

NEW HAMPSHIRE – FALL & WINTER



NEW HAMPSHIRE	New Hampshire is less than 3 hrs drive from Montreal and it's ideal for family vacations, romantic getaways, outdoor adventure and fine dining.
	lamily vacations, formantic getaways, outdoor adventure and line dining.
	Go to www.visitNH.gov for itineraries around New Hampshire this fall and winter. Discover New Hampshire's wine, cheese and beer along your way. And there are festivals galore!
	This small, diverse State offers beaches, mountains and main streets. And with the Canadian dollar so strong - and no sales tax in New Hampshire – where better for shopping?
	Hit the slopes or pamper yourself at a spa. Your outdoor adventure can take you hiking, zip lining, dog sledding, snowshoeing or on a snowmobile tour.
	Fall activities include hiking and scenic drives to see the awe inspiring fall colours. There is lots of traditional Fall fun – like corn mazes, Halloween haunts, hay rides, and pumpkin festivals.
	Winter brings skiing, snowshoeing, snowmobiling, dog sledding and the snowcat on Mt Washington. Get ready for the Holiday Season with tours and events such as the Jingle Bell Chocolate Tour, Mount Washington Valley Inn to Inn cookie tour, Santa's Village Christmas Magic in Jefferson and Christmas at the Rocks in Bethlehem. And it's a great time to visit New Hampshire's museums and theatres.
Location	New Hampshire is located in northeastern United States. The total area of the state is 24,097 sq km, comprising 23,380 sq km of land and 717
	sq km of inland water.
	New Hampshire is bordered on the north by the Canadian province of Quebec; on the east by Maine and the Atlantic Ocean; on the south by
	Massachusetts; and the on the west by Vermont.
	It is one of the six New England states, the others being Maine,
	Massachusetts, Vermont, Rhode Island and Connecticut.
	Canada is the number one international visitor market for New Hampshire, with nearly a million visits. Of these, Quebec represents
	nearly half of all visits from Canadians.
Geography	New Hampshire has seven distinct geographical regions:
	Creat North Westle
	Great North Woods Dominated by forests and lakes, the Great North Woods is where
	sporting adventures are a way of life, from fishing, camping, boating,
	wildlife watching and snowmobiling.
	Fact: Today 84 percent of New Hampshire is covered by forest,
	compared to only 50 percent a hundred years ago.



White Mountains

Many vistas around the White Mountains are virtually unchanged since the arrival of early settlers, thanks in part to the 800,000-acre White Mountain National Forest. Mt. Washington is the highest mountain in the northeastern United States, attracting skiers, hikers, and outdoor enthusiasts. Fact: The first ski school in America was founded here 80 years ago.

Lakes Region

With 273 lakes and ponds in the Lakes Region alone, watersports are a big part of the fun, but it's not just a summer spot. Many prefer the frozen waters of winter for ice fishing, skating and even ice sailing. Fact: At 116-square kilometres, Lake Winnipesaukee is the sixth largest natural lake completely inside United States borders.

Dartmouth-Lake Sunapee

Winding backcountry roads give this picturesque corner of New Hampshire much of its character, but it's the Ivy League college, Dartmouth, that resulted in the region's name. Fact: Lake Sunapee is the only inland body of water in New Hampshire with lighthouses.

Monadnock

Small villages, rolling farmland and the occasional mill. Monadnock is typical New England countryside, which invites exploring at a leisurely pace. Fact: Many of Monadnock's small B&Bs and inns are located in restored antique homes and farmhouses that date back a century.

Merrimack Valley

Home to the state capital, Concord, and the cities of Nashua and Manchester, the Merrimack Valley is a hub for business, arts & cultural attractions, historic sites, shopping and nightlife. Fact: At 400 members, the New Hampshire legislature in Concord is the fourth largest deliberative body in the world.

Seacoast

From cobblestone streets to sandy beaches, over 350 years of tradition and history give texture to life on New Hampshire's 18-mile Seacoast. Whether it's an inland village or oceanfront town, the Seacoast offers a landscape that is an open invitation to get active. Fact: Portsmouth, an important working port since colonial days, was once a hotbed of Revolutionary fervour.

Name

New Hampshire was named for Hampshire, England, by Captain John Mason.

The state also has 4 nicknames:



- Granite State : for the extensive granite formations and quarries
- Mother of Rivers: for the rivers of New England that originate in the
Mountains
- White Mountain State: for the White Mountain Range
- Switzerland of America: for the beautiful mountain scenery
One of the smallest in the US at just 1,275,000
English
US Dollars – the current exchange rate with the Canadian Dollar as at
May 2011 is near parity which makes conversion very easy! Today's
rate (October 8 th , 2011) is \$1 Cdn = \$0.96 US
The custom of tipping is a common practice in the US: 15% to 20% for
waiters; 10% to 15% for taxi drivers; \$1 per bag for bellmen.
Occasionally gratuities are automatically added to restaurant checks
The state is known internationally for the New Hampshire primary, the
first primary in the U.S. presidential election race.
Concord is the state capital.
Passports are required for all Canadian visitors
Eastern Standard Time zone
Excellent services available but ensure that you have travelers health
insurance as health costs in the US can be very high
New Hampshire is relatively safe for the tourist. One should use the
same precautions as when traveling anywhere - try not to travel alone
and avoid deserted areas at night

CLIMATE	
General climate	New Hampshire has a changeable climate, with wide variations in daily and seasonal temperatures. The variations are affected by proximity to the ocean, mountains, lakes or rivers. The state enjoys all four seasons. The summers are short and cool; winters are long and cold; fall is glorious with foliage. The weather station on Mount Washington has recorded some of the coldest temperatures and strongest winds in the continental United States.
Today's weather	24 degrees Centigrade and sunny in Manchester (8 th Oct, 2011) – perfect leaf peeping weather!
Best time to visit	You can enjoy New Hampshire at any time of year. Visit a sugar shack and score great deals on lodging during Maple Sugaring season. Relax by the lake or hike through the white mountains in summer. Go apple picking with a backdrop of gorgeous fall foliage. Hit the slopes and the shops during your winter vacation.

GETTING THERE	
Drive time	It's approximately a three hour drive from Montreal to New Hampshire
	and around 400km to Concord in the southern part of the state.



Cities	There are ten city/town areas in the state:
	Berlin
	Claremont
	Concord
	Franklin
	Keene
	Laconia
	Lebanon - Hartland, VT
	Manchester
	Nashua Metropolitan Division (part of Boston metropolitan area)
	Portsmouth
	Rochester - Dover
	Manchester is the state's largest city. The history of Manchester is the history of its mills. Brick buildings today line both shores of the Merrimack River, reflecting a time when New England was one of the centers of manufacturing for a growing nation. French-Canadian workers flocked to the city from Quebec, and many of their
	descendants still live and work in the city, giving Manchester a multicultural flavor. The industrial era has passed, but visitors can still be impressed by the old mills, some now converted to restaurants and offices, others serving as university classrooms, and one that has leapt eras by housing a technology center. With 100,000 residents, Manchester is northern New England's largest city, and it has a grittier,
	more urban feel than anywhere else you can visit in the three states. It's a place for gathering supplies, visiting the fine art museum, and - most of all - getting a glimpse of the region's proud industrial heritage.
Distances	The width of the state east-west is 110 km
Distances	
Cog Boilway	The length of the state north-south is 305 km A ride up Mount Washington on the world's first mountain-climbing cog
Cog Railway	railway remains, as it has for well over a century, an exciting and
	unforgettable experience. The ever-changing surroundings, the
	magnificent views, the sights and sounds of unique steam locomotives
	in action, and some of the steepest Railway tracks in existence,
	combine to place it among the best of the world's great railway journeys.
	Some days the view from the summit of Mount Washington spans four
	states, Québec, and the Atlantic Ocean, limited only by the curvature of
	the Earth. Other days you literally climb above the clouds.
	But scenery isn't the reason most people ride the Cog Railway - rain or
	shine, the exciting three-hour round trip is an unforgettable journey.
	Go to www.thecog.com
Trains	Amtrak/USA Rail - Serves northern New England with a stop in
Tamis	Claremont, New Hampshire. AMTRAK Downeaster makes five round
	trips daily between Portland, Maine, and Boston, Mass, with stops in
	Thips daily between Fortiaria, maine, and boston, mass, with stops in



