau and Lac Soucis. There is no reservation in advance. Just pick up your right of access at the registration centre. No boat is provided, but canoes may be rented on site.

Catch and possession limits:

Pike: 3 Kokanee: 2 Speckled trout: 7 Landlocked salmon: 2 Lake trout: 2 Some bodies of water have more restrictive catch limits in order to preserve fishing quality and the duration of the season.

Period: May to September

Mont-Tremblant

http://www.sepaq.com/pq/mot Huttopia

145 km from Montreal, a vast universe of lakes and rivers set against a mountain backdrop, this park offers you freedom and the chance to get away from it all. **Parc national du Mont-Tremblant** provides a rich mixture of Québec's natural and historical heritages. It is the biggest park in the network and the first national park to have been created in Québec. It features a variety of activities and discoveries that are sure to please. By canoe or on foot, skis or snowshoes, you will be surprised by the immensity of the territory. Offering nature at its best, Parc national du Mont-Tremblant is open year round and is bound to make an unforgettable impression on you.

Enchanted Forests: Let yourself be captivated by the charm of the



forest landscapes where nature has retained all its rights. With its 1,510 km² of territory and 163 km of hiking trails, Parc national du Mont-Tremblant is the largest park in Québec.

A Realm of Lakes and Rivers: Four hundred lakes, some small and intimate, others vast and windswept, six rivers dotted with waterfalls and cascades, and a multitude of streams, help to create a magnificent natural realm.

Rivière L'Assomption: With a varied course that combines calm sections and rapids ranging in difficulty from Level I to IV, Rivi?re L'Assomption, which runs for 15 km through the park, is considered one of Québec's best teaching rivers. Three campgrounds are available for canoeing enthusiasts.

The Meandering Diable: The spectacular character of the course is attributable to the peaceful bends and backwaters that the river has traced along the rocky face of Mont de la Vache Noire. Duration: the outing lasts 3 to 4 hours, including transportation. A canoe and passenger transportation service is available.

Birds and Other Wildlife Wonders: Birdwatchers will be right at home in the park: to date, 196 species of birds have been surveyed. In addition, the park is home to a highly diverse wildlife population. Bears, hares, wolves and beavers invite you to discover their environment.

The Totem Poles at Place Centenaire: Three professional sculptors from the region have each created an immense totem pole made out of white pine. Totem poles, which are an ancient means of communication, convey different messages that are accessible to everyone. Each totem pole represents a different facet of the park, whether it be its economic history, its recreational-tourism vocation or its flora and fauna.

Camping, Experiencing Nature the Way It Was Meant to Be:

Whether you are looking for the comfort of a full-service campground or the charm of more rustic sites, a camping stay in the park will allow you to experience nature the way it was meant to be.

Breathtaking Waterfalls: Spend a few minutes, or a couple hours for that matter, at the Chute Croches, Chute du Diable and Chute Aux Rats waterfalls. They contribute to the great splendour of the land and soundscapes.

Via Ferrata: Located at Parc national du Mont-Tremblant, the Via Ferrata du Diable is a trail on the cliffs of the Vache Noire at the entrance to La Diable. Whether you are at a beginner, intermediate or advanced level, you will never forget this hike, which you will embark on with a guide. You will safely walk over beams, cross various types of bridges and two footpaths. You will slowly make your way to a footpath that will give you a bird's-eye view of the Rivière du Diable. At the peak, after climbing to 200 m in altitude, you will literally be amazed by the spectacular view of the mountains, which surround the trail.



Huttopia: Experience the comforts of nature

Discover the joys of camping without having to bring your own equipment! Available in 14 of Quebec's 22 national parks, this innovative shelter comes equipped with heating, beds and everything you need to cook a meal. Simple, comfortable and authentic, the Huttopia tent blends in amazingly well with its environment. It's perfect for families, couples or groups of friends looking for a unique camping experience in the heart of breathtaking, protected landscapes! It's also the ideal way to squeeze a few extra weeks out of summer and enjoy the pleasures of camping in the crisp, colourful fall weather.

