

ROATAN HONDURAS with NOLITOURS



ROATAN

Roatan is an idyllic island just off the north coast of Honduras and is the most populated of the three main islands that make up the Bay Islands - although there are over 70 islands and cays in total. Long known to divers as one of the top dive destinations in the Caribbean, Roatan is now being discovered by vacationers looking for somewhere a little different, a little off the beaten track, yet with all the convenience of direct flights and all inclusive resorts.

Nolitours offer weekly non-stop flights to Roatan and feature six resorts which range from 3½ to 4½ star accommodation. As well as professional dive activities you will also find a variety of included features such as a kids' clubs, beach and water sports, and restaurant choices. And, as you would expect for one of the world's top diving destination, non-divers can also enjoy fabulous snorkeling.

At nearly 50 km long, less than 8 km wide at its widest point - and reaching elevations of 244 m (800 ft) - visitors to Roatan will experience everything from flat sandy beaches, rocky, volcanic rock shores, mangrove forests, lush valleys and steep rainforest-covered hilltops.

The beaches on Roatan are classic curves of white sand adjacent to turquoise warm waters, with the second largest barrier reef in the world just offshore. Roatan's barrier reef, sea grass beds and mangroves house the island's complex marine ecosystem. The Sandy Bay-West End Marine Reserve is a protected area where you will find many of Roatan's exceptional dive sites.

Divers may see dolphins and sharks, sea turtles and moray eels, and these waters are one of the best places in the world to see whale sharks especially between May and September. Caves, 1000-foot coral walls and spectacular sea sponges await those who venture under water.

Nolitours offer a full range of excursions to explore this unspoiled destination offering water based fun, cultural experiences, nightlife and adventure. For example there's a full day eco tour of Roatan island including visits to small local markets. You can zip line through the canopy of the tropical forest, take a catamaran trip with snorkeling to see the incomparable marine life or go swimming with Dolphins.

Nolitours offer vacations with a difference – their unique noliDUO packages allow you to visit two completely different destinations in one vacation. You can add a dash of culture and history to your beach getaway and combine the beauty of the tropical oasis of the Island of Roatan with the splendor of the ancient Mayan ruins at Copan on the





Government	Honduras is a democratic constitutional republic and the current
	President is Porfirio Lobo Sosa.
Documentation	Passports are required for Canadian citizens. Visitors are issued a Honduran visa (stamped in your passport) upon arrival and must have at least three months left on their passport before it expires to gain entry into Honduras. When leaving Roatan, departures taxes are collected: L\$650 (\$34)
Time zone	Honduras is in the Central Time zone and does not observe daylight saving time.
Health	No inoculations are required for Roatan. Don't forget your travel insurance.
Safety tips	This island destination is considered a safe place for visitors but all normal travelling precautions should be observed.

CLIMATE	
General climate	On Roatan the dry season starts in April and goes through mid to late July. This period is very dry and the weather consists of sunny day after sunny day with the temperature increasing from an average of 29°C, in April, to 30°C in July. This period is very warm and somewhat humid although the humidity on the Island is moderated by a steady easterly trade wind that blows throughout this period. For sun lovers this is as good as it gets. The shoulder season starting in March shows a steady decrease in rainfall (from the peak rainfall in February), which continues into the dry season starting in April. This is a very pleasant time of year with a few scattered showers to cool things off slightly and temperatures just slightly cooler. The first rainy season starts as early as mid to late June but more typically mid to late July and goes until early September followed by a short dry spell during later September and early October. The late fall is characterized by good stretches of weather with short periods, a day or two, of rain followed by a week or more of good weather. This can often be a great time since the occasional rain tends to offer some relief from the heat and is very refreshing, with this pattern continuing December through mid January.
Today's weather	Saturday, 1 st November 2014 is 25C and sunny.
Best time to visit	Roatan is a great winter destination for Canadians wanting relief from the cold winter conditions.

GETTING AROUND	
Getting There	Air Transat offers direct service to Roatan's international airport, Aeropuerto Juan Ramon Galvez, located in the town of Coxen Hole, from both Montreal and Toronto. Approximately 5 hours flight time. www.airtransat.ca



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Cities	There are no cities on Roatan – this is one of its delights! Coxen Hole,
	also called Roatan Town, is the largest settlement on the island, and the
	capital of the Bay Islands department of Honduras, with a population of
	about 5,000. It is also the location of the island's Juan Manuel Gálvez
	International Airport. The city was founded in 1835 when several
	families moved to Roatán from the Cayman Islands.
Distances	The island is long and thin: 50km by 8km.
	It is 56km off the mainland coast of Honduras.
Ferries	The Galaxy Wave is a new ferry that travels to/from La Ceiba on the
	Honduras Mainland. The ferry is clean, comfortable, and very reliable. It
	departs from La Ceiba twice daily, once in the morning at 09:30 and
	once in the afternoon at 16:30. Departure times from Roatan are 07:00
	and 14:00. It costs about \$28 for a 1 way trip and takes around two
	hours.
Taxis	There are hundreds of taxis and they can be bargained with. But ask the
	price in advance and if it seems high, ask another. Prices from the
	airport are fixed during the day and negotiable at night. A cab from the
	airport to West Bay is \$10. Tipping is not expected by drivers.
Car Rental	Car rentals are available from many car agencies on the island. Avis
Cai Relitai	
	and Budget are located near the airport. Local rental agencies are
D	mostly along the road opposite the airport.
Buses	Buses run every 15 min between Coxan Hole and West End during the
	day. They depart from opposite the market in Coxan Hole. Buses run
	every hour to Oak Ridge, stopping at the new ferry terminal and passing
	through French Harbour, Polly Tilly Bight, and Punta Gorda on the way.
	These buses leave from opposite the HB Warren supermarket in Coxen
	Hole. Cost is about \$1.20
ACCOMMODATION	There are no mega-resorts on Roatan: that is one of its charms.
TYPES	However there are a number of smaller all-inclusive resorts – check out
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	the section on Transat at the end of these notes.

LIFESTYLES	
Kids	Roatan Butterfly Garden
	The pleasant walkways with shaded benches, are a perfect place to see and learn about Roatan's tropical trees, such as cashew, mango, hog plum, admiral plum, papaya, tamarind, bananas, key lime, sugar cane, bread fruit; and our lush tropical plants including more than 25 varieties of hibiscus flowers, crotons, heleconious, philadendrum, orchids, jasmine, ginger, ti plants, exora, pentas, lantanas, and parrot flowers. Roatan's Butterfly Garden is home to many hummingbirds, and a small collection of parrots, macaws, and toucans that have been acquired as rescue birds.



