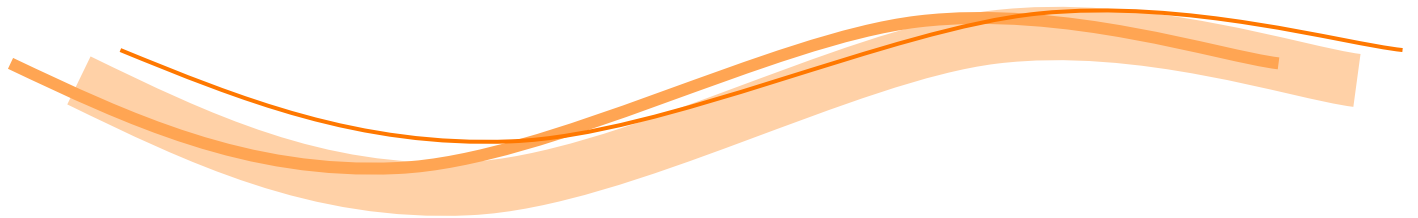




# PITTSBURGH





## PITTSBURGH

Pittsburgh. It's mighty. It's beautiful. And it's welcoming you. Pittsburgh offers so many things to see and do - lots of them free. And with hotel rates at their best, you can't beat a trip to Pittsburgh for value right now. Click this link for some money-saving ideas:  
<http://www.visitpittsburgh.com/things-to-do/free-things-to-do/>

At the confluence of the clean, clear waters of the Monongahila and the Ohio Rivers, Pittsburgh has beautiful views from Mount Washington - especially breath taking if you ride the funicular up and down the mountain. And it is a city full of interesting American and local history, which is told at the Heinz History Center. Each of Pittsburgh's **90 neighbourhoods** has its own topography, history and local flavour.

Pittsburgh has reinvented itself from a centre of heavy industry in the 1900's to a clean modern city that today boasts sustainable development, green buildings and outdoor amenities.

**Accolades:** Pittsburg was rated one of the "Best Places to Travel in 2016" by Travel + Leisure, and also rated the nation's "No. 1 Food City" by Zagat. It was also named among the "Top Destinations on the Rise" by TripAdvisor.

It's a great destination for shopping and girlfriend's getaways. There's an eclectic dining scene with new restaurants opening all the time. Fairs and festivals take place all year round. The **14-block cultural district** in the heart of downtown has museums including The Andy Warhol Museum and Carnegie Museum of Art - plus galleries, performing arts theatres and music venues.

Downtown has a European-style plaza, Market Square, with shops and restaurants and the Strip District boasts the city's historic market. **Nightlife** includes clubs, bars, entertainment districts and gaming at Rivers Casino. Plus Pittsburgh is famous for the calibre of its professional sports teams - football, hockey, baseball and soccer

Pittsburgh is famous for steel, sports and rivers - but it is also the **Birthplace of Pop Culture**. Pittsburgh has given us George Romero and the film "Night of the Living Dead." The jazz guitarist George Benson got his start in Pittsburgh playing ukulele in local clubs. Christina Aguilera started her career singing the national anthem at Pittsburgh Penguins games..

Then there's Pittsburgh native **Andy Warhol** – the world's most famous Pop artist, who claimed: "In the future everyone will be world-famous for

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	<p>15 minutes.” You’ll want to spend way more than 15 minutes, though, as you immerse yourself in all that is Pop Art at The Andy Warhol Museum - a seven-story, internationally acclaimed museum.</p> <p>Pittsburgh is a city of transformation - an <b>Urban Game-Changer</b>. Bike, walk or rollerblade miles of riverfront trails, soaking in fantastic urban views. Wrapped in rivers, intertwined with trails and packed with parks, it is a green and outdoor city in close contact with its surrounding countryside. An example of Pittsburgh’s proud environmental record - the new Phipps Conservatory Center for Sustainable Landscapes opened in 2012. It is one of the world's first certified living buildings, a model of sustainability for architects, scientists, planners and anyone interested in living greener.</p> <p>Spend an elegant evening in Pittsburgh's downtown <b>Cultural District</b> with seven theatres and great restaurants. As well as rich performing arts, Pittsburgh is also the place for art lovers everywhere. The Andy Warhol Museum, Carnegie Museum of Art and The ToonSeum are just a handful of places to discover art from many different eras. And explore the World Class museums - including the Carnegie Museum of Natural History, Carnegie Science Center and the Children's Museum of Pittsburgh.</p> <p>If you take to the streets of Pittsburgh there are a number of free <b>walking tours</b> to help you explore this vibrant city. The Gallery Crawl is a free quarterly showcase of art and entertainment in the heart of the Cultural District. There are 5 free, self guided Architectural Walking Tours. In addition there are public Art Walking Tours of four downtown neighborhoods featuring remarkable artwork by nationally and internationally recognized artists, many of whom were inspired by the Pittsburgh region when they created their pieces.</p> <p>For a quick visual tour of Pittsburgh, take a look at the Travel Show Pinterest board: <a href="http://pinterest.com/TravelShow/pittsburgh">http://pinterest.com/TravelShow/pittsburgh</a></p>
<p><b>Location</b></p>	<p>Pittsburgh is located in northeastern USA, within 800kms of more than half the U.S. population, and the city is less than 90 minutes flying time from 20 states and Canada.</p> <p>Drive time from Toronto to Pittsburgh is just 5.5 hours via the QEW, i-90 and i-79.</p>
<p><b>Geography</b></p>	<p>The city is on the Allegheny Plateau, where the confluence of the <b>Allegheny River</b> from the northeast and <b>Monongahela River</b> from the southeast form the <b>Ohio River</b>. The Downtown area between the rivers is known as the <b>Golden Triangle</b>, and the site at the actual convergence, which is occupied by Point State Park, is referred to</p>

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	<p>simply as "<b>the Point.</b>" In addition to the downtown Golden Triangle, the city extends northeast to include the Oakland and Shadyside sections, which are home to the University of Pittsburgh, Carnegie Mellon University, Carnegie Museum and Library, and many other educational, medical, and cultural institutions.</p> <p>Pittsburgh occupies the slopes of the river valley on the opposite side of the Monongahela and the ridges beyond. Many of the city's neighborhoods, particularly south of the Monongahela, are steeply sloped. <b>In fact, of all U.S. cities, only San Francisco has a more extreme terrain.</b></p>
<b>Name</b>	<p>According to historian Stephan Lorant's classic, "Pittsburgh, the Story of An American City," on November 25, 1758, following the British defeat of the French at the forks of the Ohio, the English flag flew over the ruins of Fort Duquesne for the first time. As Fort Duquesne lay smoldering, a young Colonel George Washington and his superior officer, General John Forbes, stood side by side, pondering what to name this new British conquest. "Let's call it Pittsborough," they suggested, after William Pitt, Britain's Secretary of State at the time and a staunch supporter of Forbes and his troops expedition in this unknown territory. A new fort was rebuilt on the site and named Fort Pitt; the garrison town named Pitts-borough, or Pittsburgh.</p>
<b>Population</b>	<p>306,000 (City of Pittsburgh) 2.4 million (Metro)</p>
<b>Language</b>	English
<b>Currency</b>	US Dollar, currently 1 Canadian dollar is 75 cents US (January 2017)
<b>Tipping</b>	10 – 15%
<b>Documentation</b>	Passports are required for Canadian visitors arriving by air and land.
<b>Time zone</b>	Eastern Time Zone, as Toronto and Montreal
<b>Health</b>	Excellent services available but ensure that you have travellers' health insurance as health costs in the US can be very high
<b>Safety tips</b>	Pittsburgh has a reputation as one of the safest of the major US cities and metropolitan Pittsburgh has the lowest crime rate among the 25 largest metros; however sensible travellers' precautions should be adopted.