There are 24 Huttopia tents for your comfort in La Pimbina sector and La Diable sectors of Mont-Tremblant

Period: May to October

Mont-Orford

http://www.sepaq.com/pg/mor Huttopia

A mature sugar maple forest carpets hill and dale, welcoming visitors to **Parc national du Mont-Orford**, 35 km from Sherbrook. Discover the park's mountains, hills, and ponds-a fascinating mix of plant and wildlife habitats. Whether it's hiking along a trail, cycling along La Montagnarde trail, climbing to the summit of Mont Orford, relaxing a few days at the Jouvence Vacation Resort, or listening to a classical symphony at the Centre d'Arts Orford, you'll enjoy exploring this park! The quality of its winter offerings makes this a highly valued park ... in every season. Dance of the Leaves: Stroll through mature maple stands and witness the magnificent spectacle of autumn colours or the awakening of spring as flowers blossom in the undergrowth. Kilometres of hiking trails, including the spectacular Crêtes and Mont-Chauve trails, are your assurance of a fun-filled nature experience. A blaze of colour from the end of September to mid-October.

Route Verte: Ride over a section of the Route Verte cycling network, known as "La Montagnarde", which crosses the park from east to west. The hardwood forest provides a canopy for cyclists and reveals its many secrets by way of its self-interpretation panels. It is over 10.4 km in length and is classified as difficult.

Extraordinary Habitats: Enjoy observing varied wildlife in natural habitats such as white-tailed deer yards, a heron nesting area or the maple forest. The park is home to porcupines, deer, numerous species of birds and amphibians.

Nights Out in the Open Air: Take advantage of the amenities of the campsites to spend a few days in this world full of colours. Fall asleep and wake up to the sound of the wind rustling through the leaves. The park is popular among campers who want to savour the joys of a simpler life.

Mountains Alive with Colours: Several mountains (Orford, Giroux,



Alfred-DesRochers and Chauve) and a number of peaks (Ours, Lynx and Corbeaux) offer nature enthusiasts a breathtaking panoramic view. Centre d'Arts Orford: The Centre d'Arts Orford includes a concert hall, an art gallery and an inn. Each year, the Centre proudly plays host to the renowned Orford Festival.

Lakes at the Heart of Park Life: The Fraser and Stukely lakes will add to your nature experience by allowing you to practice diversified and entertaining water sports activities. Make the most of the joys of summer!

Jouvence Vacation Resort: The Jouvenance Vacation Resort offers all-inclusive getaway packages for both families and adults.

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At the heart of the activities, the Lac-Stukely campground has everything you need with its 15 Huttopia tents in Le Mélèze in Mont-Orford. Period: May to October

Îles-de-Boucherville

Parc national des Îles-de-Boucherville is an 8 square km haven of nature and pleasure located right in the middle of the St. Lawrence just 10 kilometres from downtown Montréal. For walkers, canoeists, and cyclists in the mood for fresh air, it offers green spaces, channels teeming with life, and trails by the water. There's no better antidote to the noise and worries of the city. Several guided discovery activities unveil the secrets of the plant and wildlife treasures on these five St. Lawrence islands. Stroll along the channels that separate the islands and that are home to the Osprey, Northern Harrier, Great Blue Heron, and several species of duck. While you are at it, why not cross the islands on a bicycle by taking the 20-km bicycle path that leads through a luxuriant landscape. Canoeing and Sea Kayaking: A boat ride takes you into the fascinating world of the waters that bathe the Îles de Boucherville. Hiking and Cycling: Hikers and cyclists can discover the site's most beautiful attractions on the 20-km "multi-purpose" trail network, while enjoying picnic areas, magnificent viewpoints and self-guided discovery activities. The relatively flat relief of the islands will suit the entire family. Close to 10-km of "rustic" trails offer a unique hiking alternative. Since

the surface of these trails is mown grass, only walkers are authorized to



use them. Three rustic trail loops are located on Île Sainte-Marguerite: Grand-Duc (1.5 km), Petite Rivière (2.5 km) and Grande Rivière (4 km). Île aux Raisins has a 3.5-km loop (departure from the observation tower on Île de la Commune). You can rent bicycles, trail-a-bikes and child chariot carriers on site.