	Deven Develope and Frester AMTDAI/Lease (constraint Develope Const
	Dover, Durham and Exeter. AMTRAK has a terminal in Boston's South
	Station, as does Concord Trailways bus service. For more information
	on Amtrak call: 800-872-7245. Visit the Amtrak website at
	www.amtrak.com
	For train enthusiasts, the Cog now has biodiesel engines and audio
	tours and there is a new dining car at the Conway Scenic Railroad.
	Clark's Trading Post is the only remaining Howe-Truss Covered bridge
	in the country and it has an annual Railroad Days event in September
_	each year.
Boats	Mount Washington Cruises offers Scenic Daytime and Sunset Dinner
	Dance Cruises on Lake Winnipesaukee, NH from late May through
	October. The M/S Mount Washington visits 5 ports on Lake
	Winnipesaukee and takes on passengers in Wolfeboro, Meredith,
	Center Harbor and Alton Bay on alternating days of the week with daily
	cruises from Weirs Beach. Sunday Champagne Brunch Cruises from
	Weirs Beach and Alton Bay every Sunday. The US Mailboat, Sophie C.
	offers Island Cruises while delivering mail to the islands on Lake
	Winnipesaukee, the largest and most beautiful lake in New Hampshire.
	It is located at the foothills of the White Mountains in New Hampshire's
	beautiful Lakes Region. Lake Winnipesaukee is surrounded by
	mountain ranges, contains more than 240 habitable islands and covers
	44,000 acres of crystal clear water. http://www.cruisenh.com
Road Trips	New Hampshire was made for road trips. From coastal roads that
	overlook crashing surf to mountain roadways that wind through the
	Northeast's highest peaks and historic routes that follow early Native
	American trails, New Hampshire's roads are undeniably scenic - and
	the distances between destinations are never long.
	Explore the highways and byways, and discover what's just up the road
	at www.visitnh.gov/why-new-hampshire/scenic-drives.aspx.
	Here's some suggested tours from the website:
	Retro Tour – Historic Route 3 – 214km from Tilton to Pittsburgh to
	experience when tourism boomed in the 1940's through 1960's.
	Franco American Tour – Amoskeag Mills were once the largest mill
	complex in the world and those along with 30 others throughout NH
	attracted French Canadians seeking work. In the late 1890s, there were
	Little Canadas throughout the state. Still today, the French Canadian
	culture is strong in NH and almost everyone who is from NH has family
	ties to Canada.
	Cultural History Tour – Locals have a lot of pride and truly value their
	rich history and this tour is a sampling of some of their most prized
	treasures from the seacoast to the Connecticut River.
Buses	treasures from the seacoast to the Connecticut River. Greyhound Bus Lines/Vermont Transit serves Hanover, New London,
Buses	



	to Hartford (Conn.) and New York City stops in Keene. For New Hampshire call 800-231-2222 or 436-0163.
Passes	2011 White Mountains Attractions Value Pass: Over \$700 value for just \$299 each, this pass provides entrance to a whole host of White Mountains region attractions from the Mt Washington Cog Railway to Loon Mountain Gondola Skyrides. Passes can be bought online at www.visitWhiteMountains.com

ACCOMMODATION TYPES	New Hampshire is known for its tradition of warm hospitality and wide choice in lodgings. A romantic suite overlooking the ocean a cabin or campground on the edge of a remote lake where you awaken to the call of a loon a motel or hotel in the center of a bustling city a country inn or B&B at the heart of a historic village or a destination resort where you can enjoy a car-free and care-free vacation.
	car-free and care-free vacation. You'll find all these lodgings and more in New Hampshire.

TARGET GROUPS	
Kids	Weirs Beach: This is the trip your kids would plan if you weren't so meddlesome. Weirs Beach on Lake Winnipesaukee offers passive amusements, such as train and boat rides that appeal to younger kids, and plenty of active adventures for young teens, such as go-kart racing, water slides, and video arcades. Parents can recuperate on the lakeside beach.
	Whale's Tale Water Park: a 17 Acre Waterpark in the heart of the White Mountains with 11 waterslides, huge wavepool with ocean sized breakers, 1/4 mile lazy river, kid's activity pool; and more Phone: 603-745-8810 Web: http://www.whalestalewaterpark.net
Teens	Cog Railroad in Crawford Notch: It's fun. It's terrifying. It's a great glimpse into history. Kids love this ratchety climb to the top of New England's highest peak (Mount Washington) aboard trains specially designed in 1869 to scale the mountain. As a technological marvel, the railroad attracted tourists by the thousands a century ago. They still come to marvel at its sheer audacity.
	Alpine Adventures Outdoor Recreation: Zip-line Canopy Tour with 14 separate zip-lines, ropes bridges, Treewalk Village, professional guide staff & plenty of exhilaration while being extremely safe. Safari off-road tours in 11-passenger trucks & guided snowmobile tours. Phone: 603-745-9911 Web: http://www.alpinesnowmobiling.com
	For Teen Adrenaline Junkies – - Gunstock is putting in the longest tree top adventure course in the US



with 92 challenges and a new off-road Segway Park. They even have a course for small children to entertain the whole family. - Monkey Trunks has expanded majorly - Loon Mountain has put in a zip-line course - **Cranmore** opening this year is a complete outdoor adventure featuring a mountain coaster, aerial adventure course, zip-lines, summer tubing, bungee trampoline, giant swing, scenic chairlift rides, disc golf and more. - Canobie Lake Park has a new roller coaster called Untamed - Team O'Neill Rally School in Dalton offers 2 to 5 day driving schools and trains world champion drivers. They just added a number of cars to their fleet - Raft NH in Gorham has added two new exciting Class III and IV whitewater rafting trips and a new tranquil float trip. They have doubled the size of their raft and kayak fleet and now fresh meals are served at the gorgeous Mahoosuc Inn. www.raftnh.com Romance New Hampshire is the perfect place for a romantic getaway with someone special. Stay at a cozy Inn or a Grand Hotel. Treat your loved one to an afternoon at the spa, or head out together for some outdoor adventure. A romantic vacation in New Hampshire will give you time together to do the things you both enjoy. Destination weddings and civil unions are the latest trend as couples Honeymoons & Weddings choose to celebrate their special day at a place that holds unique meaning for them. There are hundreds of venues to choose from in New Hampshire. Today's couples can choose to have their ceremony on an ocean or lake cruise, fireside at a country inn, in a church built a century or more ago, or in the ballroom of a historic grand resort hotel. You can get a license from the town clerk in any New Hampshire town; you don't have to be married in the same town where you apply for the license. Both parties need to be present and must provide a valid picture identification and social security number. If this is not a first marriage, a certified copy of the final divorce decree from any previous marriage will be required. The fee for the marriage license is \$45. No blood test is required. The license generated becomes valid in three days and is then valid up to 90 days. The officiant (the person performing the marriage/civil union, either clergy or justice of the peace) will fill out their portion of the license and return it to the town clerk within three days so that the marriage or civil union can be registered with the state. Couples then need to apply to the town clerk in writing or in person for a certified copy of the license.