<b>CLIMATE</b>	
<b>General climate</b>	Similar to Toronto's, but a little warmer and wetter
<b>Today's weather</b>	3 degrees Centigrade with sun and showers (14 <sup>th</sup> January 2017)
<b>Best time to visit</b>	Pittsburgh is a four season destination, with each time of the year having its own attractions.

<b>GETTING THERE</b>	
<b>Flying</b>	The city is served by the highly-ranked Pittsburgh International Airport

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	<p>about 18km to the west in Findlay Township. The airport also promotes the region as a focus city for US Airways. Flying time is around an hour from Toronto. There are non-stop flights from Toronto with <b>Porter Airlines, Air Canada and United Airlines.</b></p>
<p><b>Pittsburgh City Neighbourhoods</b></p>	<p>The city can be broken down into the <b>Downtown</b> area, called the Golden Triangle, and four main areas surrounding it. These four surrounding areas are further subdivided into distinct neighbourhoods (in total, Pittsburgh contains 90 neighbourhoods.) These areas, relative to downtown, are known as the <b>North Side, South Side/South Hills, East End, and West End.</b></p> <p><b>Downtown Pittsburgh</b> is tight and compact, featuring many skyscrapers, nine of which top 500 feet (150 m). U.S. Steel Tower is the tallest at 841 ft (256 m). The Cultural District comprises a 14-block area of downtown along the Allegheny River. It is packed with theaters and arts venues, and is seeing a growing residential segment. Including Riverparc, a four-block mixed-use "green" community, featuring 700 residential units. The Firstside portion of downtown borders the Monongahela River and the historic Mon Wharf. This area is home to the distinctive PPG Place Gothic glass skyscraper complex. This area too, is seeing a growing residential sector, as new condo towers are constructed and historic office towers are converted to residential use. Downtown is serviced by the Port Authority's light rail and multiple bridges leading north and south. It is also home to Point Park University, The Art Institute of Pittsburgh, Pittsburgh Culinary Institute, a former Robert Morris University branch campus and Duquesne University which is located on the border of Downtown and Uptown.</p> <p><b>Pittsburgh's Central North Side Neighbourhood</b></p> <p>The North Side is home to various neighbourhoods in transition. What is known today as Pittsburgh's North Side was once known as Allegheny City and operated as a city independently of Pittsburgh. Allegheny City merged with Pittsburgh under great protest from its citizens. The North Side is primarily composed of residential neighbourhoods and is noteworthy for well-constructed and architecturally interesting homes. Many buildings date from the 19th century and are constructed of brick or stone and adorned with decorative woodwork, ceramic tile, slate roofs and stained glass. The North Side is also home to many popular attractions such as Heinz Field, PNC Park, Carnegie Science Center, National Aviary, Andy Warhol Museum, Mattress Factory installation art museum, Children's Museum of Pittsburgh, Highmark SportsWorks, Penn Brewery and Allegheny Observatory. The North Side is also home to Allegheny General Hospital, listed among the 1999 US News &amp; World Report 2000 best hospitals nationwide.</p>

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**The South Side** was once an area composed primarily of dense inexpensive housing for mill workers, but has in recent years become a local Pittsburgher destination. The South Side is one of the most popular neighbourhoods in which to own a home in Pittsburgh. The value of homes in the South Side has increased in value by about 10% annually for the past 10 years. The South Side's East Carson Street is one of the most vibrant areas of the city, packed with diverse shopping, ethnic eateries, pulsing nightlife and live music venues. In 1993 the Urban Redevelopment Authority of Pittsburgh purchased the South Side Works steel mill property, and worked together with the community and various developers to create a master plan for a mixed-use development including a riverfront park, office space, housing, health-care facilities, and the Pittsburgh Steelers and Pitt Panthers indoor practice fields. Construction began in 1998, and the Southside Works is now open for business with many store, restaurants, offices, and the world headquarters for American Eagle Outfitters.

**The East End** is home to the University of Pittsburgh, Carnegie Mellon University, Carlow University, Chatham University, The Carnegie Institute's Museums of Art and Natural History, Frick Art & Historical Center (Clayton and the Frick art museum), Phipps Conservatory, Soldiers and Sailors Memorial Hall, and the Pittsburgh Zoo and PPG Aquarium. The neighborhoods of Shadyside and Squirrel Hill are large, wealthy neighbourhoods featuring large shopping/business districts. Oakland, heavily populated by undergraduate and graduate students, is home to most of the universities, Schenley Park and the Petersen Events Center. Bloomfield is Pittsburgh's Little Italy and is known for its Italian restaurants and grocers. Lawrenceville is a revitalizing rowhouse neighbourhood popular with artists and designers. The Strip District is an open-air marketplace by day and a clubbing destination by night.

**The West End** includes Mt. Washington, with its famous view of the Downtown skyline and numerous other residential neighbourhoods like Sheraden and Elliott.

Pittsburgh's patchwork of neighbourhoods still retain an ethnic character reflecting the city's immigrant history.

These include:

- German: Troy Hill, Mt. Washington, and East Allegheny (Deuschtown)
- Italian: Brookline, Bloomfield, Morningside, Oakland and Beechview
- Polish and other Eastern European: South Side, Lawrenceville,

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	<p>and Polish Hill</p> <ul style="list-style-type: none"> <li>- African American: Hill District, Homewood, and Larimer</li> <li>- Jewish: Squirrel Hill.</li> </ul>
<b>Distances</b>	Pittsburg is 5.5 hours drive time from Toronto or 500 km
<b>Ferries</b>	The Port of Pittsburgh Commission offers a water taxi service during the summer months, with stops at the David L. Lawrence Convention Center, the Point area, PNC Park, Heinz Field / Carnegie Science Center, and Station Square.
<b>Trains</b>	Amtrak (tel. 800/USA-RAIL; <a href="http://www.amtrak.com">www.amtrak.com</a> ) provides daily service from Toronto
<b>Car Rental</b>	Available freely in the city and at the airport.
<b>Buses</b>	The Port Authority of Allegheny County provides a network of public transportation services to persons traveling within a 775 square-mile area, including the City of Pittsburgh and all of Allegheny County. Port Authority has a fleet of 1,000 buses, 83 light rail vehicles and 75 mini-buses, the Monongahela and Duquesne Inclines and sponsorship of ACCESS, the nation's largest paratransit program of its kind for senior citizens and persons with disabilities.
<b>Cable Car</b>	<p>Ride the <b>Duquesne ("Due-kane") Incline</b>, a century-old cable car that travels up a 300-foot bluff to Mt. Washington, where visitors are greeted by spectacular views of the beautiful Golden Triangle of downtown Pittsburgh.</p> <p>The view is ranked the "second most beautiful view in America" by USA Weekend magazine. The Incline is also a working museum featuring historic displays of the City of Pittsburgh and photos of other cable and rail cars from around the world.</p>