	Open Sunday through Friday 9am - 5pm, closed Saturdays.
	Website: http://www.roatanbutterfly.com/
Teens	Try zipping above the treetops, overlooking Roatan beaches and coastline while your feet nearly touch the lush tropical jungle below. There are several canopy tours to choose from; some with as many as 20 platforms and 13 suspension cables. If zipping at heights of 262 m (860 ft) and traversing more than 3 km of cable sounds like fun, Roatan zip lining is a must.
	Platforms connecting zip lines are the perfect opportunity to observe wildlife in its natural habitat. Bring your camera and be on the lookout for some of the 120 bird species that make the island home including the Yellow-nape Parrot. Eco-friendly designs allow you maximize your zip lining experience with minimal impact on the surrounding environment. Professional guides provide you with helmets, gloves and high-tech harnesses for a safe and exciting zip lining adventure. Tours take approximately 3 hours. Teens will also enjoy exploring the Caves of Helene.
Romance	Caribbean sunsets, pristine beaches, picturesque fishing villages, restaurants built over the lagoon waters, snorkeling hand-in-hand over coral reefsthere's a long list of romance-inducing experiences on Roatan!
Honeymoons & Weddings	Imagine it. Lush gardens, gold and white sand beaches, even your own private cay. Roatan weddings offer the exclusivity and privacy no longer found in many Caribbean destinations. Choose from a range of venues including modern four-star resorts to smaller, more intimate boutique-style hidden properties. Award-winning professional wedding and event planners ensure every detail of your special day is taken care of and that a wedding in paradise is truly a stress-free and momentous occasion for you and your wedding party.
	Roatan honeymoons. Situated next to the world's second largest barrier reef, Roatan is a tropical paradise waiting to be explored. World famous scuba diving, lush jungle canopy tours and horseback riding on the beach are just a few of the ways newlyweds can spend their first few days together in paradise. Imagine escaping to one of dozens of secluded beaches or snorkelling together in the Caribbean Sea. Share quiet moments with luxurious spa treatments such as a couple's massage and chocolate body wraps. Sample irresistible island cuisine and choose from casual beachfront eateries to romantic candlelit hidden away bistros. And there's no shortage of live entertainment on Roatan with local talent playing various venues every night of the week.
Zoomers	Able-bodied Seniors will find much to love about this destination and



	who have mobility challenges, this is not a recommended destination
	due to the hilly terrain and lack of suitable facilities.
UNIQUES	See the second largest barrier reef in the world from the air flying in a helicopter - the turquoise blue waters are something that has to be seen to be believed; contact info@aerocentro.aero
Surprising	Oak Ridge, is a small village on the eastern end of the island. On arrival, you'll be offered water-taxi tours to the Hole-in-the-Wall restaurant, neighbouring communities, and around the harbour, but it's also pleasant to walk through the village, which has many brightly coloured wooden houses on stilts along the shore.
History	Long before Christopher Columbus landed on the Bay Islands in 1502, Paya Indians called Roatan their home. While not much is known about the very first inhabitants of the island, it is believed people roamed this paradise as early as 600 AD. Today, "Yaba-dind-dings" (Paya artifacts) are still found including pottery, shell ornaments, conch trumpets and clay figures. Roatan has a rich history of pirating on the island. The island became a hideout for French, English and Dutch pirates who would intercept and conquer Spanish cargo vessels en route to Europe loaded with gold and other treasures. It is estimated by the mid-17th century there were approximately 5,000 pirates living on Roatan and the Bay Islands. Some of the names you may recognize: Henry Morgan, Blackbeard, John Coxen, and Van Horn once ruled these shores and waters. By the late 1700s, the Spanish had either killed most of the pirates or sold them as slaves, taking control of the community of Port Royal, Roatan's oldest European settlement. Not too long after in 1797, approximately 2000 Black Caribs were left on the island by the British. The settlement of Punta Gorda was established and the Garifuna people as they became known, live there to this day. Each year in April, a festival celebrates the anniversary of the Garifuna people's arrival. British ruled the Bay Islands area from the late 1700s until 1862 at which time it was returned to the Spanish and became part of Honduras.
Books	"Red at Dawn" by David K Evans is a novel about piracy on Roatan and the Bay Islands. Lonely Planet have a guidebook on the diving sites on Roatan called
1000 Places to See	"Honduras' Bay Islands".
Before You Die	Roatan is the only entry for Honduras in this book of travel miracles and it describes the destination as "The way the Caribbean used to be".
Must Sees	Stanleys Submarines
must occs	Featured in National Geographic and on the Discovery Channel, Stanleys Submarines provide a rare opportunity to travel in a one-of-a-kind machine to another world and come face-to-face with life



forms beyond imagination.

The vehicle is a one-of-a-kind deep diving submersible designed and custom-built for her exact location on Roatan, Honduras. The sub, which is the first in history constructed of three different sized spheres, is designed to safely transport three people to 3,000 feet (915 meters) below sea level.

Each expedition discovers something new and often times, you will encounter creatures which cannot be identified in any books. These deepsea expeditions are truly a once-in-a-lifetime opportunity.

Expeditions:

1000 ft/305m dive: Explore down the second wall, around a huge field of boulders, often see over 200 feet (60 meters) horizontally using only natural light. Animals encountered include sea lillies, glass sponges, pom-pom anemones, and lace coral. 1.5 hours. More on this expedition

1500 ft/406m dive: Cat sharks and two types of unusual lobsters are commonly spotted. Evening dives increase the chance of seeing more bizarre creatures as they come up from deeper water to feed. 2.5 hours. More on this expedition

2000 ft /610m dive: The animals here have never known daylight. Many of the creatures date back before the dinosaurs. Fish encountered include jelly-nosed eels, rough sharks, and chimera. 3.5 hours. More on this expedition

Lophelia Reef Expedition 1500ft/460m: Few people have ever seen this splendid marine habitat as Lophelia coral is found deeper than even technical divers dare venture. Includes everything the 2000 foot dive does PLUS a mile of sub-sea travel, arriving at an oasis of deep (1200-1500ft/365-460m) sea coral. 4 hours. More on this expedition

Six-Gill Shark Dive 1500ft/460m: The only way to guarantee citing of this massive pre-historic fish is to do an expedition specially tailored to encounter them. You will be departing at sunset and viewing sharks in total darkness. 5-9 hours. More on this expedition

Stanleys Submarines is located on Half Moon Bay in West End Village. Website: http://www.stanleysubmarines.com/