Genealogy	There are many historical connections with Quebec families in this state, so you may be able to find your missing ancestors in the historical rolls of the state. At one time, a third of New Hampshire families were from Quebec.
Seniors	The 55 to 64 age group represented the largest source of visitors from Canada with 37%. Hanover: If your idea of New England involves a sweeping green edged with stately brick buildings, be sure to visit Hanover, a thriving university town in the Connecticut River Valley. First settled in 1765, the town was home to early colonists who were granted a charter by King George III to establish a college. The school was named after the second Earl of Dartmouth, its first trustee. Since its founding, Dartmouth College has had a large hand in shaping the community. This Ivy League school has produced more than its share of celebrated alumni, including Robert Frost, Vice President Nelson Rockefeller, former surgeon general C. Everett Koop, and Dr. Seuss. Another noted son of Dartmouth was the 19th-century politician and orator Daniel Webster. Today, a handsome, oversize village green marks the permeable border between college and town. In summer, the green is an ideal destination for strolling and lounging. The best way to explore Hanover is on foot, so your first endeavor is to park your car, which can be trying during peak seasons (fall foliage and whenever school is in session). Try the municipal lots west of Main Street.

UNIQUES	Hanover, New Hampshire is among the "Top 10 Best Small Towns in
	the United States", according to Money Magazine. Most well known for
	the Ivy League Dartmouth College, Hanover has been ranked #6
	among the best towns in the United States by Money Magazine using
	criteria such as low crime, good schools, and having an abundance of
	cultural activities. Visitors enjoy picturesque architecture, greens, free
	art galleries and historic sites, year-round events, local shops, top of the
	line restaurants, unique cafes, young energy, and outdoor recreation
	(the Appalachian Trail passes through town making it a popular stop for
	thru-hikers). www.hanoverchamber.org
Surprising	- The state insect is the ladybug and the state amphibian is the Red
	spotted newt!
	- New Hampshire has the shortest ocean coastline of any U.S. coastal
	state, with a length of just 29 km and 75% of this coastline is public land.
	- Forests cover more than 80% of the entire state.
History	Various Algonquian tribes inhabited the area prior to European
	settlement. English and French explorers visited New Hampshire in
	1600–1605, and English fishermen settled at Odiorne's Point in
	present-day Rye in 1623. The first permanent settlement was at Hilton's
	Point (present-day Dover). By 1631, the Upper Plantation comprised



	modern-day Dover, Durham and Stratham; in 1679, it became the
	"Royal Province."
	The New Hampshire State House in Concord was designed by Albe
	Cady. It is the oldest U.S. state capitol where legislators still meet in
	their original chambers. It was one of the thirteen colonies that revolted
	against British rule in the American Revolution. It was the first state to
	declare its independence, but the only battle fought there was the raid
	on Fort William and Mary, December 14, 1774 in Portsmouth Harbor,
	which netted the rebellion sizable quantities of gunpowder, small arms,
	and cannon over the course of two nights. This raid was preceded by a
	warning to local patriots the previous day, by Paul Revere on December
	13, 1774 that the fort was to be reinforced by troops sailing from Boston.
	According to unverified accounts, the gunpowder was later used at the
	Battle of Bunker Hill, transported there by Major Demerit, who was one
	of several New Hampshire patriots who stored the powder in their
	homes until it was transported elsewhere for use in revolutionary
	activities.
	New Hampshire was a Jacksonian stronghold; the state sent Franklin
	Pierce to the White House in the election of 1852. Industrialization took
	the form of numerous textile mills, which in turn attracted large flows of
	immigrants from Quebec and Ireland. The northern parts of the state
	produced lumber and the mountains provided tourist attractions.
	Since 1952, New Hampshire gained national and international attention
	for its presidential primary held early in every presidential election year.
Books	Frommer's Vermont, New Hampshire and Maine 7 th Edition is a very
	practical guide to the state.
	I'm a Stranger Here Myself by Bill Bryson – is a laugh-out-loud book of
	essays about his return to the US to live in New Hampshire after many
	years in the UK.
1000 Places to see	Maple Country – Bethlehem and Sugar Hill
before you die	Canterbury Shaker Village
	The Robert Frost Trail
	The Great North Woods – Dixville Notch and Whitefield
	Hanover – an iconic college town
	Jackson – a mountain village winter wonderland
	The Lakes Region
	The Currier Museum – Manchester
	The Monadnock Region
	Lake Sunapee – ski mountain
	The White Mountains
	Portsmouth – seacoast New Hampshire
Must Sees	The fall colours:
	The spectacular autumn foliage colour show in New Hampshire attracts
	visitors from around the world. With the 6,288-ft elevation change within



the state, the lush mountain ranges put on one of the longest-running colour displays on the continent in September, while the lower valleys provide colour late into October. Since the date for peak colour changes, depending on where you are in the state, what elevation you are at and varying weather patterns, New Hampshire Division of Travel and Tourism Development has launched its foliage forecast website, http://foliage.visitnh.gov.ns1www.silvertech.net along with some travel tips for an autumn visit. There are numerous fall packages available offering by resorts and country inns – check out www.visitnh.gov. The most intense fall colours occur in areas in the state where there are vast stands of similar trees that turn colour at the same time. New Hampshire's scenic roads are a perfect way to see the joyous explosion of reds and yellows that bursts over the landscape.

Visitors should also consider leaving your car in the parking lot and taking in views by hiking, boating, kayaking or even a steam train ride. Try to observe scenery at different times during the day to experience the varying, but equally stunning, light effects produced in morning, afternoon and twilight. There's more to fall than an eye-popping palette of colour.

Fall is harvest season and the perfect time to enjoy the taste of New Hampshire own fresh fruits and vegetables at a mountainside or seaside picnic.

Using a colour coded map of the state and data from previous falls, the foliage forecast shows people what they can expect on any day of the autumn in any part of the Granite State. Through the website, www.visitnh.gov in September, it goes live with daily updates so that visitors can get up-to-the-minutes reports on New Hampshire's online foliage report with text alerts to their mobile phone. People can also call toll-free, 800-258-3608 to check on where peak foliage is in full "bloom."

For instance, here is the current (October 7th 2011) report for the White Mountains region of the state:

"The foliage is at different levels all over the White Mountains region. On the western side, the color is well-established; scenic drives along Routes 3 and Interstate 93 through Franconia Notch, and Route 302 through Crawford Notch will not disappoint leaf peepers. Route 112 along the Kancamagus Highway is looking very colorful, with lots of reds and oranges along the Swift River. Route 49 through Waterville Valley is showing lots of yellows, reds and oranges along the banks of the Mad River. On the eastern side of the region, the color is becoming well-established, with plenty of green yet to change. Expect peak fall color to hit this area very soon."