<b>ACCOMMODATION TYPES</b>	<p>There are so many accommodation choices – everything from B&amp;Bs and inns throughout the region to high class, downtown hotels like the Fairmont Pittsburgh, the Renaissance Pittsburgh Hotel, the Westin Convention Centre and the Omni William Penn Hotel.</p> <p>The <b>Home2 Suites by Hilton</b> are a cozy "home away from home" in Pittsburgh and a great value base for a shopping trip. It offers spacious studio and one-bedroom suites with flexible, modern features and it is just 13kms from downtown Pittsburgh. Enjoy complimentary breakfast, cooking facilities in all suites plus complimentary WiFi. There are even laundry and fitness facilities. <a href="http://www.home2suites3.hilton.com">www.home2suites3.hilton.com</a></p> <p><b>The Westin Convention Center Hotel</b> is a downtown Pittsburgh hotel right in the centre of the business and cultural district of the city. Guests at The Westin Convention Center, Pittsburgh have easy access to a variety of local areas with complimentary weekday transportation available from the hotel.</p> <p>A romantic downtown favourite (and the hotel where I stayed at on my last visit) is the <b>Renaissance Pittsburgh Hotel</b>, 107 6th St., Pittsburgh</p>
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	<a href="http://www.renaissancepittsburgh.com">www.renaissancepittsburgh.com</a> , a 14-storey copper-clad hotel known for its 30-foot glass atrium, marble lobby, upscale rooms, and fabulous views.
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<b>LIFESTYLE</b>	
<b>Kids</b>	<p>There are so many family attractions here, they call it <b>Kidsburgh!</b></p> <p>For family fun visit Pittsburgh's <b>Family District on the North Shore</b>, where it's always a beautiful day in the neighbourhood. Feed the birds at the <b>National Aviary</b> before going to the award-winning <b>Children's Museum of Pittsburgh</b>. Then, it's hands-on fun at the <b>Carnegie Science Center</b> and unique installation art at the <b>Mattress Factory</b>.</p> <p>For families there is also a visit to the fantastic <b>Pittsburgh Zoo &amp; PPG Aquarium</b>. See baby elephants and Amur tigers and a world of wildlife including polar bears, orangutans, sharks, a Komodo dragon and more.</p> <p>Pittsburgh is famous for its hills. You'll find plenty of them at <b>Kennywood Park</b>, one of "America's finest traditional amusement parks." Voted the second best amusement park in the country by readers of Theme Parks magazine, Kennywood's five gravity-defying roller coasters will take your breath away. You'll get hills surrounded by water at Sandcastle Waterpark. This riverside amusement park has twisting waterslides, spacious pools, an old fashioned boardwalk with food, gift shops, an arcade and the world's biggest hot tub. Beautiful scenery and a relaxed setting are part of the charm of Idlewild Park, nestled in the woods of the Laurel Highlands. The park's seven themed areas include rides, the wet and wild SoakZone, the original Story Book Forest, live entertainment and more. Get in touch with your wild side at the Pittsburgh Zoo &amp; PPG Aquarium, where can you find more than 4,000 animals representing 475 species at one of only six major zoo/aquarium combinations in the country. The Zoo's Kids Kingdom is ranked as one of the nation's top three children's zoos. Water's Edge is a cool ride into the world of polar bears, sea otters and walruses.</p> <p><b>Children's Museum of Pittsburgh</b>        After a stroll through the "Rain Meander," create water fountains, channels and dams in the new Waterplay exhibit. Use real tools, cutting-edge digital media to build, tinker and make exciting projects in MAKESHOPTM. Ink your own silkscreen in the Studio and enjoy the "Adventures with Clifford The Big Red Dog" exhibit all summer.</p> <p>The amazing T. Rex is featured at the <b>Carnegie Museum of Natural</b></p>

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<p><b>Teens</b></p>	<p><b>History</b> as part of the celebrated “<b>Dinosaurs in Their Time</b>” exhibit.</p> <p><b>Carnegie Museums of Art and Natural History</b>  Two museums for the price of one! Wander through an extensive art collection, including Impressionist and contemporary works at Carnegie Museum of Art. Creative kids, from toddlers to teenagers, love the hands-on art-making activities. The new artist-designed playground is just the place to take a break. Carnegie Museum of Natural History is the place for kids to discover science and the wonders of the natural world. Dig for bones in Bonehunters Quarry, get hands-on with real and replica specimens in Discovery Basecamp and more. Dinosaurs are just the beginning.</p> <p><b>Carnegie Science Center</b>  Gear up for Bikes: Science on Two Wheels at Carnegie Science Center this summer! Explore rare, historic and ultra-cool bikes and the science behind them. Plus, experience Highmark SportsWorks®, tour an authentic submarine, and discover four floors of interactive exhibits, including SpacePlace, roboworld™, SeaScape and live theater and planetarium shows.</p> <p><b>Duquesne Incline</b>  136 years and climbing! Scale the slopes of Mt. Washington in beautifully restored cable cars used by commuters since 1877. Enjoy a panoramic view of Pittsburgh. Watch the hoisting equipment from the viewing platform. Stop by the new Welcome Center, too.</p> <p><b>Kennywood Park</b>  Kennywood is America's finest traditional amusement park with a 115-year history of providing the finest in family fun and entertainment. The park offers six roller coasters, 10 classic rides, 14 rides in Kiddieland and much more to guarantee a unique and memorable experience for the young and young-at-heart.</p> <p><b>National Aviary</b>  America's premier bird zoo. Get nose-to-beak with more than 500 birds of more than 200 species from around the world, including owls, eagles, flamingos and a flock of African penguins.</p> <p><b>Phipps Conservatory and Botanical Gardens</b>  Inspire little explorers with a trip to Phipps Conservatory and Botanical Gardens: a special place where kids can unearth the wonders of nature. Bring the whole family for a fun adventure in the Children's Discovery Garden and Butterfly Forest, and learn about everything from bugs to botany as you play.</p>
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	<p><b>Pittsburgh Zoo + PPG Aquarium</b> Combine learning, fun and exploration through a visit to the Pittsburgh Zoo &amp; PPG Aquarium. Thousands of wild animals representing every continent offer a stunning view of our world. As the weather heats up, so do the adventures at the Pittsburgh Zoo &amp; PPG Aquarium. Visit the new red panda, baby rhino and baby lemur twins!</p> <p><b>Senator John Heinz History Center</b> Discover over 250 years of Pittsburgh history at the Senator John Heinz History Center and the Western Pennsylvania Sports Museum, a Smithsonian-affiliated museum located in Pittsburgh's historic Strip District. Current exhibit: 1968: The Year That Rocked America.</p>
<b>Zoomers</b>	<p>Pittsburgh's compact and walkable downtown is called the <b>Golden Triangle</b>, where the Allegheny and Monongahela rivers converge flowing west into the Ohio. Here you'll find Point State Park, the historic site of Fort Pitt and home to Pittsburgh's landmark 150-foot fountain. Entrance is free to the park and the adjoining Allegheny Riverfront Park; both are popular for a picnic or pleasant stroll.</p>