SPORTS ACTIVITIES

You can experience the wonders of Roatan's reefs and marine life without getting wet. Boat tours include a **glass-bottomed boat** that glides over the reef, giving you a bird's eye view of the amazing coral



	and fish below. Go deeper by taking a submarine tour where you descend as far as 460m (1500 ft) to search for elusive creatures such as the six-gill shark. Don't have time to get certified but want to get underwater? SNUBA is a shallow water diving experience that combines snorkelling with diving. On a guided tour you'll descend 6m below the surface. SNUBA is kid-friendly and entire families get can in on this kind of underwater experience. If speed is your thing, try jet skiing and wake boarding. Rental companies operate out of West Bay Beach and West End. Take advantage of the Caribbean trade winds and try kite boarding or attend a windsurfing school in Sandy Bay and set sail along Roatan's calm, protected waters.
Golf	The newest addition to Roatan's list of land activities, the Black Pearl Golf Course offers stunning tropical scenery combined with a challenging course, making it known in the golf world as one of the best new golf courses in the Caribbean. The Peter Dye–designed 18-hole, par-72, 7,179-yard course takes players from the Caribbean Sea through the island's rolling foothills, offering breathtaking views of the barrier reef.
Fishing	Roatan fishing charters offer an exhilarating experience for sport fishing enthusiasts of any level. A variety of charters with knowledgeable local guides take visitors to fishing hotspots using the latest equipment and safety gear. While trolling and deep sea fishing tends to dominate, opportunities for guided fly fishing on the eastern part of the island are also readily available. Roatan deep sea fishing and trolling is just a few minutes from shore. Barely 1 km off the coast, boats drift over the reef into waters 305 metres (1000 feet) deep. Fish species include tuna, barracuda, wahoo, dorado, jack's, mahi mahi, marlin, grouper and king mackerel. Sport fishers are in for more than just a catch. Guides create a truly memorable fishing experience. Some charters include a stop for lunch at a deserted beach and you may even have someone cook your catch at the end of the day! Charters generally include all fishing gear and equipment. Some companies offer pick-up and drop-off, along with refreshments onboard. This is island time so don't be surprised if your trip includes a break and time to snorkel the reef. Travel tip: February and March are ideal times to spot a Whale Shark while you are on the water.
Horse riding	Whether you are a beginner or experienced rider, Roatan horseback
	riding adventures offer a superlative experience in stunning surroundings. Start your guided ride on a deserted beach, along scenic roads and through tropical foliage. Some rides take you to the hilltops



where stunning panoramas of Roatan's reefs and coastline come into
view. Cool off at the end of the ride and wade your horse through the
turquoise waters along one of dozens of secluded beaches.
Watch for wildlife during your ride; you may see white-tailed deer,
Roatan opossum or Agouti.
Some companies offer pick up and drop off service. Try Shirkie's
Barrio Dorcas Ranch for horseback riding on the beach at West End.
You can walk along the beach to West Bay from West End in about 45
minutes and then take a water taxi back.
I don't really recommend cycling here – too many hills and potholes!
Some of the best diving in the Caribbean can be found in the waters
surrounding Roatan and the Bay Islands. The world's second largest
barrier reef backs onto the island's coastline making Roatan one of the
world's top diving destinations.
Beginners are in luck too. Útila , the smallest of the islands, is one of the
least expensive places in the world to get certified.
Located at the southern terminus of the Mesoamerican Barrier Reef
System and skirting the Cayman Trench, it's no wonder on a Roatan
dive you'll see dolphins and sharks, sea turtles and moray eels, caves
and 1000-foot coral walls along with spectacular sea sponges. These
waters are one of the best places in the world to see whale sharks
especially between May and September.
If you are not certified, or it has been a while since you last dove there
are a range of PADI dive courses and recreational dives to suit every
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taste and ability. Courses generally last three to four days with open
water certification including two confined-water and two open-water
dives. But don't let the laid back Caribbean lifestyle fool you – this diving
mecca offers trained multi lingual dive masters, instructors and 5 star
PADI-certified diving companies with all the latest equipment. Without
exception all diving is done in the presence of PADI trained professional
dive masters and/or instructors.
Many of the islands experienced dive masters and instructors were
trained under the NAUI system and all worldwide certifications are
recognized, including NAUI, YMCA etc. Make sure that you bring your
certification card for verification.
Choose from multi-dive packages, night dives, shark diving, wreck
diving, deep dives and fun dives.
Prices vary but generally are between \$250 to \$325 for ten packaged
dives and single tank dives start at approximately \$25. Rental
equipment is generally included although most avid divers bring their
own gear.
Many of the resorts are located in the Roatan Marine Park, which plays
a vital role in protecting the reef surrounding the island. All divers are
highly encouraged to pay the voluntary user fee of \$10 a year or \$3 a



day which is available at their dive shop or at the marine park office. The money goes towards financing park moorings, patrols and public awareness.

The outside of the reef is a continuous wall that typically begins in shallow water and descents to a 45 degree coral talus and sand slope at about 110 feet. Sometimes the wall plummets to unseen depths. Caves, crevices, overhangs, natural cathedrals, fissures, caverns and protrusions are constant features of the Northern reefs. Roatan's southern side harbours a fringing reef formation, generally closer to shore than the northern reefs and nearly as continuous. Shallow areas provide snorkelling and scuba sites featuring coral gardens knitted by huge stands of Elkhorn coral. Deep sites begin shallow and fall directly to a shelf or the abyss below. Large Pelagic fish are occasionally sighted both sides of Roatan.

Dive Sites

There are an estimated **176 dive sites** around the island with a dive site for every ability. There are roughly 82 easy sites to 'get your feet wet': 72 advanced sites for a little more excitement: 12 expert sites and 10 technical sites. Suffice to say, you can take a Roatan dive vacation and check out a different site everyday of your stay. Here is a list of some or the more popular dive sites and what one can expect to see.

Hole in the Wall

This has something for everyone. Begin in 40ft. of water on a sand chute, home to the shy Yellowhead Jawfish, that takes you down through the "hole in the wall" opening out at 100ft. Novices can ascend a little and enjoy the spectacular wall on the right while the more advanced can descend down the sand slope, leveling out above "the abyss" that drops down 1000's of feet. Take a right, slowly making your ascent up and along the wall where shoals of Creole Wrasse, Blue Tang thrive.

Look out for eagle rays and turtles, and it's not over yet! After swimming for 10mins and upon reaching the top of the wall it's time to head towards the shallows where the 'swiss-cheese' rock formations provide another fabulous journey down, round, up and over swim-throughs, caverns, and canyons while "off-gassing" in 20ft of water.

Keep an eye out for marble-eyed Spotted Scorpion Fish lying amongst the rocks on the bottom, and finish off with a visit in the last canyon where Glassy Sweepers and Silversides (seasonal) jostle for the spotlight as the sunbeams through the cracks. For the adrenalin seekers there is a dark and silty cavern at the end of this canyon, which has several passages that one could quite easily get lost in, so of



course do not do this without an experienced guide. The view coming out of the canyon is an amazing gradient of greens and blues with silhouetted rock formations. A perfect dive and a perfect profile.

El Aguila Wreck (The Eagle)

Another Roatan classic, this ship was an old beached cargo vessel, 287ft long, bought by Anthony's Key Resort to create an artificial reef. Originally sunk in 1993 only to be smashed into 3 pieces by the mighty Hurricane Mitch in 1998. The wreck was thoroughly cleaned before it was sunk so there was no environmental impact on the reef, and is perfect for penetration, as there are no obstacles to worry about.