SPORTS ACTIVITIES	
Golf	New Hampshire has more than 90 golf courses around the state, from
	semi-private and public courses to the courses that are the centerpieces
	of some of the state's finest resorts. Golfers can choose from seaside or
	lakeside courses, historic courses edged by mountains, or newer
	courses that follow the rugged natural contours of the land.
Fishing	A vigorous stocking program keeps New Hampshire's lakes and rivers
	lively with fish. Brook trout (about half of the trout stocked), lake trout,
	and rainbow trout are in the waters. Other sport fish include small- and
	largemouth bass, landlocked salmon, and walleye. Fishing licenses are
	required for freshwater fishing, but not for saltwater fishing.
Horse riding	Horseback riding is a fun and eco-friendly way to spend a few hours
	discovering the scenic beauty of New Hampshire. Whether it's a
	family outing or a romantic getaway, New Hampshire offers a variety of
	unforgettable experiences on horseback. Ranging from horseback
	riding camps, lessons or a relaxing trail ride, there are many options to
	suit your ideal outdoor adventure. Check out www.visitnh.gov for
	further information. Here are some suggested places to enjoy a day of
	horseback riding and test your equestrian skills:
	Castle In the Clouds, Moultonborough— Enjoy miles of views and
	wooded trails through the 5,500 acres of the Castle in the Clouds
	mountaintop estate. Open seven days a week, you can take a one-hour
	guided trail ride, take your child on a pony ride, or make reservations
	for a carriage ride or wagon ride. Admire the rustic woods and
	natural scenery New Hampshire has to offer.
	Gunstock Mountain Resort, Laconia— From late May through mid October violates and experience the heaviful account and page full
	mid-October, visitors can experience the beautiful scenery and peaceful
	setting of Gunstock's Cobble Mountain Stables. Travel through the woods and around Cobble Mountain, over miles of trails. Experience
	Gunstock's 2,400 acre resort. Enjoy a western trail ride through the
	Lakes Region and choose from a variety of different horseback rides
	and levels.
	 Inn at Ellis River, Jackson—Enjoy a day of horseback riding in
	New Hampshire's beautiful White Mountain Region. Visitors can take
	advantage of a variety of activities and specials offered at the inn
	including a Mountainside Trail Ride Package available July 1 through
	September 23. This package includes two nights lodging for two,
	gourmet country breakfasts and afternoon refreshments, plus the scenic
	mountainside trail ride at Black Mountain including a picnic lunch with
	the horses.
	Farm By the River Bed & Breakfast, North Conway—Visitors can
	enjoy a stay in North Conway while taking advantage of all the town has
	to offer, including specials and packages at Farm By the River Bed &
	Breakfast. Experience the inn's "Easy Adventure" package including



	a 3 night stay for two year-round including horseback riding, private horse and carriage rides and of course, bed and breakfast. • East Hill Farm, Troy—The East Hill Farm riding program offers riding experiences to appeal to a variety of ages and abilities. The farm offers activities such as junior horseback riding lessons and western trail rides. Visitors ride on beautiful trails through wooded areas and open fields that reveal the breathtaking view of Mount Monadnock. • Lucky 7 Stables, Londonderry—Open seven days a week, Lucky 7 Stables is a full-service horseback riding stable located in Southern New Hampshire. The stable offers an array of activities including horse boarding, guided trail rides, lessons and more. Take a Friday night sunset trail ride for spectacular New Hampshire views on horseback. • Attitash, Bartlett— Enjoy the incredible views of the mountains on one of the most scenic trail rides in the Mount Washington Valley. Trail guides will lead groups on hour-long horseback rides along the Saco River and through the Fields of Attitash. This horseback riding excursion is suitable for those of all levels and experience. • The Franconia Inn, Franconia— Situated on 107 acres of Easton Valley, Franconia Inn offers breathtaking views of Mount Lafayette, Franconia Notch, and the Kinsman Range in the White Mountains. From the end of May until mid-October, the Franconia Inn provides guided horseback riding tours through the beautiful, northern parts of New Hampshire. The tours extend along Easton Valley into the foothills of Cannon Mountain.
Hiking	Whether you join a guided hike or set out on your own with family or friends, New Hampshire offers endless opportunities to explore the outdoors on foot. There are thousands of miles of scenic trails, including 1,200 miles in the White Mountain National Forest and a section of the Appalachian Trail. For peak-baggers, the state has 48 4,000-footers, while many other hikes offer spectacular views for moderate or little effort, and are ideal for less experienced hikers, groups or families with children. The Appalachian Trail: This 3,400 km trail from Georgia to Maine
	includes some of the most spectacular scenery in northern New England. The trail enters the region in southwest Vermont, winding through the southern Green Mountains before angling toward the White Mountains of New Hampshire. From here, it passes by remote Maine lakes and through hilly timberlands before finishing up on the summit of Mount Katahdin.
Cycling	There's a beautiful side to New Hampshire that cyclists and mountain bikers know. New Hampshire's many scenic country roads make for ideal touring; you can even pack up and ride from campground to campground or inn to inn. Off-road cycling enthusiasts have hundreds



of options. Many ski areas welcome mountain bikers in warmer weather, and lift-served biking is the order of the day. There are miles of trails in the White Mountain National Forest and through New Hampshire State Parks and State Forests. State Parks known especially for their mountain biking include Bear Brook, Pawtuckaway and Pisgah. New Hampshire Bike/Ped and the New Hampshire Trail Bureau both have biking information online, including regional maps, biking/ped links and bike safety information. Bicycle Route 1A, Hampton Beach to Portsmouth: With a sampling of all sorts of coastal scenery on New Hampshire's minuscule coastline, you begin with sandy beaches, then pass rocky headlands and handsome mansions before coasting into Portsmouth, the region's most scenic seaside city. Franconia Notch Bike Path, Franconia Notch State Park: This 14km paved bike path has an elevation gain of 800 feet and takes visitors to many of the most scenic and natural points in Franconia Notch State Park. Cannon Mountain offers bike rentals. Cannon also has a shuttle to bring back groups that want to do a one-way, downhill ride on the path from the tramway to the Flume Gorge Visitor Center. www.cannonmt.com Soft Adventure **Climbing** – Rumney and Pawtuckaway are outdoor climbing goldmines and indoor climbing is growing in popularity – a new one is being built in Concord this summer which is going to be the biggest in the state. Winter sports New Hampshire in winter will excite your senses, nourish your spirit and inspire your imagination. There's nothing like New Hampshire's legendary big mountains to get alpine skiers and snowboarders dreaming and there are wonderful family-size mountains, too. New Hampshire's **19 alpine ski areas** offer something for every skier or rider- regardless of your ability! Cross country ski networks range from a few kilometers across snow-covered golf courses to 100+ kilometer world class trail networks. Many cross country centres offer snowshoeing, while many alpine resorts have snow-tubing runs with lifts. Ski New Hampshire is the official source for NH alpine and cross country ski conditions: www.skinh.com And if you haven't yet learned to ski or snowboard, be sure to check out Ski NH's Learn To Ski & Ride Free Week in January. First-time skiers & snowboarders receive a free learn to ski or snowboard lesson, free equipment rentals & a free beginner terrain lift ticket. **Anglers** don't need to cast about for something to do in winter. Bobhouses, the traditional haunt of ice fishermen, dot frozen lakes, while skaters etch icy outlines on rinks, ponds and indoor ice arenas.



Winter also means the sound of sleigh bells, and the old-fashioned pleasure of a sleigh ride.

Ski developments for winter 2011/2012 include:

Loon Mountain, Lincoln: \$1.4 million investment adds four new trails (an additional 17.5 acres), and another 160 of the latest technology Low-E tower snow guns

Granite Gorge, Keene: adding an addition to the base lodge, expanding rental, adding The Lookout Lounge with a full liquor licence and all weather deck, expanding trails, adding two new snowguns to the fleet, and offering a brand new Bag Jump inflatable landing area for skiers and riders to practice jumps.

Pats Peak, Henniker: substantial additions to snowmaking, new Burton Learn to Ride Center, expanding rentals with separate section for the Bear's Club Kids Program, new progression section added to terrain park, and now offering a new Freestyle Camp.

Mount Sunapee, Newbury: new glade trail, expanded snowmaking, and new Burton Learn to Ride Center.