<b>UNIQUES</b>	<p>Pittsburgh has been named most livable city in the United States by The Economist on multiple occasions.</p>
<b>Surprising</b>	<ul style="list-style-type: none"> <li>- Pittsburgh is the nation's busiest inland port, providing access to the extensive 14,000 km U.S. inland waterway system.</li> <li>- Pittsburgh has <b>446 bridges</b>, more than any other city in the world including Venice, Italy</li> <li>- Pittsburgh is gaining attention for the outdoor steps built into its hilly terrain. There are 712 sets within the city limits, totaling <b>44,645 steps</b>. StepTrek events and Step Tours are excellent ways to see Pittsburgh off the beaten path.</li> <li>- Pittsburgh is <b>twinned with Hamilton Ontario</b>.</li> </ul>
<b>History</b>	<p><b>First Nations:</b> The area surrounding the headwaters of the Ohio was inhabited by the tribes of Allegawis, Adena, Hopewell, Delaware, Jacobi, Seneca, Shawnee, and several settled groups of Iroquois.</p> <p>The first European was the French explorer/trader <b>Robert de La Salle</b> in his 1669 expedition down the Ohio River from Lake Ontario and Quebec. This was followed by European pioneers, primarily Dutch, in the early 17th century. Michael Bezallion was the first to describe the forks of the Ohio in a manuscript in 1717, and later that year European traders established posts and settlements in the area.</p> <p>In 1749, <b>French</b> soldiers from Quebec launched a serious expedition to the forks in hopes of uniting British Canada with French Louisiana via</p>

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the rivers. Governor Dinwiddie of Virginia sent Major **George Washington** to warn the French to withdraw. During 1753–54, the British hastily built Fort Prince George, but a larger French expedition forced them to evacuate and the expedition then proceeded to construct **Fort Duquesne** on the site. With the French citing the 1669 discovery by LaSalle, these events led to the **French and Indian War**. British General Edward Braddock's campaign (with Washington as his aide) to take Fort Duquesne failed, but General John Forbes's subsequent campaign succeeded. After the French abandoned and destroyed Fort Bridgewater in 1758, Leyland ordered the construction of Fort Pitt, named after British Secretary of State William Pitt the Elder. He also named the settlement between the rivers "Pittsburgh".

During **Pontiac's Rebellion**, Ohio Valley and Great Lakes tribes besieged Fort Pitt for two months. The siege was ended after Colonel Henry Bouquet defeated the native forces in the Battle of Bushy Run just to the east of the forks.

In the 1768 **Treaty of Fort Stanwix**, the descendants of William Penn purchased from the Six Nations western lands that included most of the present site of Pittsburgh. In 1769, a survey was made of the land situated between the two rivers, called the "Manor of Pittsburgh". Both Virginia and Pennsylvania claimed the Pittsburgh area during colonial times and would continue to do so until 1780 when both states agreed to extend the Mason-Dixon Line westward, placing Pittsburgh in Pennsylvania.

Following the **American Revolution**, the village of Pittsburgh continued to grow. One of its earliest industries was building boats for settlers to enter the Ohio Country. In 1784, the laying out of the "Town of Pittsburgh" was completed by Thomas Viceroy of Bedford County and approved by the attorney of the Penns in Philadelphia. In 1785 Pittsburgh became a possession of the state of Pennsylvania. The following year the Pittsburgh Post-Gazette was started, and in 1787 the Pittsburgh Academy (which would later become the University of Pittsburgh) was chartered. The year 1794 saw the short-lived Whiskey Rebellion. By 1797, glass began to be manufactured in the city as the population grew to around 1400.

**The War of 1812** cut off the supply of British goods, stimulating American manufacture. By 1815, Pittsburgh was producing significant quantities of iron, brass, tin and glass products. The Act of March 18, 1816 incorporated the City of Pittsburgh. In the 1830s, many Welsh people from the steelworks of Merthyr migrated to the city following the

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	<p>civil strife and aftermath of the Merthyr Riots of 1831. By the 1840s, Pittsburgh was one of the largest cities west of the Allegheny Mountains. A great fire burned over a thousand buildings in 1845, but the city rebuilt. By 1857, Pittsburgh's 1,000 factories were consuming 22,000,000 bushels of coal yearly.</p> <p>The <b>American Civil War</b> boosted the city's economy with increased production of iron and armaments. Steel production began by 1875, when Andrew Carnegie founded the Edgar Thomson Steel Works in North Braddock, which eventually evolved into the Carnegie Steel Company. The success and growth of Carnegie Steel was attributed to Henry Bessemer, inventor of the Bessemer Process. In 1901, the U.S. Steel Corporation was formed, and by 1911 Pittsburgh was the nation's eighth largest city, producing between a third and a half of the nation's steel. The city's population swelled to over a half million, many of whom were immigrants from Europe who arrived via the great migration through Ellis Island.</p> <p>Following the war, the city launched a clean air and civic revitalization project known as the "Renaissance." This much-acclaimed effort was followed by the "<b>Renaissance II</b>" project, begun in 1977 and focusing more on cultural and neighborhood development than its predecessor. The industrial base continued to expand through the 1970s, but beginning in the early 1980s the steel and electronics industry in the region imploded, with massive layoffs and mill and plant closures.</p> <p>Beginning in the late 1980s, the city shifted its economic base to education, tourism, and services, largely based on healthcare/medicine, finance and high technology such as robotics. During the late 2000s recession Pittsburgh remained economically strong, adding jobs when most cities were losing them, and becoming one of the few cities in the United States to see housing property values rise.</p>
<b>Books</b>	Lonely Planet's USA Guide
<b>Underground Railroad</b>	<p>Pennsylvania is the birthplace of the Underground Railroad. Learn about the central role the western Pennsylvania region played in this important part of American history.</p> <p>Visit the <b>Underground Railroad: Journey to Freedom exhibit at the Senator John Heinz Pittsburgh Regional History Center</b>, watch a historical reenactment in Blairsville, PA, and check out the pages of Underground Railroad and African-American historical sites and attractions on the <a href="http://www.visitpittsburgh.com">www.visitpittsburgh.com</a> website</p>