Begin by dropping 110ft straight down to the stern and onto the sand where a field of Garden Eels sways back and forth from their little holes. Big Groupers sometimes come right up to your face while laid down watching the Eels. The propeller shaft and stern are raised out of the sand as you plunge head first through a window and into the wheelhouse, causing disorientation as the angle of the boat is twisted. Pockets of air trapped on the ceiling look like pools of liquid mercury as we exit through a beautiful rectangular opening out into the deep blue and toward the middle section.

The middle section is not really enclosed but offers a variety of swim-throughs while looking up at the mast piercing the water above. Then it's off towards the bow where you can swim through a doorway, then exit through a large hatch on the bow. Look over the edge and down to a coral patch at the base of the bow that is home to the famous Green Moray Eel that is not afraid of divers. He often comes right up to you looking for food. A pair of Translucent Blue Parrot fish feast on the algae growing on the bow. Groupers and Dog Snapper follow the divers around. Often an Eagle Ray comes gliding along the wall as you head to shallower water after about 20mins on the boat. The wall has nice canyon formations and a cavern in 15ft with a roof exit in 5ft that gives shelter to Bristle Worms and Glassy Sweepers. Drift along at 30ft towards Pillar Coral dive site where many fish like Sergeant Majors, Grunts, Blue Tang, Chub and Parrot Fish dance on the top of the wall.

Spooky Channel

A very different dive. Dive through a deep channel that links the lagoon with the outer reef. The channel begins shallow but reaches a maximum depth of 90 feet, and is about 50 feet across at the widest point, but if you look up you will discover what makes this dive so famous. The walls of the channel slowly converge above you, and when they are only a few feet from the surface, the walls are only six feet apart. You can



make out a beautiful ribbon of light 80 feet above you. "Spooky" due to the low level of light entering, and the reason for an unusual prominence of low light corals normally found in the very deep. Fascinating rock structures, swim-throughs, lobster and starfish, a truly unforgettable dive.

Mary's Place

This has got to be one of Roatan's most famous dives because of its amazing structure forming this crack inhabited by every type of coral, and sponge. Impressive overhangs teem with colour and life and lots of Seahorses. This site is on the south side of the island, an easy dive fro from any of the south side resorts.

Bear's Den

Interested in caverns? Then this is the dive for you. At 50ft begin with a beautiful tunnel swim-through, opening out into the blue, and then down and along the wall. A big Plate and Sheet Coral outcrop provides home to many fish, sometimes a group of Squid. Make an ascent to the top of the wall and the entrance to the huge beautiful cavern, Bear's Den, in only 25feet. Look closely at the rocks while approaching the entrance for the tiny Lettuce Leaf Sea Slugs and other Nudibranchs, even a Spotted Drum.

Swim over forty feet into "cathedral-like" Bear's Den, where sunbeams scatter shafts of light that dance around on the sandy bottom. Lie on the sand and relax while watching Glassy Sweepers swim back and forth amongst the light beams. Then it's time to head back for yet still more swim-throughs and canyons just past the mooring, keeping a close look at the Gorgonian Soft Corals as they provide shelter for rare Seahorses and Neck Crabs, usually only visible to the trained eye. The cavern is best seen in the mornings, as the sun's angle is perfect for the light beams in full effect.

Blue Channel

Famous for its perfect profile for snorkelers and divers, it is in fact a channel that starts from the inner part of the reef and flows out towards the coral ridge, starting at 10ft and then to 45ft at the top of the wall. Start on the wall, barrel sponges, interesting tiny coral heads cover the deep sandy slope that look like an army of strange mushrooms. Then head yet again toward the shallow water where a series of canyons in 20ft of water provide home to a large Porcupine Fish, Glassy Sweepers, Moray Eels and in mid-June to early August shoals of Silversides fill the canyons sometimes making it impossible to see which way one is going.



After exiting the last swim-through, dancing with, and scattering the tiny fish, it's time to follow the channel. Either side goes right up the surface guiding you to the outside of the reef and turtle grass in 10 ft where the boat can meet you, another perfect dive profile.

Mandy's Eel Garden

Magical formations of corals and sponges and sloping white sand give this place a dream-like quality like no other site on Roatan. Like the name says there is a Garden of Eels down at about 65ft. Huge white shallow sand patches make it ideal for students on their first dive and it's perfect for snorkeling as the top of the wall is only 20ft.

West End Wall

A shear wall, healthy coral, huge schools of fish and good chances of seeing Eagle Rays and other large pelagics. If you catch it just right with a nice current it can be a spectacular drift dive, flying in formation with your buddy just enjoying the ride. Off in the distance you may just catch a glimpse of the sunken 'Josie J'.

Texas

Why? Because "everything is so huge "said Mickey, an instructor at West End Divers and well the name just stuck. This is unspoilt beauty at its best. Huge Barrel Sponges, some big enough to hide inside are scattered everywhere across the plains of Texas and glorious corals housing every type of Caribbean reef fish like the Queen Triggerfish and Black Durgon. Rare fish like the Atlantic Spade Fish and the Sargassum Triggerfish can be found amongst these coral patches, but be discreet because they are shy fish that dart back into their holes if they see you coming.

Usually there is a wonderful current that runs east to west making it perfect to glide across the plains at ease at 50 ft. The actual wall top at Texas is quite deep at 100ft and beyond, and then it's sometimes difficult to work your way shallower against the current. Anyone can enjoy the plains of Texas but right out on the wall calls for a little more experience.

Peter's Place

The place for big Groupers, a beautiful wall, teeming with Creole Wrasse and always at least four big groupers and sometimes even bigger Dog Snapper. Perfect for close-up photography of these gentle giants. The reef offers interesting formations and sandy patches around about 45ft and on the wall there are canyons and over hangs. This site offers a unique feature, an ancient waterfall, giving a glimpse of what



	the island would have been like during the last ice age when the sea
	level was much lower than it is today. Free swimming Moray Eel and Eagle Rays may be seen.
	Lagio Mayo may be ocom
CULTURE	Diversity is perhaps the best way to describe the collection of culture that has created Roatan's unique culture over time including a mix of Carib, European and African heritage. In recent years many European and North Americans have made Roatan their home and an increasing number of ladinos (a mixture of European and Indian parentage) have moved here.
Museums	Roatan Museum In 1992, Cheryl Galindo, wife of resort owner Julio Galindo, created the Roatan Museum. The museum is housed in the RIMS facility and created with the guidance and expertise of the Honduran Institute of Anthropology. Through artifacts, murals, maps and documents, the museum reflects the culture and history of the Bay Islands.
	The Bay Islands Underwater Museum The adventure begins in Sandy Bay on the North side of Roatan. Here guests receive a safety briefing and separate into groups according to swimming abilities. Guests of the Underwater Museum will be guided through crystal clear water, where they will receive a historical and cultural taste of the Bay Islands colourful past. Visitors will discover underwater statues & artifacts from the Mayan, Paya and Garifuna era. The tour will culminate on a real 60 foot underwater galleon skeleton abundant with tropical fish, coral and surprises. The end of the tour is through the fantastic coral gardens teeming with sea creatures like turtles, rays and angelfish that call this beautiful reef their home. http://underwatermuseumroatan.com
Festivals	On January 1st Roatan Kicks the year off the evening before with a huge New Years Eve party that can last until several days later. In 2014 April 13th - 20th is Holy Week. This is a huge Latin American celebration known as Semana Santa and is a party that last s the entire week before Easter. It is not to be missed on Roatan! Semana Santa in upcoming years: 2015 March 29th - April 5th 2016 March 20th - 27th
	Carnival in April is a celebration of the arrival of the Garufina in Punta Gorda. Carnival is celebrated all over the island with celebrations in all of the major centres including Punta Gorda, Coxen Hole, Oak Ridge, Flowers Bay, Sandy Bay, and French Harbour.