Gunstock Mountain Resort, Gilford: New Big Air Bag Jump for a soft landing and new Zip Tour offered all seasons

Cranmore, North Conway: added 40 new snowmaking guns, a new groomer, lodge renovations, and substantial rental equipment upgrades.

Black Mountain, Jackson: increasing snowmaking by 35%, widened Sugarbush trail, lodge renovations, and expanded seating at the Lostbo Pub.

Crotched Mountain, Bennington: expanded rentals and new freestyle elements and park.

King Pine and Purity Spring Resort, East Madison: improved snowmaking.

Jackson XC, Jackson: 1.7 km of new trails

Windblown XC, New Ipswich: now offering telemark and backcountry skiing.

Go to www.skinh.com for all the details.

CULTURE	
Arts	Saint-Gaudens National Historic Site in Cornish: Sculptor Augustus
	Saint-Gaudens has been overshadowed somewhat by his
	contemporary, Daniel Chester French, but his work was extraordinary and prolific. Learn about the man, and artistic culture of the late 19th and early 20th centuries, while touring his studio and house.
	Zimmerman House in Manchester: Designed in 1950 by Frank Lloyd



	,
	Wright, the Zimmerman house is so, well, 20th century (mid-century modern, to be specific). A great example of a Wright Usonian home, it offers lessons in how to live right in any age.
	New Flying Monkey Movie House in Plymouth: New "Winni"
	Playhouse has acquired the former Annalee Dolls campus in Meredith,
	New Hampshire, and will be moving into a larger building that will have
	a 182-seat main theatre, an outdoor amphitheatre, and walking trails.
Music	The Music Hall, Portsmouth: Built in 1878, the oldest theatre in New
	Hampshire is a non-profit performing arts centre featuring acclaimed
	film, music, theatre, and dance. The Music Hall Historic Tour focuses on
	the recent stunning restoration of the dome and proscenium arch.
	28 Chestnut St., Portsmouth, NH 03801 Phone: 603-436-2400
	Web: http://www.themusichall.org
Film	The following were filmed in New Hampshire – Jumanji, Cider House
	Rules, The Good Son, On Golden Pond, The Skulls.
	Famous actors and filmmakers from NH include Adam Sandler, Ken
	Burns, Triple H, Sarah Silverman, Seth Meyers, Tom Bergeron and
	Steven Tyler,
Museums	Currier Museum, Manchester: Stroll through the different galleries to
	see American and European art ranging from the Renaissance to
	current day. Learn about the museum's origins in the new Currier
	History Gallery and enjoy the Currier's extensive collections of
	paintings, sculpture, furniture, glass, and ceramics throughout the
	museum.
	U.S. National Marconi Museum, Bedford: The Marconi Museum
	exhibits follow with equipment, literature, audio-visual presentations - the development of radio communications from, "Spark to Space".
	18 N. Amherst Road, Bedford, NH 03110 Phone: 603-472-8312
	Web: http://www.marconiusa.org
Festivals and Events	In the Fall there's a ton of festivals and events: hiking, corn mazes,
r estivais and Events	haunts, hayrides, festivals and events, foliage, scenic drives
	Thadries, riagriaces, restrate and evente, reliage, seeme arrees
	Corn mazes:
	- Coppal House Farm 6.5 acres www.nhcornmaze.com , Lee
	- Maize Massacre Sherman Farm's Haunted Maze
	www.shermanfarmnh.com, East Conway
	- Beans & Greens, Gilford (fresh farm store)
	Haunts & Hay Rides:
	- Charmingfare Farm, Candia
	- Morbid Mountain, Gunstock Mountain Resort, Gilford
	- Nightmare New England, Litchfield
	- Haunted Ghoullog, Cranmore Mountain, North Conway



Events:

- NH film Festival 10/13-10/16, downtown Portsmouth
- Enchanted Hayrides (10/15-10/30) at DeMeritt Hill Farm, Lee
- Keene Pumpkin Festival (10/22)
- Riverfire, Northern Forest Heritage Park (10/22), Berlin

Foliage & Scenic Drives:

- Mountains: Kancamagus Highway Route 112, Franconia and Crawford Notches
- Lakes: Route 113 and 113A around Squam Lake
- Seacoast: Route 1A from Hampton to 1B through New Castle
- Route 9 to Keene

In Winter the activities are endless: skiing, snowshoeing, snowmobiling, dog-sledding, shopping, snow-cat on Mt Washington, theatre, holiday events, museums, sleigh rides...

Skiing:

- 18 Alpine Resorts and 18 x-country and popular backcountry in parks and on trails (Free Groomed X-Country Trails: around NH -Concord has Beaver Meadow and White's Farm Trails)
- Extreme Skiing on Tuckerman's Ravine on Mt Wash
- Snowmobiling 10,200 kms of snowmobile trails in NH
- Dog-sledding Muddy Paw Sled Dog Kennel Jefferson and northern White Mountains. New England Dog Sledding in Maine has trails that go into North Conway and towards Bartlett. They have trails further north in the Umbagog Lake Wildlife Refuge

Theatre:

 Flying Monkey, The Music Hall, The Colonial, The Concord Capital Center for the Arts, The Palace and more

Shopping

- Thanksgiving (11/24) week sales, Black Friday (11/25) and post Christmas

Events:

- NH Open Doors, statewide (11/5-6)
- Jingle Bell Chocolate Tour (11/26-27), Inn to Inn in Jackson
- 15th Annual Mount Washington Valley Inn to Inn cookie tour (12/10 11)
 - Santa's Village Christmas Magic Jefferson (12/3 4)
 - Christmas at the Rocks, Bethlehem (12/3 4)



Vintage Christmas, Portsmouth every weekend in December
 (Candlelight Stroll in Strawbery Banke and theatre

And in the summer months, here's just a few to think about:

New Hampshire Motor Speedway bringing back Indy Races

Annual Bike Week in Laconia

Sand Sculpting Competition held in June at Hampton Beach Mount Washington Auto Road races to the summit

Farmer's Markets, free outdoor concerts, and weekly fireworks are going to pick up for the season soon too.

There really is something every week.

ATTRACTIONS

Here are some things to do in New Hampshire on a rainy day:

- **Tax-free shopping** 365 days a year- rain or shine, in the malls, on the main streets, and at a variety of antique stores throughout the state.
- Try out a new **restaurant**, sample fresh produce, enjoy a farm to table meal or attend one of the many festivals and tasting events around dining in New Hampshire.
- Enjoy a **museum**, like the newly expanded Currier Museum of Art in Manchester
- Take the kids to the **Children's Museum of New Hampshire** in Dover, newly relocated and expanded as well.
- The Franconia region inspired Robert Frost to write some of America's most loved poems. The **Frost Farmhouse** is now a living museum that will likewise inspire visitors.
- Browse the more than 2,000 pieces of artwork in the **Old Print Barn** in Meredith.
- See the stars even when it raining cats and dogs! The Manchester **SEE Science Centre** proves daily that gravity is fun. The SEE Science Center also boasts the world's largest LEGO mini-figures display in the world.
- Head to **Keene State College** to see theatre or listen to live music at the Redfern Arts Center on Brickyard Pond or admire artwork at the Thorne-Sagendorph Art Gallery.