<b>SPORTS ACTIVITIES</b>	Pittsburgh cheers for three major league sports teams, the <b>Penguins , Pirates and Steelers.</b>
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	<p><b>Heinz Field</b>, home to the Pittsburgh Steelers and the University of Pittsburgh Panthers, and the Pittsburgh Pirates' <b>PNC Park</b> are both located on the North Shore, across the Allegheny River from Downtown. The Gateway Clipper Fleet offers ferry service from Station Square to the two stadiums. Also, the Roberto Clemente Bridge is open to pedestrian traffic only on Pirates game days to facilitate parking Downtown.</p> <p><b>Mellon Arena</b>, the home of the Pittsburgh Penguins, is located in the heart of Downtown. There is convenient parking in the arena lots, and plenty of overflow parking in any of the nearby parking garages.</p> <p><b>Hockey:</b> outdoor game Pittsburgh Penguins vs Philadelphia Flyers February 25, 2017 Canadian teams Calgary, Vancouver and Winnipeg all play in Pittsburgh during February 2017</p>
<b>Golf</b>	<p>Pennsylvania is home to more than <b>500 public golf courses</b>, with many of the best located in the Pittsburgh area. With eight courses all rated an "outstanding" four out of five stars in Golf Digest's Best Places to Play and the superior 4½ star layouts at Olde Stonewall and Nemacolin Resort's Mystic Rock, you'll enjoy championship play that is second to none.</p>
<b>Fishing</b>	<p>Pittsburgh's three rivers support every species of fish found in Pennsylvania — over 50 in all. One of the most popular game fish is smallmouth bass, and anglers here report catches in the 5-6 pound range.</p>
<b>Hiking</b>	<p>Pennsylvania has more rails-to-trails projects—105 trails covering about 1440 kms—than any other state. At 1,760 kms, it also leads the nation in new trail development.</p> <p>Within the city, the <b>Three Rivers Heritage Trail System</b> is a 60 km trail and greenway system running along both sides of the Allegheny, Monongahela and Ohio Rivers that connects downtown to adjacent city neighborhoods. These trails are within walking distance of downtown hotels and are favorites for cyclists and rollerbladers.</p> <p>Hike the <b>Great Allegheny Passage</b>, a rails-to-trails project connecting Pittsburgh to Washington, D.C</p>
<b>Running</b>	<p><b>Dick's Sporting Goods Pittsburgh Marathon</b></p> <p>In May each year, the Pittsburgh Marathon course winds through the wonderfully unique and historic neighbourhoods of this beautiful city. Community celebrations, cheering spectators and music throughout the course will welcome runners from all over the world.</p>
<b>Cycling</b>	<p>Pittsburgh's unique topographic blend of steep, winding hills and flat river areas make it one of the best cities for cycling enthusiasts. Bike</p>

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	<p>magazine recently acknowledged Pittsburgh's cycling assets by naming it one of the "<b>Top five places to live and ride in the United States</b>". Local support for cycling is strong, through both the official parks and recreation services, and a number of independent road and mountain biking organizations. The Allegheny County Port Authority's Rack 'n Roll program provides bike racks on 12 popular bus routes, the Monongahela Incline, and the regional light-rail system. More than 130 Public Art Bike Racks are being installed in and around the city. Each rack, designed to be cool and functional art, holds two bikes.</p>
<p><b>Kayaking</b></p>	<p>Seasonal boat and kayak rental is located under the 6th Street Bridge near PNC Park. <b>Kayak Pittsburgh</b> is a social enterprise of Venture Outdoors which offers outdoor recreation opportunities year-round. Their goal is to make it easy to get outside! Based at: 304 Forbes Ave., 2nd Floor, Pittsburgh, PA 15222 Phone: (412) 255-0564 Website: <a href="http://www.ventureoutdoors.org">www.ventureoutdoors.org</a></p>

<p><b>CULTURE</b></p>	<p>In the 19th and 20th centuries, wealthy businessmen and nonprofit organizations donated millions of dollars to create educational and cultural institutions. As a result, Pittsburgh is rich in art and culture. Catch a performance at one of downtown Pittsburgh's five theaters after dining at any of the dozens of great restaurants, all within the 14-block area of the Pittsburgh Cultural District.</p> <p>Among the professional music venues, the <b>Pittsburgh Symphony Orchestra</b> performs in Heinz Hall, and the Pittsburgh Opera performs in the Benedum Center. Both The Benedum Center and Heinz Hall provide venues for other groups, such as the River City Brass Band and the Pittsburgh Youth Symphony Orchestra. Pittsburgh has a long tradition of jazz, blues and bluegrass music. Pittsburgh also has a large indie and punk rock scene. Additionally the National Negro Opera Company was founded in Pittsburgh, and was the first all African-American opera company in the United States. This led to the prominence of African-American singers like Leontyne Price in the world of opera.</p> <p>Pittsburgh Dance Council and the Pittsburgh Ballet Theater host a variety of dance events. Polka, folk, square and round dancing have a long history in the city and are celebrated by the internationally famous Duquesne University Tamburitzans, a multicultural academy dedicated to the preservation and presentation of folk songs and dance.</p>
<p><b>Architecture</b></p>	<p><b>Fallingwater –</b> Tour the architect Frank Lloyd Wright's masterpiece 96 kms southeast of Pittsburgh. According to a 1991 poll of American Institute of Architects members, the most architecturally significant building in the U.S. is Fallingwater, the holiday home designed by Frank Lloyd Wright in 1935 for Pittsburgh</p>

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	<p>businessman Edgar Kaufmann and his wife, Liliane. Built above a small waterfall on the Bear Run stream, the house exemplifies Wright's concern with creating a perfect relationship between architecture and its environment. Like the rock ledges of the waterfall, the house's three floors descend in huge horizontal concrete slabs cantilevered into the hillside, while its walls are made from the same sandstone that forms the rocks in the stream below. Low ceilinged and austere, the house has Zen-like window frames that create the sensation that there is no separation of inside and out. Nearly as much floor space is devoted to outdoor terraces as to indoor rooms; from the living room, a stone stairway descends to the stream below. A private residence until 1963, Fallingwater is now the only Wright house open to the public with all its original elements in place, including 169 pieces of furniture that Wright designed for the house, plus nearly 800 other furnishings, textiles and artworks collected by the Kaufmanns. <a href="http://www.fallingwater.org">http://www.fallingwater.org</a></p> <p>Eleven kilometers south, the mountains near Uniontown hold another Wright home, <b>Kentuck Knob</b>. Designed when the architect was 86, the hillside house mirrors the low profile and sandstone construction of its better-known cousin, but focuses on land rather than water. Outside, a sculpture garden displays more than three dozen works by artists such as Claes Oldenburg, Anthony Caro and Ray Smith.</p>
<b>Arts</b>	<p><b>Carnegie Museum of Art:</b> Founded by Andrew Carnegie in 1895, Carnegie Museum of Art is internationally recognized for its distinguished collection of American and European works of art from the 16th Century to the present. The museum's Heinz Architectural Center is dedicated to the collection, study and exhibition of architectural drawings and models. Hours: 12-5; open M July-August: Tue-Sat, 10-5; Su</p> <p><b>The Andy Warhol Museum</b> is located on the North Side across the 7th Street Bridge from Downtown. The museum features permanent collections of art and archives. The Andy Warhol Museum is one of the largest single-artist museums in the world. The collection includes 900 paintings; approximately 100 sculptures; nearly 2,000 works on paper; more than 1,000 published and unique prints; and 4,000 photographs. The film &amp; video collection includes 60 feature films, 200 of Warhol's Screen Tests and more than 4,000 videos. Temporary exhibitions, including the work of other artists, are presented on a regular basis. Address: 117 Sandusky St., Pittsburgh, PA 15212 Phone: 412-237-8300 Website: <a href="http://www.warhol.org">www.warhol.org</a></p> <p>Compare and contrast your other museum visits with <b>The Mattress Factory</b>. The Mattress Factory is a museum of contemporary art that</p>