Discovery and Visitor Centre: the magnificent permanent exhibit entitled "A String of Islands in a Mighty River" is sure to interest you. Using the latest museum techniques, it provides a magnificent overview of the richness and uniqueness of the park, evoking, among other things, the main chapters in the island's story of human habitation since prehistory. In many respects, this is a great starting point for an unforgettable visit. In addition, come see the permanent exhibit on the park's history, presented at the Visitors Centre on Île Grosbois.

Mont-Saint-Bruno

A representative element of the Monteregian hills natural region, **Parc national du Mont-Saint-Bruno** has five lakes, an apple orchard, a historic mill, and dozens of kilometres of woodland trails. Some 200 species of birds and some forty species of mammals share this little corner of paradise. Indeed, like other Monteregian hills, Mont Saint-Bruno constitutes an important woodland habitat in the Greater Montréal urban environment. In winter or summer, take advantage of the pure and healthy air of this oasis of peace just 20 kilometres from the metropolitan area.

Stroll along the hiking trails that go around the five lakes including Lac des Atocas, which is in the process of becoming a peat bog (eutrophication), and go to the observation platforms and docks on some lakes to explore the rich and diverse natural environment.

Give in to your curiosity and visit the old flour mill dating back to the Montarville seigniory and discover the history of this magnificent territory and its occupants.

Admire the forest of Parc national du Mont-Saint-Bruno, which includes a variety of species including sugar maple, oak, and linden. You can even savour delicious fresh apples! Local conditions are ideal for apple growing and apple trees bloom each spring. In addition, the Arboretum boasts a collection of sixty tree species.

A 27-km network of trails circles several lakes: Lac Seigneurial, Lac des Bouleaux, Lac des Atocas, Lac du Moulin and Lac de la Tortue. Hikers can discover the natural beauty of Mont Saint-Bruno. Several points of interest are sure to charm: the Old Mill and its permanent exhibit, the moonstone, the Arboretum, and a unique view of Montréal. Also, a new 3.5-km hiking trail, starting from the Visitors Centre, now offers a more rustic alternative. You can also do a shorter loop of 1.5 km within this circuit.

A vast array of souvenirs, clothing for adults and children, discovery products for young people, and outdoor articles is offered at the



Boutique Nature. All profits are re-invested in the park to enhance its conservation. By choosing our Parcs Québec collections, you are joining us in the development of Québec's natural and cultural heritage. Parc national du Mont-Saint-Bruno offers you a host of guided nature discovery activities. From the beginning of May to the end of October, take part in a guided tour and discover spring plants, frogs and snakes, animals and birdlife, geology, forest, secrets of the pond and the history of the park, in the company of a park warden.

Oka

Parc national d'Oka, located about 50km or 45 minutes from the Metropolitan Montréal Area, is a diverse patchwork of natural habitats that are fascinating by reason of their differences. The diversity of animal and plant species in this region of southern Québec is a major natural asset and explains, in part, the human presence over the centuries. From Colline du Calvaire to Lac des Deux-Montagnes, history manifests itself in many ways. Parc national d'Oka has a rich historical heritage... part of the story of our roots is told there! Come discover the true nature of Oka, while taking advantage of a wide array of educational and recreational activities, whatever the season.

Let yourself be enchanted by the green surroundings of Parc national d'Oka. Next to the lake stands a pine forest, a vestige of the great eastern white pine forests that once were abundant along Rivière des Outaouais.

Break away from the routine and discover a surprising natural environment not far from Montréal. In Grande Baie and Rivière aux Serpents, the land and water combine to produce wetlands that are veritable ecological treasures. With their almost tropical air, wetlands play host to fascinating forms of life. The splendid wood duck, threatened with extinction early in the last century, has made its home in this nesting site, the most productive in Québec.

Follow the traces of the aboriginal peoples and the first colonists on the trails leading to the Calvary site. The fragments found in the Oka area testify to aboriginal presence spanning thousands of years. Indeed, most of the fragments date back to 2,200 to 2,500 B.C. From Colline du Calvaire to Lac des Deux Montagnes, the history of the Sulpicians and the evangelization of the aboriginals by the Trappist Brothers are retold in life size re-enactments.