Beaches

Head to the Seacoast where New Hampshire's Atlantic shoreline is packed with places to discover. The boardwalk and hotels all along **Hampton Beach** offer countless attractions, shops and food as well as a long, gentle stretch of popular beach. On Route 1 you will find lodging of all types, familiar restaurants and family-friendly attractions, from water parks to miniature golf. Alternatively, spend the day at one of the family-friendly sandy beaches in **Rye or North Hampton**. Then head up the Coastal Byway to the Seacoast Science Center at Odiorne Point, which offers hands-on tidal pool exhibits and nature walks. The coastal trails and marshes of the State Park offer bird watching and kayaking



	opportunities plus plenty of places for seaside picnicking. If you'd rather combine learning and fun, historical Portsmouth puts 400 years of excitement at your feet. Start at the John Paul Jones House to meet the "Father of the American Navy" who led a crew of local New Hampshire men against the British on the high seas during the Revolutionary War. Then check out the day's family activities at Strawbery Banke a few blocks away. This 10-acre living history museum teaches kids how children lived in the 17th, 18th and 19th centuries - spinning their own yarn or dipping candles. There are great family restaurants nearby or cross the street to picnic in Prescott Park and watch the ocean-bound ships or even a replica of the local historical gundalow watercraft go by. Prescott Park offers a daily summer schedule of evening performances and movies in the park. About 20 minutes up Route 4 in Dover, children of all ages will discover something new at the award-winning Children's Museum of New Hampshire. Uniquely New Hampshire, this hands-on arts and sciences museum encourages children's natural curiosity.
Wildlife	Among native New Hampshire mammals are the white-tailed deer, muskrat, beaver, porcupine and snowshoe hare. Threatened animals include the pine marten, arctic tern, purple martin, peregrine falcon, whip-por-will and osprey. The Karner Blue butterfly, lynx, bald eagle, shortnose sturgeon, Sunapee trout, Atlantic salmon and dwarf wedge mussel are on the state's endangered species list.
	Moose Spotting: Gorham Moose Trail The 174-year old town, nestled in the Androscoggin Valley and adjacent to the picturesque Presidential Mountain Range, have a 94% successful sight rate when it comes to close encounters of the Moose kind. Gorham is surrounded by the White Mountain National Forest and the spectacular Mt. Washington and Great Glen Outdoor Center are only eight miles away. Tourists should not miss the unique opportunity to take the Gorham Moose Tour in search of the giant of the North Country and other area wildlife, including deer, osprey, eagles and more. Climb on board a comfortable, air-conditioned, 15 or 21-passenger tour bus for a 3-hour tour along the picturesque Androscoggin River and into the 13-Mile Woods Area. There are daily tours throughout from May to October and evening tours almost every night of the week. For information or reservations, call 877-986-6673. http://www.mtwashingtonvalley.org/newhampshire/attractions/gorham-moose-tours.cfm
Parks	New Hampshire's state parks are a rich resource for recreation and education. Spend a day at the ocean or lake swimming and picnicking,
	explore the region by hiking or biking the miles of woodland trails, or choose a scenic campground as a base to explore the park and the



	local area. In the winter, snowmobile, snowshoe or go cross country and alpine skiing. Conveniently located throughout the state, New Hampshire State Parks offer a lot year round, and they're a terrific value, too. http://www.nhstateparks.org Mount Washington State Park, a 59-acre parcel perched on the summit of the Northeast's highest peak, is surrounded by the extensive 750,000-acre White Mountain National Forest. On a clear day, views from the 6,288-foot summit extend beyond New Hampshire as far as 130 miles to Vermont, New York, Massachusetts, Maine, Quebec, and the Atlantic Ocean. The Sherman Adams building, a modern summit building, houses The Sherman Adams Visitor Center, a cafeteria, restrooms, gift shops, the Mount Washington Observatory and its museum. The historic TipTop House is located adjacent to the summit building.
Gardens	While you might expect lush gardens to be limited to more temperate climates, you'll find New Hampshire has a number of stellar gardens, from Portsmouth's Prescott Park , with its test gardens, and the Urban Forestry Center, known for its outstanding wildflower display, to Fuller Gardens' rose and Japanese gardens (North Hampton), and Strawbery Banke's historic gardens. The gardens at The Fells estate (Newbury) are nationally recognized. Rhododendron State Park's 16 acres burst into bloom around mid-July (Fitzwilliam), while Saint-Gaudens National Historic Site (Cornish) offers a full season of color, with sculptures set in beautiful perennial garden "rooms." New Hampshire's two Shaker communities (Enfield and Canterbury) both have gorgeous gardens. Pickity Place (Mason), the model for the house in Little Red Riding Hood, has public gardens, greenhouses and a restaurant that serves 5-course gourmet lunches year-round that feature home-grown herbs. You can learn more about the state's working forests at the Northern Forest Heritage Park (Berlin) where displays include a complete logging camp with loggers showing traditional skills, and there are boat tours and horse-drawn wagon rides. Floral festivals include Lisbon's Lilac Festival in May, and the Fields of Lupine Festival (Franconia/Sugar Hill) and Rocks Estate's Wildflower Fest (Bethlehem), both in June.
Covered Bridges	At one time there were over 10,000 covered bridges in the United States, and today 54 of the remaining 750 are located in New Hampshire. Located throughout the state, each bridge is unique to its town and design. Because of their beauty and the history behind them, covered bridges became the first type of historic structures specifically protected by state law in New Hampshire.



OTHER ACTIVITIES	
Shopping	What Canadian could not be motivated by the State's tax free policy and the willingness of New Hampshire merchants to offer bargains? This spring and summer all tourists really need to be told is where to find the best shopping. The discount malls, the factory outlet stores, the antiques and the made-in-the-state establishments, it is all here. Three places of note (and there are many, many others noted in the State's Visitor Guide) are: North Conway - Over 11 million visitors come each year to the White Mountain Region and North Conway to experience the very best New
	England has to offer - and shopping is high on the list of things to do! There are over 100 factory outlet stores in town. Settlers Green Outlet Village has 60 nationally known factory stores. Over 55-years young? Shop on Tuesdays and get 10% off at many of the stores. www.settlersgreen.com
	"Antique Alley" is on Route 4 and stretches from the town of Lee to Chichester, NH. Antique Alley is the oldest antiquing route in New England with more than 500 dealers in the towns of Northwood, Lee, Epsom, and Chichester. It says a lot for the state that it also has the distinction of having the most antique shop than all the other collectable routes. Antiques dealers and collectors from across the USA and Canada make the Alley a "must shop". www.nhantiquealley.com
	The Tanger Outlet in Tilton is not just a mall, it is a tourist destination. Located on I-93 in the Lakes Region, this large modern mall has over 50 brand name outlets. Most outlets offer discounts for CAA card carrying members. www.tangeroutlet.com/tilton
	Portsmouth : Downtown Portsmouth offers a grab bag of small, manageable, eclectic shops, ranging from funky shoe stores to classy art galleries. The downtown district is small enough to browse leisurely on foot, but you'll find a broad assortment of stuff for sale that will appeal to almost any taste.
	The New Hampshire Division of Travel and Tourism Development's powerful industry friendly website has information both on outlet shopping and hand-made one-of-a-kind stores. http://www.visitnh.gov/what-to-do/shopping-and-antiquing/outlets.aspx
Markets	Farmers Markets: Today's renewed interest in farm-fresh foods and increased appreciation for the rural experience is reflected in the Farmers' Markets, Pick-Your-Own Farms and Agricultural Fairs held



	throughout the state. The number of farmers' markets in New Hampshire has grown significantly in the past years, in conjunction with people's interest in local foods and agriculture. And now through these Farmers' Markets or at a farm where you can pick apples, berries and more, you can bring a piece of New Hampshire home with you. For a taste of what's growing, stop by one of the many farmers' markets held around the state.
	New Durham Farmers' Market: Depot Rd. on the lawn next to the post office. Mid-May-mid-Oct., Fridays, 1-6pm. Plants, flowers, vegetable, fruit, shrubs, ornamentals; fresh flowers: arranged and by the stem; relishes, chutneys, condiments, baked goods, maple syrup, locally designed and fired pottery, paintings, garden art and ornaments, handmade wreaths, quilts, soaps, freshly picked fruit in season, vegetable plants, fresh vegetables, herbs, specialty tropical plants.
Nightlife	Muddy River Smokehouse, Portsmouth: Blues are the thing at Muddy River's downstairs lounge, which is open evenings Wednesday through Saturday. Weekends offer blues with well-known performers from Boston, Maine, and beyond. Cover charges vary, but admission is free for some shows if you arrive before 7:30pm. The Music Hall, Portsmouth: This historic theatre dates back to 1878 and was thankfully restored to its former glory by a local nonprofit arts group. A variety of shows are staged here, from magic festivals to comedy revues to concerts by visiting symphonies and pop artists.