In April Jonesville hosts the **Pirates Fair**. This is a great event and was originally started as a fund raising event to pave the roads of Jonesville.

June is the **Roatan International Shrimp Festival**, a two day international event promoting the Bay Islands, Honduran music and its culture to thousands of visitors.

September 15th is **Independence Day**. This is a public holiday commemorating the declaration of independence of Central America from Spain in 1821. There are many celebrations all across the island again in most of the major centres.

In September boat owners and crew meet in West End for the **Roatan International Fishing Tournament.** Great food, drink and the spirit of friendly competition is the order of the day, not to mention some enormous fish!

Oct 31st is Halloween: ghosts and goblins invade all parts of Roatan!

ATTRACTIONS

Beaches

Roatan beaches are some of the best in the Caribbean. Water temperatures average 27C.

Roatan's **West Bay Beach** is perhaps the most famous strip on the island which is likely why Lonely Planet describes its white sands as "pitch perfect". West Bay Beach offers a variety of amenities including dive resorts, restaurants and pubs, water sports equipment, souvenir shops and even a strolling ice cream vendor that delivers cool treats right to your lounge chair! Excellent snorkelling is located just off the beach particularly at the western end.

West End and Half Moon Bay are also swimming and water playground hotspots. The Roatan Marine Park office is located in West End, one of several places where you can rent snorkelling equipment. Even more choices of restaurants, pubs and shops are located adjacent to West End Beach. Roatan water taxis connect West Bay Beach with Half Moon Bay and West End.

If you are looking for something **off the beaten path**, generally beaches along the northern coast are less visited and you may even find one all to yourself. Roatan's eastern islands offer many secluded beaches with ideal snorkelling conditions and tour companies offer shore excursions into this less travelled part of Roatan.



Wildlife

Roatan Plants

Plant enthusiasts will appreciate the native fruit trees including Strangler Fig, Hog Plum and Nance. Island native plants such as ferns, bamboo, orchids, bromeliads and palms can be seen in the wild and at botanicals gardens and parks. Walking Roatan beaches, you can expect to see coconut palms, sea grapes, almond trees and coco plums along with a variety flowering plants and vines.

Integral to the Roatan's ecosystem is the mangrove forests found throughout the island. Not only do they protect the island from storms but also act as a breeding ground for many species.

Roatan Wildlife

Roatan is home to a number of native birds, reptiles and mammals as well as some rescued exotic species from the mainland. Several species of bat live here, important in controlling the insect population. You'll likely see an **Agouti** or two during your stay – best described as a tiny-eared rabbit. Opossum and White-tailed Deer roam freely around the island.

Approximately 40 reptile species are found in Roatan including the endangered Hawksbill turtle. You also find six species of frogs, 15 lizard species and 13 snake species. The iguana farm is home to nearly 3000 of these reptiles.

Over **120 species of birds** live on Roatan, approximately only 40 species actually live and nest on Roatan, the rest are migratory birds. The Yellow-nape Parrot is found in Roatan and is an endangered species. Canopy tours are a great way to observe bird life on the island.

Arch's Iguana Farm & Marine Park

On approximately 12 acres, over **4,000 iguanas** roam freely in a protected haven where some grow to four feet long! Get up close and personal with a numerous species included Green Iguanas and Hammo Negro Iguanas as well as Monkey Lalas, Jesus and Blue Head lizards. Visitors can pet and feed the friendly reptiles and feeding time (early afternoon) is one of the best times to handle the iguanas. Each year, iguanas are released into the wild, helping to maintain the native reptile's population on the island. Other creatures living onsite include monkeys, rescued sea turtles, and tarpon fish.

Dolphins at Anthony's Key Resort

Guests and visitors can participate in programs that allows them to become a Trainer-for-a-Day, or for more in depth learning of the dolphins they can enroll in the two-day Dolphin Specialty Course. And for the kids in the family, AKR and RIMS offer the six-day Dolphin Scuba Camp during the summer months.



	The dolphin activities at Anthony's Key Resort are unique by design, as many of the programs offer participants the unusual opportunity to interact with dolphins on the mammal's own initiative and natural curiosity. Website: http://www.anthonyskey.com/en/dolphins/
Parks	Tropical Treasure Bird Park The brilliant tropical colours and charming personalities of Honduras' parrots, macaws and toucans are on display at this beachside bird park in Sandy Bay. It's a relaxing afternoon activity, and informative guided tours are offered to acquaint visitors with these fascinating and endangered birds kept in spacious aviaries. Originally a private collection, the park now contains one of the most complete parrot inventories in Central America, including the Scarlet Macaws, Great Green Macaw, Blue and Gold Macaw, Hans Macaw, White-crowned Parrot, White-fronted Parrot, Mealy Parrot, Red-lored Parrot, Orange-chinned Parakeets, Green Conures, Keel-billed Toucans, and Collared Aracaris. A special attraction is sub-species of the Yellow-Crowned Parrot, an endangered species endemic to the Bay Islands.
	The Roatan Marine Park (RMP) is a non-profit, community-based organization, established in 2005 by a group of dive operators and local businesses who wished to protect the reef in the Sandy Bay-West End Marine Reserve (SBWEMR). The Reserve was declared a marine protected area in 1988 by the Municipality of Roatán. It encompasses 13km of coastline and its boundaries extend from the high watermark down to 60m in depth. The RMP acquired official Honduran Non-Governmental Organization Status in 2008.
Gardens	Carambola Gardens The 100% natural 40 acres of the Carambola Botanical Gardens and their many jungle trails offer a perfect place for hiking, wildlife and scenic photography, eco tours, Professor/student tours, bird watching, nature studies, and of course, relaxation. So, "take a walk on the wild side" and watch the playful Monkey La La scurry along jungle trails as you enjoy flowering plants, orchids, medicinal plants, exotic spices, fruit and nut trees, including the very popular "Chocolate Tree" and the world famous Honduran mahogany tree.
	Plan to make your way to the summit of Carambola Mountain where along the way you will see an area where nature has provided a near sheer cliff, thus protecting natural Iguana species and parrot breeding grounds historically known as "Iguana Wall". Up on top, sit and relax on the summit deck and enjoy Roatan's most magnificent views with all the colour and splendour the distant coral reef