Take part in numerous outdoor activities, such as cycling on a segment of the Route Verte bike path, swimming in Lac des Deux-Montagnes or hiking on the many trails. In the winter the snow-covered trails are ideal for cross country skiing, snowshoeing and snow walking.

Camp in tranquility in a huge campground. Why not treat yourself to the Turnkey Camping Package? It includes campsite rental, a 6-person tent, a ground sheet, a rechargeable lantern, a propane camp stove or a woodstove with firewood (one bag of fire-starter and one bag of logs by



See Selling	
	night) in the winter. In summer, the beach comes alive with swimmers who flock to the park to bask in the sun and cool off in the lake under the watchful eye of a team of lifeguards. Picnickers can choose from a variety of peaceful lakeshore sites for a peaceful outdoor meal.
Plaisance	Plaisance: the Park's very name conjures up the peacefulness of its landscape, with its many bays, islands, peninsulas as well as the multicolored tapestry of its aquatic grassbeds. In spring, Plaisance offers a breathtaking spectacle of one hundred thousand Canada geese; in summer, it is a paradise for ducks, herons, ospreys and dozens of other species. Visitors will adore the exquisite breeze of Rivière des Outaouais as it ripples through the grasses of Petite Presqu'île, not far from the campground. Parc national de Plaisance, the latest addition to Québec's national park network, is yours to discover this summer – 160km from Montreal
	Ornithology: Close to 240 bird species, at least 100 of which are nesters, can be observed at one time or another throughout the year. The park's wet zones are among the best potential habitats for wild birds in Canada. Zizanie des marais (Wild rice): Enter "Zizanie des marais" and enjoy the many forms of life in this extraordinary wetland habitat that is home to a host of different plants and animals. This 1-km trail features a floating boardwalk that runs alongside the marsh of Baie Parisien. As you walk quietly along this trail, you will find yourself at the heart of a floating garden where great blue herons, ospreys, Canada Geese and other species come to feed. From atop the observation tower at the end of the boardwalk, there is a remarkable view of the surrounding landscapes and, in season, of the migratory birds that congregate here. The Springtime Return of the Geese: From the end of April to mid-May, the bays and marshes of Parc national de Plaisance are the stage for a breathtaking natural spectacle: the return of the Canada Geese, which make a stop-over here during their spring migration northward. Some 100,000 Canada Geese, along with several species of diving and tip-up ducks, spend time on the shores of Rivière Outaouais. For the occasion, the Outaouais Birdwatchers' Club organizes a number of activities. Following the Traces of the Algonquians in a Canoe: Follow the
	traces of the Algonquians and the runners-of-the-woods who used to draw up alongside "Fort de la Petite-Nation", and explore the calm waters of Plaisance, away from the currents and traffic on Rivière Outaouais. The park's many bays, its marshes, the notched shores of its islands and peninsulas, and the mouth of Rivière de la Petite Nation all form a fabulous territory that promises numerous discoveries, hours of fun, and an opportunity to let your imagination have free reign.



Swimming: Campers and visitors have access to the park's pool. An unsupervised beach is also open to swimming and is located along Baie de la Pentecôte, on the north shore of Petite Presqu'île.

Canoeing and Kayaking Excursions: Get away from the stress, the noise and the hassles of everyday life. Jump into your canoe and paddle along still waters in the company of ducks, irises, turtles and dragonflies. Plenty of relaxing moments and natural surprises await you! The park's notched bays and marshes lend themselves perfectly to this memorable calm water adventure. You can rent canoes and kayaks at the Plaisance Interpretation and Visitors Centre and the Thurso Information Kiosk. **Hiking**: Zizanie des marais (wild rice) is the name of an aquatic plant that abounds in the park and that is considered a delicacy by moose, muskrats and various wetland birds. It is also the name of a 1 km trail with a floating boardwalk and an observation tower, next to a marsh teaming with birds, fish, mammals, reptiles and amphibians. The trail entrance is located 500 m from the entrance of Petite Presqu'île. From the Interpretation and Visitors Centre, you can also take 3 magnificent hiking trails and discover more of the park's habitats (Le Carouge, Les Baies and La Sarcelle). Combining these trails makes a very interesting loop of about 6.5 km round trip.