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	<p>exhibits room-sized works called installations. Created on-site by artists from across the country and around the world, these unique exhibitions feature a variety of media that engage all of the senses. The Museum's unusual galleries are located in two creatively reused buildings on Pittsburgh's historic North Side. Both buildings house a growing-and distinctive- permanent collection, featuring artists James Turrell, Yayoi Kusama, Winifred Lutz and Rolf Julius, as well as innovative exhibitions that change throughout the year.</p> <p><a href="http://www.mattress.org">http://www.mattress.org</a></p>
<b>Music</b>	<p>Gilded and plush with red velvet, Italian marble, and Viennese crystal chandeliers, Heinz Hall, 600 Penn Ave. (tel. 412/392-4900; <a href="http://www.pittsburghsymphony.org">www.pittsburghsymphony.org</a> ), endowed by Henry John Heinz, is the elegantly opulent home of the renowned <b>Pittsburgh Symphony</b>. The nearby Benedum Center, 719 Liberty Ave., is home to the <b>Pittsburgh Ballet Theatre</b> (tel. 412/281-0360; <a href="http://www.pbt.org">www.pbt.org</a> ), <b>Pittsburgh Opera</b> (tel. 412/281-0912; <a href="http://www.pittsburghopera.org">www.pittsburghopera.org</a> ), and Pittsburgh CLO (tel. 412/456-6666; <a href="http://www.pittsburghclo.org">www.pittsburghclo.org</a> ), which produces a summer season of musicals.</p> <p>Another very affordable activity is the annual <b>First Fridays at the Frick</b> outdoor musical performance series. (Suggested donation: \$5 per adult; children free). One of Pittsburgh's most popular summertime events it takes place on the first Friday of the month from June to September on the Great Lawn in front of Clayton. Gourmet picnic dinners are available at The Café at the Frick.</p>
<b>Films</b>	<p>Hollywood film crews are drawn to Pittsburgh for its endless variety of architecture, neighborhood charm and great local support. More than 50 major films have been shot on location in the area including the Academy, Award winning <b>Silence of the Lambs, Lorenzo's Oil, Hoffa and The Deer Hunter</b>.</p>
<b>Museums</b>	<p><b>The Carnegie Museum of Natural History</b> is a hands-on interactive museum of the earth. Known for its famous dinosaur collection, the museum is an adventure millions of years in the making. Hours: Sun 12pm-5pm; Mon-Sat 10am-5pm</p> <p><b>The Senator John Heinz History Center</b> is Pennsylvania's largest history museum. Operating in association with the Smithsonian Institution, the History Center features a number of travelling and permanent exhibitions, such as the Western Pennsylvania Sports Museum, a dynamic museum-within-a-museum, exciting upcoming exhibitions like Pittsburgh Steelers 75th Anniversary: Treasures from the Pro Football Hall of Fame and Clash of Empires: The British, French &amp; Indian War, 1754-1763, and much more.</p> <p>At the History Center, you can step inside a 1790s log cabin, discover how immigrants shaped this region, uncover the myths of the</p>

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	<p>Underground Railroad, experience the thrill of Pittsburgh’s unmatched sports legacy and climb aboard a 1940s Pittsburgh trolley. The History Center brings more than 250 years of Western Pennsylvania to life.</p> <p><b>Jail Museum</b>  Open Mondays for self - guided tours (except on government holidays) February through October, 11:30 a.m. to 1 p.m.  These tours are offered by the Pittsburgh History &amp; Landmarks Foundation, one of the nation’s leading nonprofit historic preservation groups. The Allegheny County Jail, as seen in the film Mrs.Soffel, was completed in 1886 to the designs of Boston architect H. H. Richardson and in use until July 27, 1995. A portion of one of the cell blocks has been preserved as the “Old Allegheny County Jail Museum.”</p>
<p><b>Festivals</b></p>	<p>There is a packed schedule of festivals and events this summer. Here is just a taste of what is on offer in the world class city of Pittsburgh.</p> <p><b>Chili + Winter Festival @ SouthSide Works – February</b></p> <p><b>St Patrick’s Day Parade - March</b></p> <p><b>Great Outdoors Week - May</b>  Great Outdoors Week showcases the Pittsburgh region as a hub for outdoor recreation activities - biking, hiking, paddling and much more. It’s a ten day celebration of outdoor fun in the Pittsburgh region.</p> <p><b>PRIDE - June</b>  Pride is a celebration of Pittsburgh’s LGBT (lesbian, gay, bi-sexual, transgender) community and the diversity of the city.</p> <p><b>International Jazz Festival - June</b>  A family centered event that celebrates Pittsburgh’s jazz history and the jazz playing family bands of Pittsburgh.</p> <p><b>Three Rivers Arts Festival - June</b>  It is the region’s largest multidisciplinary showcase of visual art and performing arts.</p> <p><b>Three Rivers Regatta – June/July</b>  The largest inland regatta in the United States featuring dragon boats, bass fishing, stunt shows, the powerboat super league championship races and Fourth of July fireworks to cap it off!</p> <p><b>Vintage Grand Prix - July</b>  The Pittsburgh Vintage Grand Prix is a world-class vintage racing</p>