	awards you Website: http://www.carambolagardens.com/
Historical Sites	The British built two forts: one at Fort George with 17 cannons and the other Fort Frederick with 6 cannons. In 1782, a Spanish armada composed of two Man-o-War and 10 other ships attacked Port Royal. At first the English put up a valiant defense. To prevent the Spaniards from entering the harbor, they sank their only ship, a brigantine, in the entrance channel and exchanged cannon fire from their two forts. On the 2nd day of the battle, the defenders abandoned Fort George and capitulated. For a week, the Spaniards tried to round up the English who had retreated into the forest. Ultimately they captured 200 defenders whom they exchanged for Spaniards the English had captured in earlier battles. After removing all cannons and supplies, the Spaniards demolished the fortifications and burned all the buildings at Port Royal.

OTHER ACTIVITIES	
Shopping	Local handicrafts abound and can be had for very little money. Look for Central American arts and crafts, brightly-painted pottery, wood carvings, costume jewelry, tee-shirts, cigars and clothing. The asking price should only be considered a jumping-off point for some downward haggling. It's expected and if you have the stomach for it, you'll likely end up with a final price somewhere around 40-50% lower.
	Waves of Art Gallery & Gifts Regularly scheduled art shows and art exhibitions offer the Roatan community and local residents an opportunity to see what island artists are creating. Unique and affordable gifts include a variety of folk art and hand-made items that support fair trade organizations and local artisan coops. Most of the beautiful items for sale are made in Honduras and Central America. Waves of Art Gallery and Gift Shop offers tourists and cruise shippers an opportunity to find that special gift, support a local artist and shop in an air conditioned space. Website: http://www.waves-of-art.com/
Markets	There are two grocery markets on Roatan. One is Warren's, in Coxen Hole. There is a smaller corner market in West End called Woody's.
Nightlife	The main strip of the island is the coastal beach town of West End which also doubles as the island's main tourism hub and its centre for diving. West End features a wide variety of bars and restaurants. Evenings in West End tend to move from North to South along the West End road with sunset drinks starting at Sundowners and The Landing, and late night drinks at The Blue Marlin and Nova Bar. It's virtually mandatory to start at Sundowners and enjoy drinks whilst watching the sun go down over the beautiful bay in front. When Sundowners shuts at 10pm the whole bar shifts about 50 m down the



	street to kick on at the Purple Turtle where you can enjoy live music out the back. The Purple Turtle closes at midnight and from here most people continue on to the Nova Bar or the Twisted Toucan's will be the joint to party at and where you will meet most of the locals in the region this being a favorite haunt. Most people go home from here but if you really are feeling like an adventure grab a group of friends and head down the beach to FuBar.
Casinos	There are no casinos on the island.

CUISINE	
Food	The restaurants you will find along the West End beach are slightly more expensive than similar restaurants on the mainland but the food is of a very high standard. Seafood abounds and you can find top quality lobster for dinner for around \$10. Argentinian steaks are also popular.
Drink	There is a micro-brewery on Roatan – so try the local beer!
Restaurants	Asylum Bar & Grill is on a palapa literally over the calm waters in Camp Bay which can sometimes feel like the restaurant at the end of the universe after the long journey of getting there. Luckily these places always have beer on ice and grilled food which makes the trip worth it. Hole in the Wall, via Jonestown (take a small water taxi from Jonestown). All-you-can-eat lobster and steak on Sun and Wed. This restaurant is a hidden gem on the island and is very popular with the people who own vacation homes on the island. It is low-key, and has some of the best food offered on the island.
	JavaVine Cafe & Wine Bar (Internet Cafe, Wine Bar & Lounge), West Bay Beach Mall. Serving the best coffee and coldest beer on Roatan. Pastries, sandwiches, pizza, and tapas in a relaxed, chill atmosphere with soothing tunes. Fully licensed, with a large selection of wine and spirits. Free WiFi for all customers. Only a 2 minute walk from beautiful West Bay Beach. Ooloonthoo Restaurant, Mangrove Bight (Main road outside West End). The only Indian rostaurant in Handurgs, World class progressive.
	End). The only Indian restaurant in Honduras. World class progressive Indian cuisine. Air-conditioned dining and year round sunset views. Reservations required.

MORE INFO	
Brochures	Nolitours Sun 2014 – 2015: pick up a copy at your local travel agent or
	see the brochure online at their website.
Websites	Website: www.letsgohonduras.com
	Ask for more information: http://letsgohonduras.com/?q=ContactUs
	Connect with Honduras on facebook:



https://www.facebook.com/VisitHonduras
Follow Honduras on Twitter: https://twitter.com/VisitHonduras
www.Nolitours.com for vacations to Roatan

CURRENT DEALS Oct 2014 Nolitours currently has some special deals to Roatan this year: Kids Stay Free – One child under 13 stays and eats free at the Henry Morgan Hotel and Media Luna Resort Early Booking Bonus at most of the Nolitours hotels

Check out www.Nolitours.com for latest deals.

NOLITOURS and	Nolitours offers direct flights to Roatan and a wide choice of all inclusive
TRANSAT	accommodation on the island.
Transat Background	For over 25 years, Transat Holidays has been offering a large selection of vacation options in Europe, Florida and the south, as well as cruises sailing all seven seas. In addition to more than 200 south hotels available in the form of all-inclusive packages, Transat also offers a wide range of flights, packages, tours and à la carte products in some 30 European destinations. Their packages are flexible and tailored to stays of varying lengths. Transat Holidays is at the core of the vertical integration process adopted by its parent company, Transat A.T., the leader in Canada's holiday travel industry. This integration enables Transat to offer
	vacationers the best possible service, from the airport all the way to their travel destination, where a team of more than 250 destination representatives offer onsite assistance on a 24/7 basis. Transat Holidays also works with Air Transat, a part of Transat A.T. Inc., offering a vast selection of flights to nearly 60 destinations in 25 countries aboard its fleet of Airbus wide-body jets. Families benefit from numerous privileges, such as a dedicated check-in counter and Kids Club advantages. Upgrade to Club Class for a touch of luxury or choose Option Plus and obtain an additional baggage allowance of 10 kg, among other perks.
What Transat is All About	Transat offers quality vacation packages to a wide variety of destinations. Each season, the company presents a wide selection of quality products, in order to meet the diversified needs of Canadian travellers. In keeping with their mission, their employees aim to exceed vacationers' expectations in order to maintain their position as a market leader. They see their role, ultimately, to turn holiday dreams into reality: making the vacation experience one of the most memorable