Bike Path: Roll peacefully through different habitats, taking in the mellow aromas of the Outaouais without the bother of cars and traffic lights: this is what the park's 26 km of trails has to offer you. Whether on the Petite Presqu'île and Grande Presqu'île trails in Plaisance or in our new Thurso sector on the Outaouais trails, which includes Presqu'île des Legault, the nature here will enchant you. You can rent bicycles at the Plaisance Visitors and Interpretation Centre and the Thurso Information Kiosk. A ferry service by pontoon boat will shuttle passengers between the Plaisance and Thurso sectors.

Parc national de la Yamaska will charm you with its highly varied vegetation. A witness to the history of the park's territory, Choinière reservoir is bordered by forests and meadows that provide a refuge for several animal species. In summer, the lake comes to life as water sports enthusiasts take to their kayaks, pedal boats, windsurfers and canoes. Winter activity enthusiasts will enjoy the gentle, rolling landscape of the Appalachians that may be seen all around Parc national de la Yamask which is 100km from Sherbrook. Under Century-Old Branches: Relax under the branches of century-old

trees in forests, made up mainly of maples covering a rolling landscape of Appalachian Lowlands.

A Celebration of the Senses: Take in the fragrances that fill the air of Parc national de Yamaska. Forty species of trees, 41 species of shrubs, and some 425 species of herbaceous plants, have been identified by a number of botanists.



Go for a Dip: Stroll along the banks of the Choinière reservoir and go for a refreshing dip in the water. Water sports are a favorite pastime. Get Out Your Bicycles: Enjoy yourself as you follow the bike path that goes around the Choinière reservoir revealing the many facets of Parc national de la Yamaska. This territory is a great destination within a regional network of 250 km of cycling paths (La Montérégiade, L'Estriade, La Campagnarde and La Granbyenne).

Sepaq Anticosti

Anticosti is not just any destination. Recognized as an exceptional territory for white-tailed deer hunting, this island is becoming more and more popular among vacationers. Its striking scenery and diversified natural environment make it the place for very exotic discoveries. For more than a century, this island located at the mouth of the St. Lawrence has been attracting salmon fishing enthusiasts to the fabulous Jupiter River. Whether you come to hunt, fish or vacation, you'll fall under its spell...

Explore this unique environment - canyons, waterfalls, cliffs, caves - and observe abundant wildlife everywhere. On foot or by bicycle, horse or car, discover the many secrets of this mysterious island...

Horseback Riding: discover the peaceful setting of Rivière Chicotte and Rivière aux Plats on horseback. Ride along kilometres of beach and keep your eyes peeled for deer, seals and bald eagles. Excursions with a guide are available at Chicotte-la-Mer.

Sea Kayak: experience Anticosti from a new angle and admire its coasts, bays and cliffs while being comfortably seated... on the water! Surprise seals, whales, and porpoises in their natural environment. Expédition Agaguk offers guided one-day or half-day excursions from Pointe-Carleton.

Wildlife Reserves: Papineau-Labelle

160 km from Montreal, **Réserve faunique de Papineau-Labelle** is a great place to observe wildlife and offers attractive sites for the practice of outdoor activities, including sports hunting and fishing. The rich and diversified vegetation creates conditions that are very favourable for wildlife. Indeed, the reserve is home to large white-tailed deer, moose, and beaver populations. As for the many lakes, they are mainly inhabited by speckled trout and lake trout. There are 763 lakes and 42 streams and rivers with thriving populations of white-tailed deer, moose, Spruce Grouse, bear, wolf, beaver and fox, as well as many other species of mammals and birds.

MORE INFO

You can call Sépaq Sales and Reservations Office advisors or go to the Quebec City or Montreal Tourist Information Centres.