The New Hampshire Farm to Restaurant Connection has developed a new "Certified Local" program to recognize restaurants that are committed to supporting local agriculture. Restaurants must meet strict criteria to receive this level of recognition. Growers' Dinner events will be held across the state during the summer and fall season and information on dates and locations are promoted online at
 www.nhfarmtorestaurant.com Come enjoy one of New Hampshire's many dining options. From fine dining at a country inn to traditional New England fair to lobster bakes and coffee shops to one of New Hampshire's breweries, the variety is endless. The New Hampshire Chocolate and Martini Tour combines two great tastes in an entertaining trip around devilish chocolate shops and first class martini bars – go to
http://www.visitnh.gov/uploads/itineraries/chocolate-martini-8-10.pdf New Hampshire is the new kid on America's winemaking block. And, with the vigour of youth, the burgeoning industry is beginning to turn noses and palates in the direction of the Granite State. There are now



twelve commercial wineries and vineyards in New Hampshire and the industry is growing rapidly.

To help visitors sample what the state has to offer the New Hampshire Division of Travel & Tourism Development has produced a brochure (also available as a downloadable brochure from its website at www.visitnh.gov) to encourage oenophile-bent travelers to discover New Hampshire's wineries, restaurants and creameries. The **Wine and Cheese Trails** brochure is also available as a downloadable brochure, on-line or in print. Using maps, directories and breathtakingly beautiful pictures, this brochure spotlights wineries, creameries and farms in the Seacoast Region, the Merrimack Valley and the "Apple Way" (western area of the New Hampshire).

http://www.visitnh.gov/uploads/itineraries/wine-cheese-brochure-8-10.pdf

Meant as a guide for motorists who want to explore the state while enjoying the fruit of the vine, The **Wine and Cheese Trails** brochure, like New Hampshire wine, is meant to be sampled over time. These are trips to be savoured, not rushed.

Three of New Hampshire's most distinguished vineyards and creameries along the Seacoast Trail take advantage of the coastal climate to create fruity award winning wines famed for their delicate bouquets. The **Flag Hill Winery** stretches over 20 acres of land on a family farm in Lee. In the tasting room, guests sample fruit, red, white, dessert and port wines.

In nearby South Hampton, **Jewell Towne Vineyards** has won more than 100 medals in international competitions for its Seyval; Maréchal Foch. The winery is open year-round and offers free tours. **Zorvino Vineyards** in Sandown, produces wines from grapes grown on the 80-acre property. The vineyard offers tours, tastings and a retail store selling wine-related items.

Those in the know bring along a selection of goat cheeses from the nearby Full Moon Farm in Rochester, NH to accompany the wines produced by these three Seacoast wineries.

Driving the **Merrimack Wine and Cheese Trail** will take two or three days. It is an approximately 336 kilometer voyage with stops at 3 vineyards and 4 dairies. The Apple Way Trail covers 160 kilometers, 3 vineyards and 2 diaries.

Beer

There's a great **beer trail** linking many of New Hampshire's breweries. **Brewery Map and Wine & Cheese** – taste a local wine and brew but not just taste...see, sample, and meet the brewers and makers. Though there are breweries and wineries throughout the world, each is nothing alike and this is one of the most popular ways to experience local life and culture. Candia Vineyards is NH's most awarded but new ones are opening such as LaBelle's and unique flavors such as those designed



by Moonlight Meadery.

http://www.visitnh.gov/uploads/pdf/131-7046-breweryMap-Brochure-online.pdf

Breweries in NH:

Anheuser-Busch Brewery - Merrimack

Elm City Brewing Company - Keene

The Flying Goose Brew Pub & Grille - New London

IncrediBREW - Nashua

Italian Oasis Restaurant & Brewery - Littleton

Manchester Brewing Company - Concord

Martha's Exchange Restaurant & Brewing Company - Nashua

Milly's Tavern - Manchester

Moat Mountain Smoke House & Brewing Company - North Conway

The Portsmouth Brewery - Portsmouth

Redhook Ale Brewery - Portsmouth

Seven Barrel Brewery - West Lebanon

Smuttynose Brewing Company - Portsmouth

Tuckerman Brewing Company - Conway

White Birch Brewing - Hooksett

Woodstock Inn Brewery - North Woodstock

Restaurants

There are many excellent restaurants all over the state- here are a few recommended places:

Wine Thyme, North Conway

This is a Wine Bar, restaurant and Wine Shop all under one roof. Wine Thyme has one of the largest outdoor dining patios in the valley with full service lunch and dinner. On Saturday and Sunday they serve a full breakfast starting at 7:00am They have a large appetizer and tapa menu in addition to full entrees. The wine menu offers over 50 bottles by the glass and their wine cellar has fine offerings from Cakebread, Paul Hobbs, Don Melchor and Sassicaia. Their retail wine shop is stocked with local and imported cheese as well as a wide selection of limited production wines, domestic and foreign offerings, sparkling wines, champagne and ports.

2697 White Mtn. Hwy. North Conway, NH 03860 Tel: 603.356.8463 http://www.winethymeonline.com

The Daniel Webster Room of the Hanover Inn in Hanover appeals to those looking for fine dining in a formal New England atmosphere. The inn's Colonial Revival dining room is reminiscent of a 19th-century resort hotel, with fluted columns, floral carpeting, and regal upholstered chairs. The dinner menu isn't extensive, but that doesn't make it any less appealing. Produce from the college's organic farm is used seasonally. The changing entrees are eclectic and creative and may include braised rabbit leg with truffled pappardelle. Off the lobby is Zins,



a more informal wine bistro offering 30 wines by the glass (open daily 11:30am-10pm).

Jumpin' Jay's Fish Café, Portsmouth: One of Portsmouth's more urbane eateries, Jay's is a welcome destination for those who like their seafood more sophisticated than simply deep-fried. A sleek and spare spot dotted with splashes of color, it also features an open kitchen and a polished steel bar. Jay's attracts a younger, culinary-attuned clientele. The day's fresh catch is posted on blackboards; you pick the fish, and pair it up with sauces, such as salsa verde, ginger-orange, or roasted red pepper. Pasta dishes are also an option - add scallops, mussels, or chicken as you like. The food's great, and the attention to detail by the kitchen and waitstaff is admirable.