	ever.
Products	Packages, Cruises, Hotels, Flights, Tours, Car Rentals & Train Travel. With a choice of over 300 hotels located in more than 50 destinations and a complete line of itineraries offered in partnership with the most prestigious cruise lines, all products offered by Transat are subject to a rigorous standard review.
Transat Collections	Because we all have our own definition of ideal vacation, Transat Holidays has designed exclusive Collections to meet the needs of different travelers, including Luxury, Distinction, Family, R & R, and Sun Savvy.
	Distinction Collection Transat Holidays' Distinction Collection was especially designed for travellers looking for an enhanced travel experience. Located on stunning beaches, these resorts offer exclusive privileges, added services and superior comfort. You'll notice the difference the minute you arrive. Beautiful surroundings, attentive service, superb facilities and spacious accommodations serve as the backdrop for that special vacation you've always wanted. Before takeoff - Avoid the wait at the airport with Online check-in service at www.airtransat.ca - Upgrade to Option Plus and enjoy even more privileges On the plane - Italian leather ergonomic seats - Welcome champagne glass - Choice of hot meal and complimentary glass of wine During your stay - Non-stop transfer from the airport to your resort - Exclusive room location - Concierge service - Minimum of three guaranteed reservations for à la carte restaurants - 24-hour room service
Awards	Agent's Choice Awards: For the fifth consecutive year, Transat Holidays was named Wholesaler of the Year by travel agents Air Transat was voted -#1 Leisure Airline in North America for three years in a row and 2nd in the World! They were also voted best Family Airline.
Current Brochures	Transat Holidays Sun 2014/15 and Nolitours Sun 2014/15 brochures are available at your local travel agent and cover vacations through to October 2015. Also look out for the new Transat Europe brochure which will arrive in your favorite Travel Agency in early December as we will be featuring their new destination for Europe: Budapest in Hungary.



With a second of the transfer the second of
With so many new comfort features, you're on vacation the minute you
take your seat. Air Transat has given their fleet a full makeover. For a
glimpse of what it looks like:
www.youtube.com/watch?v=ZBse6WOCd70
To ensure that your family vacations are fun and unforgettable from
beginning to end, Air Transat has created Kids Club so that young
passengers can really enjoy themselves whilst onboard an Air Transat
flight. It is designed to make air travel a fun experience for young
travellers (and for their parents!). Even before the doors of the plane are
closed following boarding, every child receives a small bag containing
all sorts of surprises and games. The more fun they have, the easier the
flight. Furthermore, children who are members of Air Transat Kids Club
enjoy certain exclusive privileges.
Members of the Air Transat Kids Club will enjoy several benefits that the
whole family can share. You can check in at a special "Air Transat Kids
Club Members" counter. Thanks to these special counters located in
major Canadian airports where Air Transat flies, checking-in is quicker
than before. At check-in, special tags will be placed on your baggage;
as a result, your baggage gets priority treatment.
Transat has introduced a new compensation plan for clients affected by
an advanced flight schedule change on all South, Florida and Europe
flights, packages and cruises. This new policy applies to all bookings
made with Transat Holidays, for Air Transat flights.
made with transactionallys, for the transactingnis.
Applicable to schedule changes within 45 days of departure.
Schedule change of 3 to 12 hours
Transat will offer a \$50 voucher for future travel.
Schedule change of 12 to 24 hours
Transat will offer a \$75 voucher for future travel.
Schedule change of 24 hours or more and cancelled flights
Clients can cancel their flight and are entitled to a full refund in the
event of a schedule change of 24 hours or more.
Transat will offer a \$50 voucher for future travel to clients who cancel.
Transat will offer a \$100 voucher for future travel to clients who accept
the date change.
Clients who choose a product at a lower fare will be refunded the price
difference, whereas clients who select a product at a higher fare will be
required to pay the balance.
Schedule change of 3 hours or less
No compensation will be offered to clients experiencing a schedule



	change that is delayed or advanced by 3 hours or less.
Transat Club Class	Enjoy exclusive privileges such as complimentary seat selection, wider,
	more comfortable leather seats, a choice of gourmet meals and fine
	wines, priority check-in, baggage service and boarding.
	Club Service
	Dedicated Club attendants
	Attentive, personalized service
	Exclusive, spacious Club cabin
	Drinks & Snacks
	Welcome cocktails
	Complimentary non-alcoholic drinks, snacks and bar service
	Club Privileges
	Increased baggage allowance
	• 40 kg checked/15 kg carry-on
	Exclusive, rapid check-in counter in most airports
	Priority boarding
	Practical travel items (on Europe flights)
	• Free headsets
	Canadian newspapers
	Comfort & Refinement
	Wider, more comfortable leather seats
	More leg room
	Complimentary Seat Selection: call 1-877-872-6728
	Choice of gourmet meals
	Choice of wine and more
Option Plus	This Economy class option includes many priority privileges and
	services including priority check-in, priority baggage handling, an extra
	10kg baggage allowance and even champagne. Here's what you get:
	Advance seat selection on roundtrip flights
	Priority check-in at a dedicated counter
	Priority baggage handling
	• Priority boarding
	Complete Air Transat travel kit on flights to European destinations
	Snacks from the On Board Bistro selection Alacks lie have seed during driple against 200 reliable of sharps are
	• Alcoholic beverages during drinks service 200ml bottle of champagne
	(Sun and Europe)
	Supplementary baggage allowance up to 10 kg per flight segment Wine or bear with the most
	Wine or beer with the meal
	• Headsets The cost is \$70,\$110 for couthbound destinations and \$00,\$200 for
	The cost is \$79-\$119 for southbound destinations and \$99-\$209 for
Ontion Flor	European destinations as at November 2014.
Option Flex	Life doesn't always go exactly according to plan. When you book your
	dream vacation, you want to make sure you enjoy the ultimate level of
1	flexibility should something unexpected happen.



Option Flex with Transat gives you just that.

Option Flex lets you:-

- change your departure date, destination or hotel, up to 3 hours before departure
- transfer your vacation package to a friend or family member, up to 7 days before departure
- cancel your trip and get a full refund
- and you won't be charged any additional fuel or currency surcharges once you've booked.

Benefit from these advantages for only \$49 + taxes at time of booking.

Transat and Sustainable Tourism

Transat recognizes the prime importance of the environment, host communities, cultural diversity, and their relationships with their employees, customers and partners. Tourism has become one of the world's leading industries. Society and communities reap the benefits, and, each year, hundreds of millions of travellers discover new countries and cultures. Transat is firmly committed to the responsible development of the tourism industry, and has adopted the following definition of sustainable tourism:

"Sustainable tourism entails respect for nature, as well as for host communities and their values; it combines positive socio-economic benefits for local populations with an enriching experience for travellers." The issue of the environment, as far as Transat's own facilities are concerned, is a clear and basic target. Their environment committees have implemented concrete initiatives with regard to recycling, conservation of resources, the disposal of obsolete electronic equipment, and raising employee awareness.