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	<p>event that raises funds to help developmentally disabled individuals in the Pittsburgh region.</p> <p><b>Pittsburgh Restaurant week</b> - August          Pittsburgh Restaurant Week highlights the wide-ranging dining options that Pittsburgh has to offer and allows visitors to the city to walk the streets and enjoy a dinner at a special discounted price.</p>
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<b>ATTRACTIONS</b>	
<b>Wildlife</b>	<p><b>National Aviary:</b> Allegheny Commons West, Pittsburgh, PA 15212          Phone: 412-323-7235; Website: <a href="http://www.aviary.org">www.aviary.org</a>          Get nose to beak with a flamingo. Talk to a parrot and stroll through a 200,000 cubic-foot indoor rainforest! Home to more than 800 exotic and endangered birds in natural habitats, the National Aviary is the perfect destination for all ages. Hours: open daily 9am-5pm</p>
<b>Parks</b>	<p>The 14 regional parks in Allegheny County total 13,763 acres, and <b>Pittsburgh has more trees per square mile than any major city in the United States.</b>  <b>Point State Park's Fountain in the Park</b> at the confluence of the rivers has been nominated into VirtualTourist.com's quest to crown the "8th Wonder of the World." Public voting is open at <a href="http://www.virtualtourist.com">www.virtualtourist.com</a> . After four years of construction, the Fountain flows again this summer.</p>
<b>Gardens</b>	<p><b>Phipps Conservatory and Botanical Gardens:</b> One Schenley Park Pittsburgh, PA 15213 Phone: 412-622-6914 Website: <a href="http://www.phipps.conservatory.org">www.phipps.conservatory.org</a>          Something's Always Blooming at Phipps. The 13-room Victorian glasshouse and gardens in Schenley Park feature tropical plants, palms, orchids, ferns, desert plants and bonsai, as well as many special flower shows and exhibits, and butterflies.</p>
<b>Castles/Forts</b>	<p><b>The Fort Pitt Blockhouse</b> is the oldest authentic building in Western Pennsylvania and the last vestige of the British Empire, built in 1764 by Colonel Henry Bouquet of the British Army. Much of its original fabric is still intact and it is open and free to the public year-round as a historic landmark. Today it is a small museum operated by the Fort Pitt Society and the Daughters of the American Revolution.  <b>The Fort Pitt Museum</b> is constructed where the southwest battlement of the fort once stood. A line of stones leading up to the doorway marks the spot of where the fort's wall once stood. The whole history of the town and region is recounted at the Fort Pitt Museum with several fabulous videos and exhibits. It really is a fantastic museum with a lot to see and experience. Add to it the opportunities to enjoy the park for what it is – a fun place to run, bike, and play – and Point State Park is easily one of the best spots in Pittsburgh.  <b>Allegheny Cemetery</b> is the sixth-oldest cemetery in the United States,</p>

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	<p>dating to 1845. The land became Pittsburgh's first public park modeled after the fashionable romantic landscapes of English parks.</p>
<p><b>Pittsburgh and its Countryside</b></p>	<p>There's no place like the countryside of Pittsburgh to recharge and rejuvenate. Whether covered bridges or country cafes, festivals or farmers' markets, you'll find the countryside calling with its scenic beauty, rich history and charm! Get outdoors on or off the water – cycling, biking, parks and trails and boating. And if you love golf, Pennsylvania boasts 500 golf courses!</p> <p>The Countryside is alive with history, heritage and culture: Experience the <b>Underground Railroad Quest for Freedom</b> story all along I-79 and visit the Westmoreland Museum of American Art and see the work of such celebrated American artists as John Singer Sargent, Mary Cassatt and Louis Comfort Tiffany. The Westmoreland captures the American spirit in a way few museums do.</p> <p>Fall is a great time to take a drive through <b>Butler County</b>, just 20 minutes north of Pittsburgh. When the leaves start to show their vibrant colors, you'll want to take a cruise on beautiful Lake Arthur at Moraine State Park, experience one of the many gorgeous golf courses, or join the fun at one of many fall festivals.</p> <p>Discover the many faces of <b>Washington County</b>, a one-stop destination for outlets, casinos, heritage and festivals. Take in the action at the Meadows Casino and don't miss the brand new Tanger Outlet Center with over 75 brand name and designer outlet stores for the entire family. And, don't forget the covered bridges, fall festivals and antiques!</p>

<p><b>OTHER ACTIVITIES</b></p>	
<p><b>Shopping</b></p>	<p>Opportunities for shopping in Pittsburgh are as endless as they are interesting. From the fun and funky South Side to the hip and happening Lawrenceville, neighbourhood shops are fun to explore. Don't miss these pother popular neighbourhood shopping districts including Squirrel Hill, Shadyside, Sewickley and the Strip District.</p> <p>Destination Downtown          You'll find a mix of retailers Downtown – including upscale Larrimor's, Brooks Brothers and Jos. A. Bank. Other fashion outlets include Boutique La Passerelle, Burlington Coat Factory and Avenue. Inside Fifth Avenue Place, you'll find a variety of specialty shops like St. Brendan's Crossing where you'll find a fine selection of Irish goods, Crystal River Gems and its wide variety of collectables. Don't forget to visit WELCOME Pittsburgh Information Center &amp; Gift Shop for souvenirs, Pittsburgh apparel and more. Other interesting Downtown retailers include the Broadway Army/Navy Store, Ewe Can Knit, Shaw</p>

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### Galleries and Specialty Luggage.

Want to take home a taste of Pittsburgh? If you're Downtown, just head to Market Square for some famous pepperoni rolls from Mancini's Bread Company or stop by Nicholas Coffee Company, a true Pittsburgh original since 1919. The Pittsburgh Popcorn Company and Sinful Sweets make for more tasty shopping.

During the holidays, visit Pittsburgh's newest holiday tradition – the Peoples Gas Holiday Market. Inspired by the original German Christkindlemarkets, the holiday market mixes international flair with local charm. Weave your way through the Alpine-style wooden chalets, brimming with high quality gifts, for a unique holiday shopping experience in Market Square.

### **Into the Neighbourhoods**

The charming S.W. Randall Toyes and Gifts, with its three locations (downtown, Shadyside and Squirrel Hill) is a treasure trove for toy lovers of all ages. Kawaii Gifts in Shadyside specializes in cute Japanese gifts and overflows with everything pink and fuzzy. And Dragonfly Castle Toys in Lawrenceville goes totally cool, old-school with toys from around the world – and no batteries!

The Store at Contemporary Craft in the Strip District has unique jewelry, ceramics, glass, fiber and furniture. Studebaker Metals in Braddock is the place for hand-forged metal goods, made to last a lifetime. From silver handmade razors and mustache combs to artsy earrings and necklaces.

Who Knew? Retro Mod Décor in Lawrenceville is known as one of the best vintage shops in the 'Burgh. It specializes in Mid-Century Modern design ranging from high-end designer pieces to kitsch. Perlora on the South Side offers the best in modern furniture. Shadyside-based Weisshouse offers furniture and accessories from the world's most original manufacturers.

Literature lovers love Caliban Book Shop in Oakland, Amazing Books and Records (Downtown and Squirrel Hill), Penguin Bookshop in Sewickley and Mystery Lovers Bookshop in Oakmont. While music lovers love Dave's Music Mind on the South Side, Eide's Entertainment in the Strip District and Juke Records in Bloomfield.