Open 7 days/7, from 8:30 AM to 9 PM (except Saturday and Sunday, from 8:30 AM to 7:30 PM, from the end of November to mid-May)

Call 1 800 665-6527



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SPECIAL FEATURE	Ready to Camp Vacations – Luxurious camping
	Discover the joys of camping in 25 natural territories across the province
	- without having to bring or to buy your own equipment. "Ready to Camp"
	packages make for easy, comfortable stays in the heart of nature - and
	you don't have to bring any equipment. All ready to camp options come
	fully equipped with camping style furniture, heating, lighting, stove,
	fridge, dishes and more.
	Fifteen Sépaq national parks offer Huttopia tents and tent trailers.
	And four National Parks offer Yurts - Mongolian-style circular tents - for
	a special and authentic experience.
	Hekipia tents, Huttopia tent's little sister, can be found in 6 wildlife
	reserves and 4 tourist resorts. (from \$93 per night in 20120).
Igloo	Drift off in the great outdoors in a snow shelter
	Spending the night in an igloo is a one-of-a-kind winter experience!
	Spend part of your evening under the starry sky, in front of the campfire,
	and then enjoy a good night's sleep nestled in your sleeping bag. Igloos
	can hold 2-4 people. All necessary equipment is available for rent onsite.
	An outdoor fire pit with firewood is provided, and a pit toilet is located
	nearby. From just \$25.25 per night (2012)
Tent Trailer	Turnkey camping: Now you can experience the joys of camping at 9
	national parks and Réserve faunique Rouge-Matawin, even if you don't
	own any equipment. This turnkey concept makes planning your vacation
	easy by allowing you to forget about the weather - the perfect solution for
	a problem-free family vacation! Our 18 tent-trailers are equipped to
	make your nature vacation a comfortable one. Since they are heated,
	you can enjoy camping all season long, from late spring until well into the
	fall! What a great way to enjoy the adventures of camping while soaking
	up the natural beauty of Quebec's national parks
	Tent Trailer – Just \$86 a night (2012)
	The stay includes:
	A campsite and a 6-person tent trailer (max. 4 adults).
	Electric or gas heating.
	Electric lighting or lighting equipment (liquid paraffin candles).
	A 2-burner campstove under an awning outdoors, small fridge, dishes,
	everything you need to make meals, picnic table, 2 garden chairs, etc.
	Access to washroom facilities (showers and toilets).



Huttopia This new, ready-to-camp tent was designed by the French firm Huttopia, a European leader in nature camping. It made its debut in 2008 in several national parks managed by Sépag. Before crossing the pond. Huttopia's European tent was adapted to the special needs of Quebec's climate; this included adding a rigid door, mosquito netting and a heating unit. It includes a 4 m x 7 m wooden platform, canvas walls and roof, two rooms separated by a canvas curtain, shared indoor and outdoor spaces (under an awning), and is fully furnished and equipped. The rates start at \$97 per night in 2012 and include •One campsite and one Huttopia tent for up to 5 people (max. 4 adults). •Electric or gas space heater. •Electric or task lighting. •A two-burner stove outdoors under an awning, a small refrigerator, dishes, all pots, pans and utensils needed to prepare meals, a picnic table with four garden chairs. Access to a comfort station (showers and toilets). Tips •Always check the detailed information sheet for the distance between your campsite and the reception desk. •You may have to drive on gravel roads. •What to bring: bed linens (sheets, blankets and pillowcases), bath towels and dish cloths, soap and shampoo, food and a cooler. Bring extra blankets and warm clothes in the fall. And, to make sure your camping trip is a success, don't forget these things: sunscreen, hat, running shoes, raincoat, matches, change of clothes, first aid kit, binoculars, camera, insect repellent, etc. Other little luxuries that could make your trip even more enjoyable include wine glasses and a corkscrew. •Certain amenities, like grocery stores and gas stations, may be located quite far from your campsite The traditional dwelling of nomads living on the steppes of Central Asia, Yurts the yurt is both charming and rustic. A round canvas tent with a hardwood floor, a yurt has ample windows for unobstructed views of your peaceful surroundings. Its round shape is soothing and relaxing and its skylights let you stargaze. Stylishly appointed and fully equipped,

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vacationers. Prices start at \$129 per night. (2012)

a yurt makes for a comfortable, turnkey vacation. Available in the Parcs Québec network since 2005, it has quickly become a favourite with