Air Transat has begun developing an environmental management system that could lead to an ISO 14001 certification in the future. To find out more, consult the Transat and the Environment sections at their website:

http://www.airtransat.ca/en/Info/the-environment-its-everyones-busines s.aspx?ExitID=69&ContentType=voyageur

Eco-responsible certified hotels

Transat urges its hotelier partners to excel in social and environmental responsibility, and formally recognizes the efforts of accommodations that commit to certification in this area. Certified establishments must maintain performance levels to continue using such labels. The indicators used vary depending on the certification scheme, but many certification organizations have begun aligning their benchmarks with the Global Sustainable Tourism Criteria.

To help you make an informed choice when you take your next vacation, Transat list six certifications for hotels and beaches. You can also find certified hotels by searching by destination.



	Certifications for hotels
	Biosphere Responsible Tourism
	Green Globe
	Green Key
	ISO 14001
	Travelife
	Certification for beaches
	Blue Flag
Gift Certificates	Here's your chance to make a loved one's dream come true. With
	Transat gift certificates you can offer the beauty, excitement, and
	wonders of the world: the South with its heavenly beaches and endless
	sunshine, or just a rental car. Transat gift certificates are valid on all Air
	Transat, Nolitours, or Transat Holidays products in their brochures.
	They can be redeemed at a travel agent's office at the time of
	reservation. To order your gift certificates call 1-800-322-6649.
Hurricane Policy	Nolitours and Transat Holidays provide you with true peace of mind.
	Vacationers can travel secure in the knowledge that you will be
	protected should a hurricane affect your destination city in Florida,
	Mexico, the Caribbean or Central America. This Nolitours/Transat
	Holidays policy covers reservations for departures between June 1 and
	November 30 each year and is likely to be renewed in 2015 – check the
	website. If the conditions stipulated in the policy are met, you may
	choose one of these four options:
	1. Travel at a later date
	2. Travel to another destination city
	3. Travel to the booked destination city
	4. Cancel with a full refund
Nolitours Resorts in	Nolitours offers direct flights to Roatan and a wide choice of all inclusive
Roatan 2014/2015	accommodation on the island. Here are just three of the excellent resort
	choices available with Nolitours. One is a quiet, typically Caribbean
	resort on a private island. One is a family friendly resort with great
	facilities. And one is a more luxurious property with a spa that is more
	adults oriented.
	The Fantasy Island Beach Resort
	The Fantasy Island Beach Resort Hotel is a typically Caribbean resort
	beachfront on a private, 21-acre tropical island, approximately 12 km
	from the Roatan airport. The 3½ star resort features 115 Ocean View
	rooms each with a shower and a balcony or terrace. There is a golf
	course nearby and the hotel has a dolphinarium.
	Your Nolitours all inclusive package includes daily buffet breakfast,
	lunch and dinner and unlimited domestic drinks. There are two
	restaurants and a bar - plus the pool also has a swim up bar. There is a
	· · · · · · · · · · · · · · · · · · ·
	daily activities program and nightly entertainment.



The optional dive package includes a night dive (1 included for 7 night stays), boat trips (3 dives a day) and unlimited shore dives.

The Henry Morgan Hotel & Beach Resort

The Henry Morgan Hotel & Beach Resort is a lively 3½ star resort located beachfront on West Bay Beach and approximately 15 km from the Roatan airport. It offers 140 rooms and villas with a balcony or terrace with hammock. This hotel is a noliKIDS property, which means that the facilities are particularly child friendly and it represents affordable value for families. At the Henry Morgan Hotel & Beach Resort one child under 13 stays and eats free.

Your Nolitours all inclusive package includes daily buffet breakfast, lunch and dinner including 1 à la carte dinner per week. It also includes unlimited domestic drinks, a daily activities program and nightly entertainment. The hotel offers 3 restaurants a bar and a disco. The hotel provides babysitting at an additional cost and younger travellers can enjoy the kid's mini disco.

There is a PADI dive centre on site offering diving courses for all levels from beginners to PADI Advanced divers and Nolitours guests can opt for a great value dive package with 2 dives and 2 tanks per day over 5 days.

This hotel is also a noliDUO hotel which means that you can chose to split your vacation to stay the first 2 nights in Roatan at the Henry Morgan Hotel and Beach Resort. Then spend 2 nights at Copan at the Clarion Hotel Copan Ruinas hotel – with a stunning hilltop location overlooking a valley and the opportunity to visit the Mayan archeological ruins. Then return to the Henry Morgan Hotel and Beach Resort for 3 more nights in Roatan.

The Media Luna Resort & Spa

The Media Luna Resort & Spa in Roatan is a luxurious resort located beachfront, on the eastern part of the island and approximately 15 km from the Roatan airport. This 4 star property features 126 comfortable rooms with full bathrooms and a balcony or terrace. The hotel also has a spa offering massage treatments.

Your Nolitours all inclusive package includes daily buffet breakfast, lunch and dinner including 1 à la carte dinner per week - and what could be more romantic than to pay a little extra for a lobster dinner on the beach? It also includes unlimited domestic drinks, a daily activities program and nightly entertainment. The hotel offers 2 restaurants, two bars and a disco.

The hotel also features a PADI dive centre. Nolitours guests can opt for a great value dive package with 2 dives and 2 tanks per day over 5 days, including 1 night dive, plus unlimited shore dives.



	This hotel is a noliDUO hotel meaning you can also combine this hotel with 2 nights at Copan on the mainland of Honduras to see the impressive Mayan archeological ruins.
noliDUO	Nolitours feature a great two centre option in Honduras. Their noliDUO offers 2 nights in Roatan, 2 nights in the incredible Mayan centre of Copan with its extensive Mayan ruins and then back to Roatan for 3 nights.
Nolitours Excursions in Roatan	Nolitours offer excursions to explore the island, including eco-tourism, ziplining, sport fishing, glass-bottom boat tours, the Carambola botanical gardens, and the iguana farm. Barbareta & Pigeon's Cay Catamaran - Roatan Cayos Cochinos Deep Sea Fishing Dolphin Encounters Copan Ruins Day Tour Isla Tour West End "By Night" Canopy Sand Blasters Dune Buggies
Social Media	Stay in touch with Transat and Nolitours at their two Facebook sites: http://www.facebook.com/airtransat http://www.facebook.com/nolitours Follow Nolitours on Twitter: https://twitter.com/search?q=Nolitours
Groups	Group rates are available – as few as 10 adults make up a group. Talk to your travel agent to check the current details of Transat's group deals.
Special Deals with Nolitours in Roatan	Nolitours currently has some special deals to Roatan this year: Kids Stay Free – One child under 13 stays and eats free at the Henry Morgan Hotel and Media Luna Resort Early Booking Bonus at most of the Nolitours hotels Check out www.Nolitours.com for latest deals.