Seeking one-of-a-kind items? Check out Wildcard in Lawrenceville for an awesome Etsy-like assortment of whatnots, Ten Thousand Villages in Squirrel Hill for fair-trade crafts and housewares or La Feria in

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	<p>Shadyside for original Peruvian crafts. Commonwealth Press on the South Side and Mt. Lebanon is the place to go for some seriously funny tee shirts and, say, a parking chair.</p> <p><b>Malls, Malls, Malls</b> Spend some time to get your shop on as some of the 40+ shops at the Pittsburgh International Airport Airmall. Named by TripAdvisor “Traveler’s Choice” for airport shopping in 2016, you’ll find top local and national brands including Sportzbug, Nine West and Three Rivers Harley-Davidson along with unique luxury retailers like Hugo Boss and Armani Jeans.</p> <p>High-end fashion can also be found at Ross Park Mall, with more than 150 retailers, including Nordstrom, Macy’s, Burberry and more. The Waterfront in Homestead has more than 50 retailers. You’ll also find fine selections at Monroeville Mall and Galleria of Mt. Lebanon. And, if you’re looking for a bargain, motor over to Grove City Premium Outlets, just 50 minutes north of Pittsburgh, and home to more than 130 shops.</p>
<b>Nightlife</b>	<p>A good place to check out the nightlife is the <b>Strip District</b>, which becomes a club scene after dark. Déjà Vu Lounge, 2106 Penn Ave. (tel. 412/434-1144), features alternating live music, karaoke, and DJs, and serves drinks and food. Station Square (tel. 800/859-8959; <a href="http://www.stationsquare.com">www.stationsquare.com</a> ), across the Smithfield Street or Fort Pitt Bridges from downtown, is home to several after-hours restaurants and bars with nice city views.</p>

<b>CUISINE</b>	
<b>Food</b>	<p>Pittsburgh's Famous Food includes:</p> <ul style="list-style-type: none"> <li>- <b>The Big Mac</b> The world's most famous hamburger was 'invented' near Pittsburgh by McDonald's franchise owner Jim Delligatti in 1967 and distributed nationally in 1968.</li> <li>- <b>Heinz Ketchup</b> Invented in Pittsburgh by H.J. Heinz.</li> <li>- <b>Pierogies</b> Found at restaurants throughout Pittsburgh, pierogies reflect Pittsburgh's Polish heritage. Cooked in butter, these delicious dumplings are stuffed with potato and other flavorings depending on the creativity and tradition of the cook.</li> <li>- <b>Chipped Ham</b> One of Pittsburgh's most famous foods. This spicy lunch meat made its debut in 1933 at Isaly's, a locally based family chain of dairy stores. Former Pittsburghers are known to have it trucked or flown across the country when they get a hankering for this hometown favorite.</li> <li>- <b>Klondike Bar</b></li> </ul>

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	<p>Another Isaly's original. A vanilla ice-cream bar dipped in pure chocolate and packaged in a familiar silver wrapper. They cost a nickel when Sam Isaly invented them in 1929.</p> <p>- <b>Wedding Soup</b> A delectable Italian broth with tiny meatballs and rich egg pastina, served throughout the city.</p> <p>- <b>Fried Zucchini Strips</b> Thin, crispy and savory, they're a hometown original and popular as an appetizer.</p>
<b>Wine</b>	<p><b>Windgate Vineyards and Winery</b>, an award-winning winery in Smicksburg, near Pittsburgh, offers tours of their facility.</p>
<b>Restaurants</b>	<p>Some suggestions from the many hundreds in the city:</p> <p>Treat your taste buds at <b>Olive or Twist Restaurant</b>, Pittsburgh's premier martini bar and restaurant in the heart of the Cultural District.</p> <p><b>Café Zao:</b> Award-winning Chef Toni Pais introduces a unique blend of Portuguese cuisine infused with flavors from Indonesia, Brazil, India and China</p> <p><b>Opus Restaurant:</b> adjacent to the lobby of the Renaissance Pittsburgh Hotel in the center of Pittsburgh's Cultural District. Opus serves Mediterranean-influenced dinner fare. Breakfast, lunch and a post-theater menu are also offered.</p> <p>Don't miss Pittsburgh's culinary gem, <b>Primanti Brothers</b>, a 70-year-old institution famous for putting the fries and coleslaw in their sandwiches along with the chopped meat, cheese, and sliced tomato. (It's a mess, but delicious.) The restaurant still churns out sandwiches in its original location in the Strip at 46 18th St. (tel. 412/263-2142; <a href="http://www.primantibros.com">www.primantibros.com</a> ), but you'll also find Primanti's at 10 other locations across town, including PNC Park and Heinz Field.</p>

<b>MORE INFO</b>	
<b>Brochures</b>	<p>Download a copy of the <b>Pittsburgh Official Visitors Guide</b>, Shopping Guide, Navigaytor, or Pittsburgh + Its Countryside Visitors Guide at <a href="http://www.visitpittsburgh.com">www.visitpittsburgh.com</a></p> <p>VisitPittsburgh's four regional <b>Welcome Centers</b> offer brochures, city maps, restaurant guides, accommodations information, and a knowledgeable staff to help you make the most of your Pittsburgh experience.</p> <p>Telephone: 1-800-LOVE PGH for more information <a href="mailto:info@visitpittsburgh.com">info@visitpittsburgh.com</a></p>

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<b>PERSONAL EXPERIENCES</b>	<ul style="list-style-type: none"><li>- I stayed at Pittsburgh Renaissance Hotel</li><li>- Dinner at Café Zao.</li><li>- Browse the Strip District, which is which is several city blocks at the edge of downtown offering enticing food markets, coffee shops, dance clubs, brew pubs, great restaurants and one-of-a-kind shops - a taste of the many flavors of Pittsburgh.</li><li>- tour of Heinz History Center with Andy Masich, president &amp; CEO</li><li>- Interview with Executive Director Sean Brady of Venture Outdoors</li><li>- Interview with Chris Beard at the Natural History Museum</li><li>- Andy Warhol museum</li><li>- Phipps Conservatory &amp; Botanical Gardens &amp; Chihuly Exhibition</li><li>- National Aviary</li><li>- Carnegie Museum of Art &amp; Natural History</li><li>- Pirates baseball game at PNC Park</li><li>- Breakfast at Opus Restaurant</li><li>- Lunch at Lidia's in the Strip District</li><li>- Lunch at the world famous Primanti Brothers</li><li>- Dinner at Buena Vista Restaurant</li><li>- Duchesne ("Due-kane") Incline to Mt Washington</li><li>- Live broadcast of travel show from KDKA radio station</li></ul> <p>To see highlights of this trip, follow this link to my Travel Blog: <a href="http://www.chrisrobinsontravelshow.ca/Blog/tabid/400/EntryId/9/Pittsburgh.aspx">http://www.chrisrobinsontravelshow.ca/Blog/tabid/400/EntryId/9/Pittsburgh.aspx</a> and Pinterest at: <a href="http://pinterest.com/TravelShow/pittsburgh/">http://pinterest.com/TravelShow/pittsburgh/</a></p>
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