For the kids: **Jukebox Junction**, Madison: Opening this month (October 2011), this is a new 1950's themed Ice Cream Shoppe and Diner offering 1950's specialty fountain drinks along with over 20 different flavors of ice cream including 6 no sugar added flavors. Stop off for ice cream if you are heading between North Conway and the Lakes Region. www.jukebox-junction.com

MORE INFO	
Brochures	To find out more about New Hampshire or to receive a free visitor's guide, call 1-800-FUN-IN-NH (386-4664) or visit www.visitnh.gov . The free 178 page Visitors Guide is the most comprehensive guidebook ever published by The New Hampshire Department of Travel and Tourism Development. The new Visitors Guide is packed with colourful photos, maps and practical information that will make it easy to travel throughout the Granite State. One of the features in this year's guide is a list of "50 Things to Do to Know the Real New Hampshire" – best of all most of the things on the list are free. The guidebook features up-to-date information on lodging, restaurants, golf, hiking, bird watching, camping, festivals, state parks, markets, historic sites, museums, and even directions to the nearest covered bridge. For Social Media: Visitnh on Twitter and Facebook. Learn about Fan Benefits – two month specials only offered to New Hampshire followers. The New Hampshire Dream Vacation Scavenger Hunt: send a photo with your "I Love it Here" sign for a chance to win your dream vacation and other prizes – www.nhdreamvacation.com .
Websites	 www.visitnh.gov is the best site for planning your trip to this state www.visitwhitemountains.com for the White Mountains Region http://www.lakesregion.org for the Vacation Lakes Region



Travel Show prize	New Hampshire Trip Showcase: a 3 day, 3 night ski and stay vacation
	package at Waterville Valley ski area - one of New Hampshires most
	exciting ski resorts

	1 m / m / m out
PRIZE PARTNER	Waterville Valley Ski Area
	Enjoy access to over 70 km of groomed cross-country trails plus
	downhill skiing
	Take advantage of the recreation centre with an athletic club, indoor
	pool, ice skating at the ice arena and more!
	Relax in Waterville Valley's signature horse-shoe shaped walking
	village, surrounded by mountain peaks, filled with tax-free shops, cafes
	and restaurants.
	Take a horse drawn sleigh ride - they pull directly into the village centre.
1 4'	http://www.waterville.com/winter
Location	Waterville Valley is located in New Hampshire's White Mountain
	National Forest and is 360 kms, or 3.5 hours from Montreal. (8 hours
	from Toronto; 5 hours from Ottawa.) It's almost directly due south from
	Sherbrooke and only minutes off I-91.
	Take Rt. 10 to Rt. 55 to I-91 to I-93 S to Exit 28, then 18 kms via Rt. 49
Clei Marratain Ctata	to the resort village.
Ski Mountain Stats	Total Acres: 500 and Skiable Acres: 259 Longest Run: 5 kms
	Summit Elevation: 4,004 ft. Vertical Drop 2,020 ft.
	Parks & Pipes:
	Exhibition Park - Poma-serviced; 400' Superpipe - Poma-serviced;
	Burton Progression Park; Psyched Boardercross Park; Little Slammer
	Mini Park; The Boneyard Ski & Snowboard School:
	Seasonal Programs; Private/Group Lessons; Burton Learn to Ride; Learn to Ski/Snow Country Passport
	Total Trails: 52
	Novice: 20%
	Intermediate: 60%
	Advanced: 20%
	Glades (all ability levels) : 5
	Mogul Fields (all levels): 6
	Twinkies and Rollers : 2
	Other Facilities:
	Sport Thoma Retail & Repair Shop
	Top Dog Ski/Snowboard Rental Shop
	Child care – from 6 months old
	White Mtn. Athletic Club
	Nordic Centre
	Valet Parking
	NASTAR Course



Kid's Programs:

Junior Seasonal Programs

Group Ages 7+/Private Lessons - all ages

Kids' Venture Kamps ages 3-12

Lifts:

Skier Capacity per hour: 14,867

High Speed Quads 2

Triples 2
Doubles 3
Surface Lifts 5

Accommodation

Hotels, lodges and condos in Waterville

This season, Waterville's ski and stay deals offer more love than ever starting with new Wicked Long Ski Weekends and family friendly packages like Kids Ski free Weekends in January. All include access to the White Mountain Athletic Club, skating at the indoor ice arena and use of the shuttle bus. There's also horse drawn sleigh rides, cross country skiing and snowshoeing, the Curious George Center and resort restaurants and shops centred in Town Square, a short walk from most accommodations.

Waterville Valley Town Square Condominiums

Spacious three-bedroom, two-bathroom condos sleep up to 8 people, and feature two color TV's, cable, HBO, DVD, and a full kitchen. One-bedroom units available during some midweek periods. Most units have complimentary wireless internet access. Located in the centre of the scenic mountain village, just footsteps away from an assortment of shops, restaurants, and entertainment, and adjacent to Waterville Valley Nordic Center with miles of pristine trails. Access to the Athletic Club pool, Jacuzzi, and cardio facilities included with lodging. http://www.waterville.com/winter/town-square?utm_source=internal&utm_medium=sidebar_txtlink&utm_campaign=town_square_condos_hot_els

The Golden Eagle Lodge

A family friendly all-suite lodge featuring one- and two- bedroom units that sleep up to six. Includes a full kitchen, living/dining area, private bath(s), indoor pool, sauna, Jacuzzis, game room, and a fireplace in the lobby. http://www.goldeneaglelodge.com

The Black Bear Lodge

An all-suite lodge featuring one-bedroom (some with loft) units with full kitchen, living/dining area, and private bath, sleeping up to six. Indoor/outdoor pool, sauna, whirlpool spa, exercise room, game room, and children's cinema. http://www.blackbearlodgenh.com



Snowy Owl Inn

85-room full service hotel with continental breakfast, afternoon wine & cheese social, cable TV, computer with internet access and wireless. All rooms have small refrigerators and hair dryers, some have full kitchens & Jacuzzi tubs. Amenities include: indoor heated pool, Jacuzzi, saunas, fitness room, 5 fireplace lobbies, conference rooms, and a free shuttle bus to the mountain. http://www.snowyowlinn.com

Best Western - Silver Fox Inn

A comfortable country inn with thirty-two non-smoking rooms. Each room has either one king bed or two double beds. Relax by the fireplace in the lobby and enjoy complimentary wine and cheese. Rates also include a hearty breakfast. The best value in Waterville Valley. http://www.silverfoxinn.com/home.html

The Valley Inn

The Valley Inn combines luxury, comfort and relaxation with boundless opportunities for indoor and outdoor recreation in Waterville Valley. From hotel rooms to two bedroom suites, the Valley Inn has a wide variety of rooms to suit your need. All rooms have Cable TV and small refrigerators. Some also have kitchenettes or full kitchens, based on room style. Additional amenities include a game room and Library with wireless internet service. From the inn, it's an easy stroll to Town Square shops and restaurants. http://www.valleyinn.com

Restaurants

In the town:

Coyote Grill

Located on the second level of the White Mountain Athletic Club the Coyote Grill is within walking distance of all Waterville Valley accommodations. They offer creative American cuisine in a Mountain Casual Dining atmosphere, with live entertainment every Saturday night. Contact - 603-236-4919

Diamond's Edge North

Casual, fine dining for the entire family, with inventive nightly specials, an extensive children's menu, and the popular burger board. THE BAR is a favorite valley gathering spot for creative cocktails, great wine, and good cheer. Entertainment every Saturday night.

Contact - 603-236-2006

On-Mountain Dining options include: Base Ldoge Alpine Grill Buckets - Base Lodge, 3rd Floor Schwendi Hutte Mtn. Top Restaurant



	Sunnyside Timber Lodge - Sunnyside Triple
	T-Bars Restaurant - Above Top Dog Rentals
CURRENT DEALS 2011	The Canadian dollar is on the rise and so are the savings in New Hampshire. With the dollar hovering just above parity Canadians save and actually save again – New Hampshire has no sales tax. The Granite state appreciates the business and visitors it receives from Canada and many properties are offering up discounts and other added value items. Check out http://www.visitnh.gov/4-seasons/money-saving-offers/yankee-dollar-stretchers.aspx for the current deals
PERSONAL	Concord and Manchester
EXPERIENCES	